

# Decision Making



6#1

Do you have to make this decision now?

**YES**



Do you feel pressurised by your friends/peers into making this decision?

**YES**



Have you thought about what your options are?

**YES**



Have you considered the positive and negative consequences of each option?

**YES**



Have you spoken to an adult you trust?

**YES**



Have you thought about how this decision might affect other people?

**YES**



Taking everything into account, do you have a preferred choice?

**YES**



Is this decision in line with your personal/moral values?

**YES**



Are you happy and comfortable with the decision? Is your gut feeling telling you this is right thing for you?

**YES**



Don't feel pressured into decisions you don't want to make.



Making a decision due to peer pressure is not a good idea.



Carefully consider all the choices you could make.



Write out each choice you could make and all the possible consequences.



Get some advice from someone who cares about you.



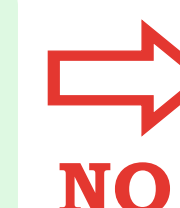
Consider the feelings of anyone who could be affected by the decision.



Don't worry! It takes time to make good decisions. Come back to it in a few days.



Rethink your choice!



Your gut reaction to a decision is very important. Rethink – do you need to make this decision now?

**You have considered this decision carefully, and you have gone through a thorough process to come to this decision. Choosing is not always easy in life. I can always take the help of my loved and trusted ones when choosing becomes difficult.**