Use of A.M. and P.M.

Introduction

- A.M. and P.M. are used to tell the time of day.
- A full day has 24 hours, but a clock shows 12 hours at a time.
- A.M. stands for Ante Meridiem, which means before noon.
- P.M. stands for Post Meridiem, which means after noon.
- Time from 12:00 midnight to 11:59 in the morning is called A.M.
- Time from 12:00 noon to 11:59 at night is called P.M.
- 12:00 midnight is the start of a new day.
- 12:00 noon is midday.

Examples with Solutions

Example: Ravi wakes up at 6:30 in the morning. Write this time using A.M. or P.M.

√ 6:30 in the morning is before noon

Answer: 6:30 A.M.

Example: Meena eats lunch at 1:00. Is it A.M. or P.M.?

✓ Lunch is eaten after noon

Answer: 1:00 P.M.

Example: A train leaves at 11:45 at night. Write it using A.M. or P.M.

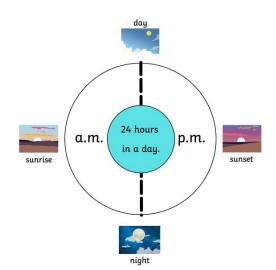
✓ 11:45 at night is after noon

Answer: 11:45 P.M.

Example: The school assembly starts at 8:00 in the morning. What

will it be in A.M./P.M.?

✓ Morning time is before noon











Answer: 8:00 A.M.

Example: A movie starts at 7:30 in the evening. Write it using A.M.

or P.M.

✓ Evening is after 12:00 noon

Answer: 7:30 P.M.

Summary Points

- A.M. is used from 12:00 midnight to 11:59 in the morning.
- P.M. is used from 12:00 noon to 11:59 at night.
- 12:00 midnight is the beginning of the day.
- 12:00 noon is the middle of the day.
- Knowing A.M. and P.M. helps us understand time clearly.

