Introduction - Time and Calendar

Introduction

- Time helps us know when an activity happens.
- We measure time using seconds, minutes, hours, days, weeks, months, and years.
- There are 24 hours in a day.
- A week has 7 days: Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, and Sunday.



- A year has 12 months and 365 days (366 in a leap year).
- A clock shows the time in hours and minutes.
- A calendar helps us know the date, month, and day of the week.

Examples with Solutions

Example: Riya goes to school from Monday to Friday. How many days does she go to school?

✓ Monday to Friday means 5 days

Answer: 5 days

Example: How many days are there in the month of April?

✓ April has 30 days

Answer: 30 days

Example: How many days are there in a leap year?

✓ A leap year has 366 days

Answer: 366 days

Example: A movie starts at 3:00 PM and ends at 5:30 PM. How long is the movie?

✓ From 3:00 to 5:00 is 2 hours

✓ From 5:00 to 5:30 is 30 minutes

Answer: 2 hours 30 minutes



Example: How many minutes are there in $2\frac{1}{2}$ hours?

$$\checkmark$$
 2 hours = 2 × 60 = 120 minutes

$$\checkmark \frac{1}{2}$$
 hour = $\frac{60}{2}$ = 30 minutes

Answer: 150 minutes

Summary Points

- 1 hour = 60 minutes
- 1 day = 24 hours
- 1 week = 7 days
- 1 month = 28, 30 or 31 days
- 1 year = 12 months = 365 days (366 in a leap year)
- A clock is used to tell time
- A calendar is used to check dates and days