



Name of The Body Parts

Our body has many parts. Each part has a name and a special use.

Main Body Parts:

- **Head** – The top part of the body
- **Hair** – Grows on the head
- **Eyes** – Help us to see
- **Ears** – Help us to hear
- **Nose** – Helps us to smell
- **Mouth** – Helps us to eat and speak
- **Teeth** – Help us to chew food
- **Tongue** – Helps us to taste and speak
- **Neck** – Connects the head to the body
- **Shoulders** – Help in lifting and carrying

Parts of the Upper Body:

- **Arms** – Help us to lift and hold
- **Elbows** – Help to bend the arms
- **Hands** – Help to write, eat, and hold things
- **Fingers** – Help to do small tasks like picking or writing

Parts of the Lower Body:

- **Legs** – Help us to walk and run
- **Knees** – Help in bending the legs
- **Feet** – Help us to stand and walk
- **Toes** – Help to balance the body