

## The Fundamental Unit of Life

### Cell Division

**Cell Division:**

Cell multiplication is needed for the growth, development and repair of the body. Cell multiplies by dividing itself again and again this process called **cell division**.

**Cell divisions are two types**

(a) Mitosis , (b) Meiosis

**(a) Mitosis:****Stages of Mitosis:**

Interphase, prophase, metaphase, anaphase and telophase are roughly the five stages or phases of mitosis.

**(a) Interphase:**

- (i) The period between one cell division and the next is called **interphase** in which the cell is said to be in the resting stage.
- (ii) Interphase, however, includes three phases, i.e. G1-phase, S-phase and G2-phase. G1-phase is a resting phase or pre-DNA synthesis phase.
- (iii) During S-phase, DNA synthesis takes place. G2-phase is again a resting phase and it may be described as a post-DNA synthesis phase.
- (iv) The main mitosis division takes place during M-phase which involves prophase, metaphase, anaphase and telophase.

**(b) Prophase:**

- (i) Prophase is actually the first and the longest phase in the mitosis cell division.
- (ii) Chromosomes become visible in the nucleus as short, thick and helically-coiled threads.
- (iii) Each chromosome splits into two chromatids joined at the centromere.
- (iv) Nuclear membrane dissolves away.
- (v) Nucleolus also dissolves away and finally disappears.

**(c) Metaphase:**

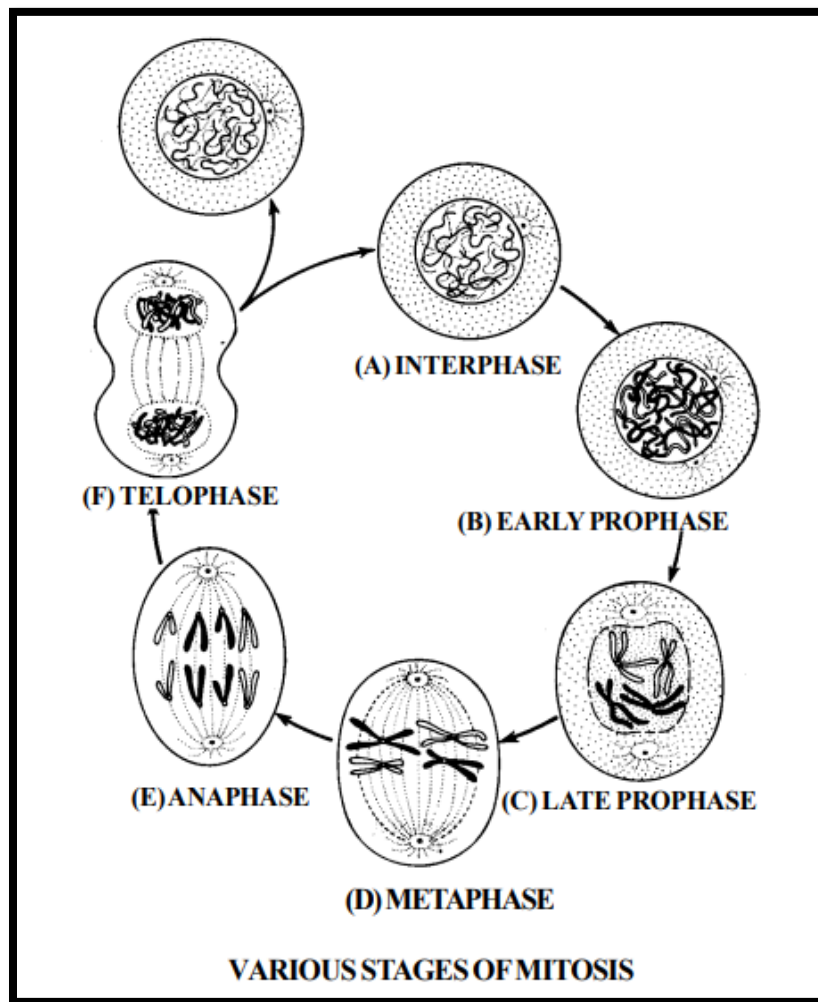
- (i) It is the second stage in the mitotic cell division.
- (ii) Nuclear membrane and nucleolus disintegrate and they are lost completely.
- (iii) Spindle tubules start appearing, and these tubules get attached to chromosomes at the centromeres.
- (iv) Chromosomes move actively, become shorter and thicker and arrange themselves in the center or on the equator of the spindle.
- (v) Separation of the two chromatids from each chromosome also begins at the end of metaphase.

**(d) Anaphase :**

- (i) It is the third stage of mitosis.
- (ii) Chromatids separate from each other at centromeres.
- (iii) Separated sister chromatids, each with a centromere, are called daughter chromosomes. They move to the ends of opposite poles of the spindle.
- (iv) Daughter chromosomes appear in V, U or J-shaped during their movement towards the poles.
- (v) During the late anaphase stage, the cell starts constricting in the middle region.

**(e) Telophase :**

- (i) Telophase is the last stage of mitotic cell division.
- (ii) Chromatids or daughter chromosomes are now at the end of the spindle.
- (iii) Nuclear membranes and nucleoli reform around each group of chromosomes and thus two new nuclei are reorganized at each pole.
- (iv) Chromosomes begin to lose their compact structure.
- (v) Spindle apparatus disappears gradually.

**Karyokinesis :**

Division of nucleus is called **karyokinesis** and, the process of the division of cytoplasm is called cytokinesis.

- (i) In animal cells, a circular constriction appears at the equator, the constriction deepens and eventually divides the cell into two.
- (ii) In plant, there is no constriction. A cell plate or new cell wall forms across the cell resulting in the separation of two daughter cells.

**Significance of Mitosis :**

- (i) Mitosis occurs during the growth and development of multicellular plants and animals.
- (ii) Mitosis ensures that the two daughter cells inherit the same number of chromosomes.
- (iii) It helps the cell in maintaining proper size.
- (iv) In unicellular organisms mitosis helps in asexual reproduction during which two or more individuals arise from the mother cell.
- (v) If mitosis becomes uncontrolled it may cause tumour or cancerous growth.