Harmful Insects

Harmful Insects and Their Effects

Insect	Harm Caused
Mosquitoes	Spread malaria, dengue, and chikungunya.
Caterpillars	Damage fruits and agricultural crops.
Termites	Eat wood, damage furniture and buildings.
Cockroaches	Carry germs, cause dysentery and allergies.
Houseflies	Transfer germs to food, making it unsafe.
Lice & Fleas	Parasites → Live on host bodies, cause itching and skin issues.
Wasps & Bees	Deliver painful stings, which can cause swelling or allergic reactions.

Ways to Keep Insects Away

Prevent Insects from Entering:

- Fix nets on doors and windows to stop insects from entering the house.
- Cover food items to prevent contamination by flies.

Maintain Clean Surroundings:

- Dispose of waste properly → prevents flies and cockroaches.
- No stagnant water → Mosquitoes breed in still water, so empty containers, flower pots, and drains.
- Avoid playing in dark or bushy areas → Reduces the risk of insect bites.

Use Protection:

- Use pesticides and insecticides to kill harmful insects.
- Use insect repellents to protect yourself from bites.

Remedies for Insect Bites

- Ice Pack: Reduces swelling and soothes itching.
- Banana Peel (Backside): Rub on the bite to reduce irritation.
- **Onion Juice:** Apply cut onion or juice → reduces inflammation.
- Cider Vinegar: Soothes the skin and reduces itchiness.
- Used Tea Bag: Place a cool, damp tea bag on the bite → reduces swelling.
- **Turmeric Paste:** Natural antiseptic → prevents infection.
- Aloe Vera Gel: Cools and heals the skin.
- Crushed Tulsi (Basil) Leaves: Relieves itching and soothes the skin.
- Peppermint Toothpaste: Cools the affected area and reduces itchiness.
- Anti-histamine Lotion: Reduces allergic reactions and swelling.

Important Tips for Insect Protection

- No Standing Water: Empty buckets, flower pots, and drains regularly.
- Use Mosquito Repellents: Apply cream or spray to prevent bites.
- **Stay Hydrated:** Drink plenty of water in summer to avoid dehydration from insect stings.
- **Wear Protective Clothing:** Wear full-sleeved shirts and pants in bushy or insect-prone areas.

Key Takeaway for Students:

Protect → Use nets, cover food, and keep surroundings clean.

Prevent → Avoid dark/bushy areas and standing water.

Remedy → Use natural remedies or anti-histamine lotion for bites.

By following these steps, you can stay safe from harmful insects!