

Type of Muscles



A. Skeletal Muscle

These are voluntary muscles found in skeleton. Their contraction serves to move various bones and cartilages of the skeleton

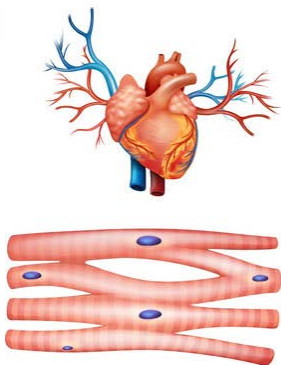
B. Cardiac Muscle

These muscles compose the heart. These are involuntary which are controlled by the brain and itself.

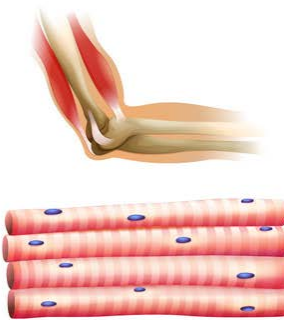
C. Smooth Muscle

These are also involuntary muscles found in the skin, internal organs, reproductive system, major blood vessel and excretory system.

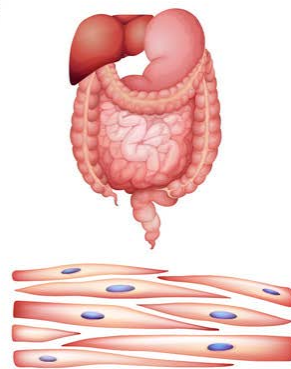
Types of Muscle



Cardiac muscle



Skeletal muscle



Smooth muscle