Use of A.M. and P.M.



- The abbreviations a.m. and p.m. help indicate exact time.
- Use a.m. to refer to a time of day before noon, and p.m. to speak of a time between noon and midnight.
- Use numerals or figures instead of words to denote time with a.m. and p.m. (eleven/8 a.m.) in formal texts.
- Use the words noon and midnight instead of 12 p.m. or 12 a.m.



Let us understand with an example:

Example: Convert 18:00 to 12-hour clock time by using AM or PM units.

Solution: To convert 18:00 to 12 hour clock time, we subtract 12 hours and at the end add PM.

Thus, 18:00 - 12:00 = 6:00

Hence, on converting 18:00 to 12 hour clock we get, 6 PM.