## Force

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Force is a push or a pull acting on an object. Force is used not only to move an object but also stops it. Force is used to change the direction and position of an object. It can be used to increase or decrease the speed of a moving object.

When we apply force to an object, the object moves in the direction of the force. To stop a moving object, we apply force in the opposite direction. It can stop a moving object.



