

# Respiratory System

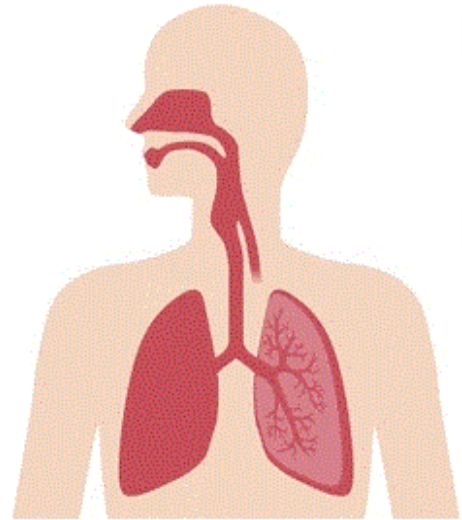


This system maintains our breathing. It supplies the body with oxygen for cellular respiration by collecting oxygen in the lungs and disposes of carbon dioxide by breathing out the waste product.

The organs which are include in respiratory system are nose, windpipe and lungs.

When we breathe through our nose, the hair present in our nose clean the air by catching germs and dust particles. From the nose, air reaches the lungs through windpipe.

Thus, it is always advised to breathe through nose and not through the mouth. The process of taking air into the lungs and sending it out through the nose is called Breathing.



**Human Respiratory System**