



Cleanliness in the Surroundings

Causes of Unhealthy Surroundings

Human activities make our surroundings dirty.

Some causes of unhealthy surroundings include:

- Throwing garbage on roads and in open areas.
- Inhaling impure air from vehicle smoke and factories.
- Drinking impure water, which can make us sick.
- Cutting down trees, reducing fresh air.
- Using plastic bags, which pollute the environment.
- Spitting on roads and walls, which spreads germs.
- Misusing public places like parks and lakes by littering.

Ways to Improve the Surroundings

We can follow simple steps to keep our surroundings clean and healthy:

Use Reusable Bags:

- Instead of plastic bags, use jute or paper bags.
- Plastic bags pollute the environment and are harmful.

Reduce, Reuse, Recycle:

Reduce: Buy only what you need.

Reuse: Use storage bags, bottles, and jars again.

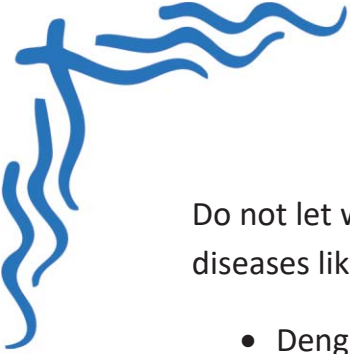
Recycle: Make new items from old cans, bottles, and paper.

Throw Waste in Dustbins:

Always throw garbage in dustbins, not on roads. Use separate bins for dry and wet waste. Do Not Spit on Roads:

- Spitting spreads germs and diseases.
- Always use a tissue or handkerchief.

Prevent Water Stagnation:



Do not let water collect near homes. Stagnant water breeds mosquitoes, causing diseases like:

- Dengue
- Malaria

Plant More Trees:

Trees make the air fresh and clean. They give oxygen and make the surroundings beautiful.

Benefits of Clean Surroundings

Healthy environment: Reduces diseases.

Fresh air: More oxygen from trees.

Beautiful surroundings: Parks and lakes look clean.

Happy and healthy life: Clean surroundings keep you active and happy.

Tips to Keep Your Surroundings Clean

- Use reusable bags instead of plastic.
- Reduce, reuse, and recycle waste.
- Always throw waste in dustbins.
- Do not spit on roads or walls.
- Prevent water stagnation.
- Plant trees to make the surroundings fresh.

Conclusion

- Clean surroundings keep us healthy and safe.
- It reduces pollution and diseases.
- Let's all take a step towards a cleaner and greener planet!