

# Safety Rules Notes



## **INTRODUCTION**

**Have you ever fallen and hurt yourself? Have you ever by mistake cut yourself with a blade or a knife? Have you ever seen two vehicles colliding with each other? All these are the examples of accidents.**







STOP

**Accidents happen suddenly and mostly due to carelessness. People get hurt in accidents.**

**We shall be safe if we are careful and keep little things in mind. We should always follow some safety rules at home, in school and on the roads.**







## **SAFETY AT HOME**

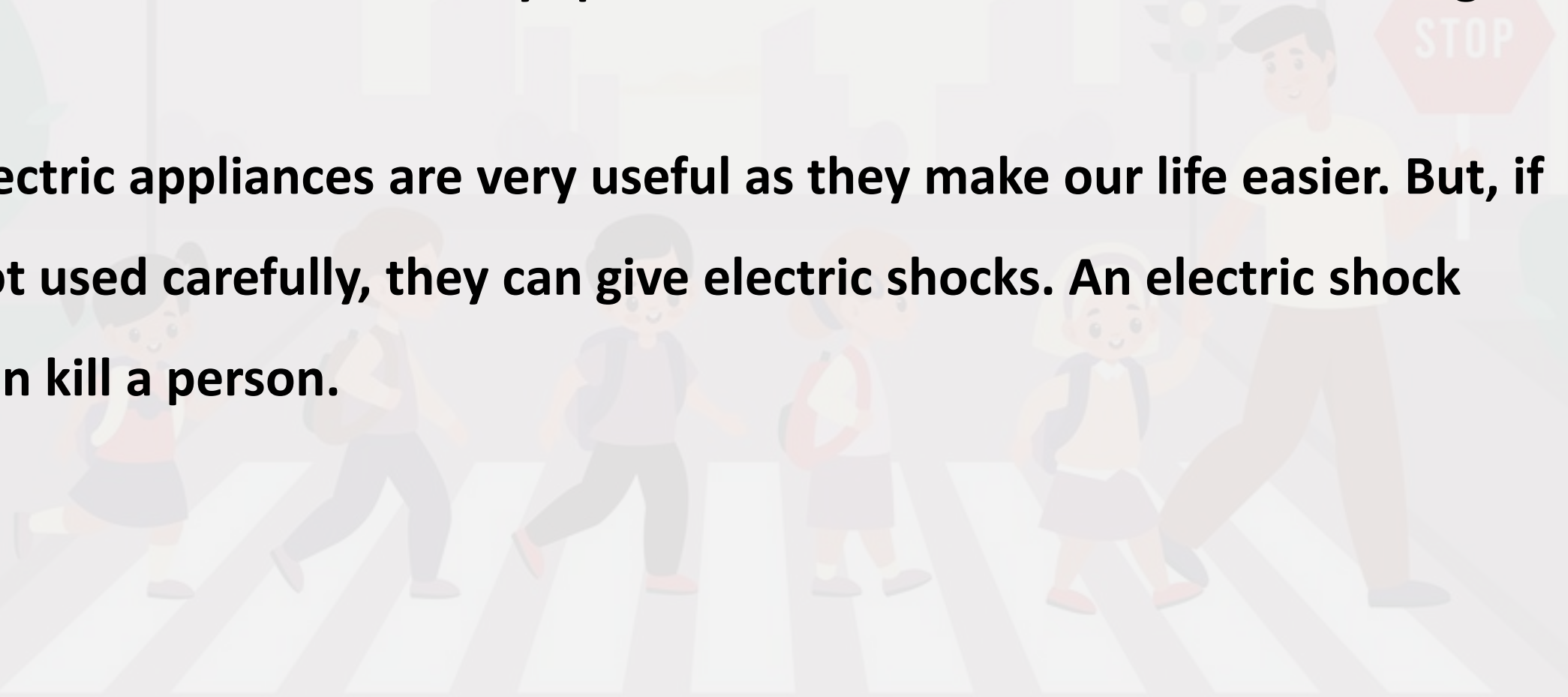
**Accidents at home mostly occur due to careless handling of the household things and touching or using things that are restricted to children.**

- There are many sharp-edge things like knife, blade, scissors etc. at home. You should never play with them. They can cut your skin. Always use these things in the presence of elders.**

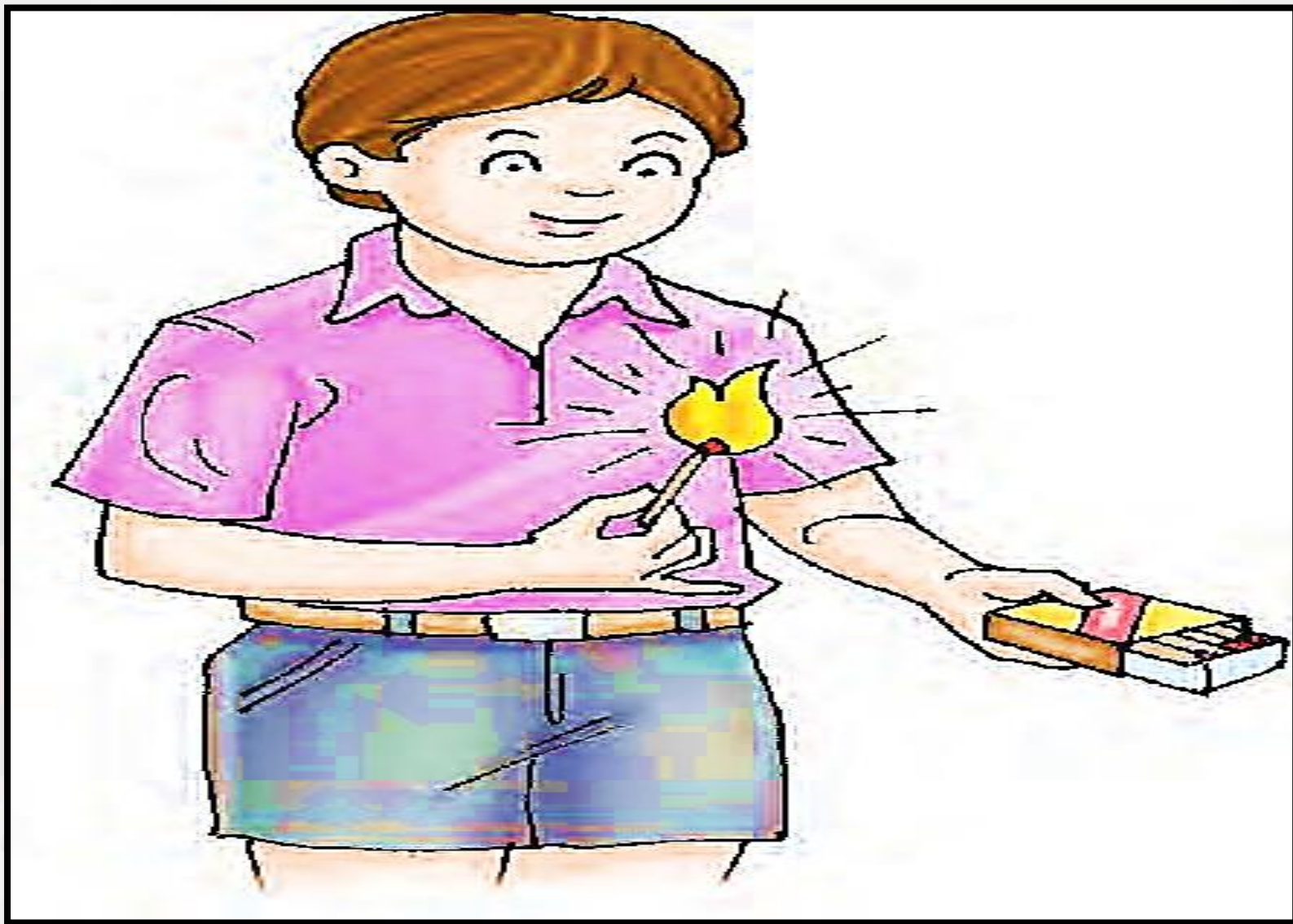


STOP

- **Playing with matchstick is dangerous. If necessary, use it in the presence of elders. Always put-off the matchstick before throwing it.**
- **Electric appliances are very useful as they make our life easier. But, if not used carefully, they can give electric shocks. An electric shock can kill a person.**







STOP

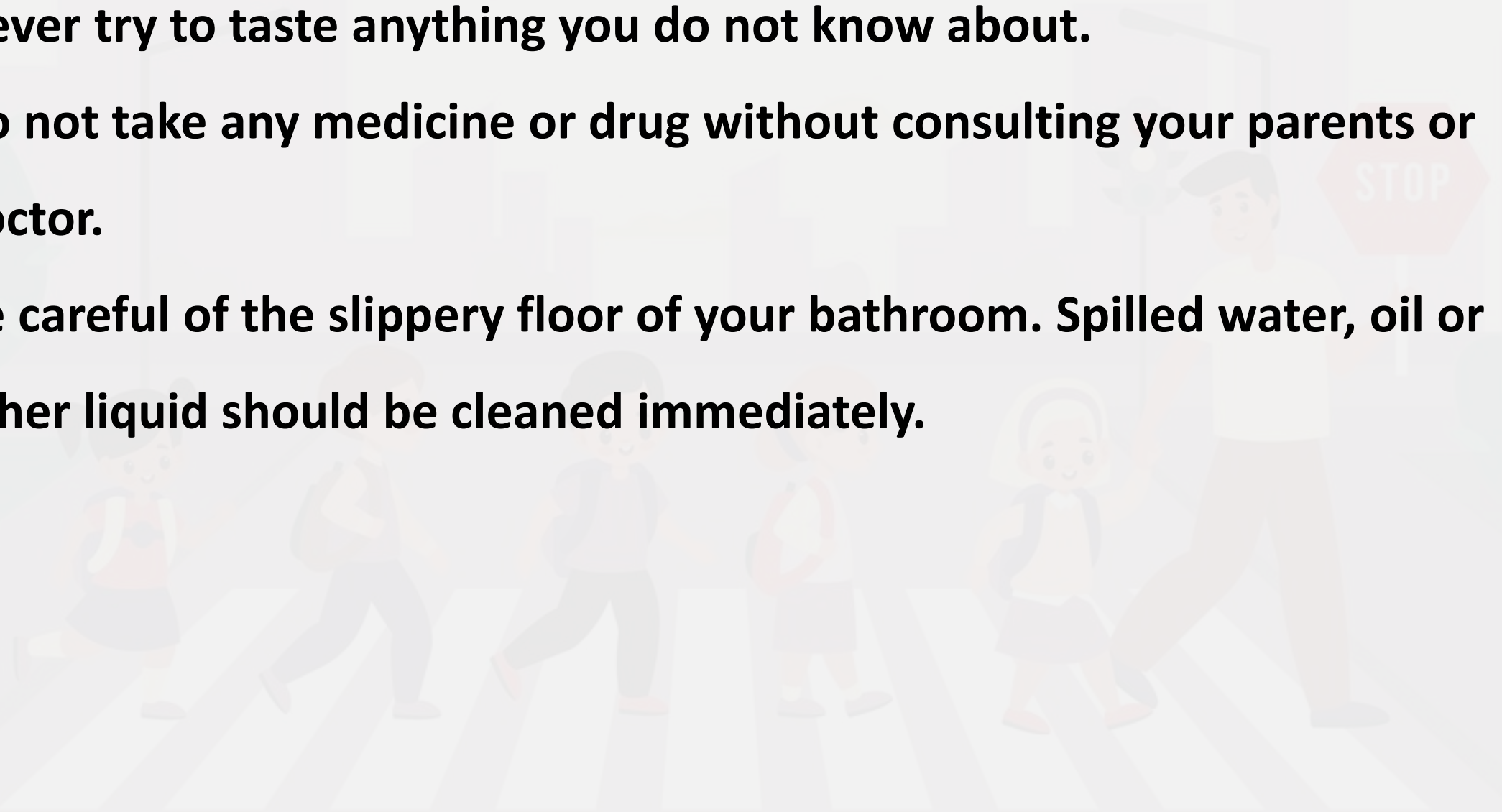
- **Never play with plug points, open wires and electrical appliances.**
- **Do not touch the electric wires or points with wet hands.**
- **Do not touch the electric appliances when they are in use. Switch them off before touching.**







- **Never try to taste anything you do not know about.**
- **Do not take any medicine or drug without consulting your parents or doctor.**
- **Be careful of the slippery floor of your bathroom. Spilled water, oil or other liquid should be cleaned immediately.**



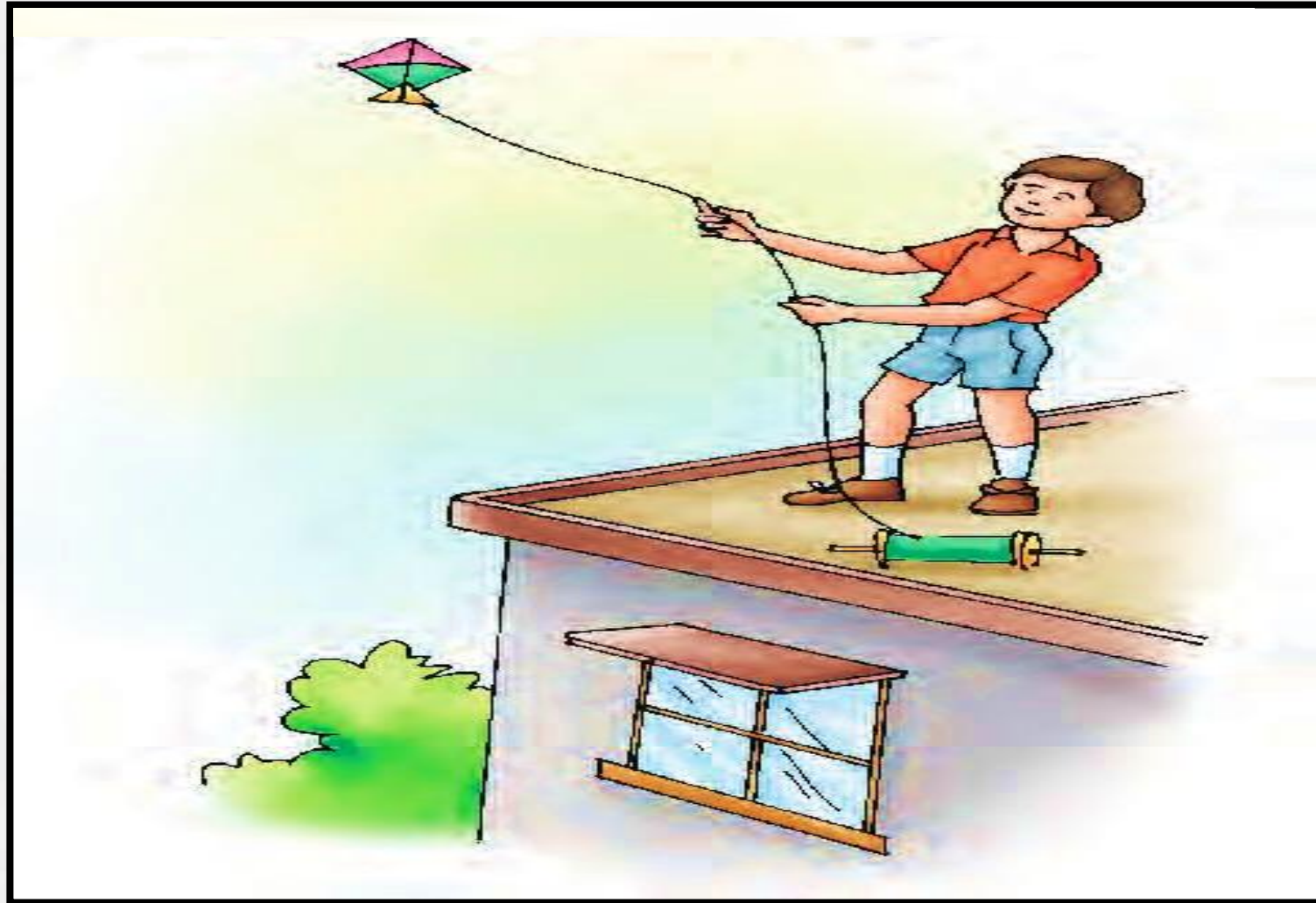


STOP

- **Always be careful with firecrackers. They explode and can cause burns. Always light them in the presence of elders.**
- **Do not play or fly kites on the terrace as you may fall down and get hurt. You should go to the park or an open place to fly kites.**







STOP

## **SAFETY IN SCHOOL**

- **Running up and down on the stairs is dangerous. Do not push anyone while coming down. Always form a queue while coming down-stairs.**
- **Classrooms are not for running and playing. The corners of the desks and benches are sharp and can hurt you very badly. Climbing on and jumping from the desks and playing inside the classrooms may cause accidents.**

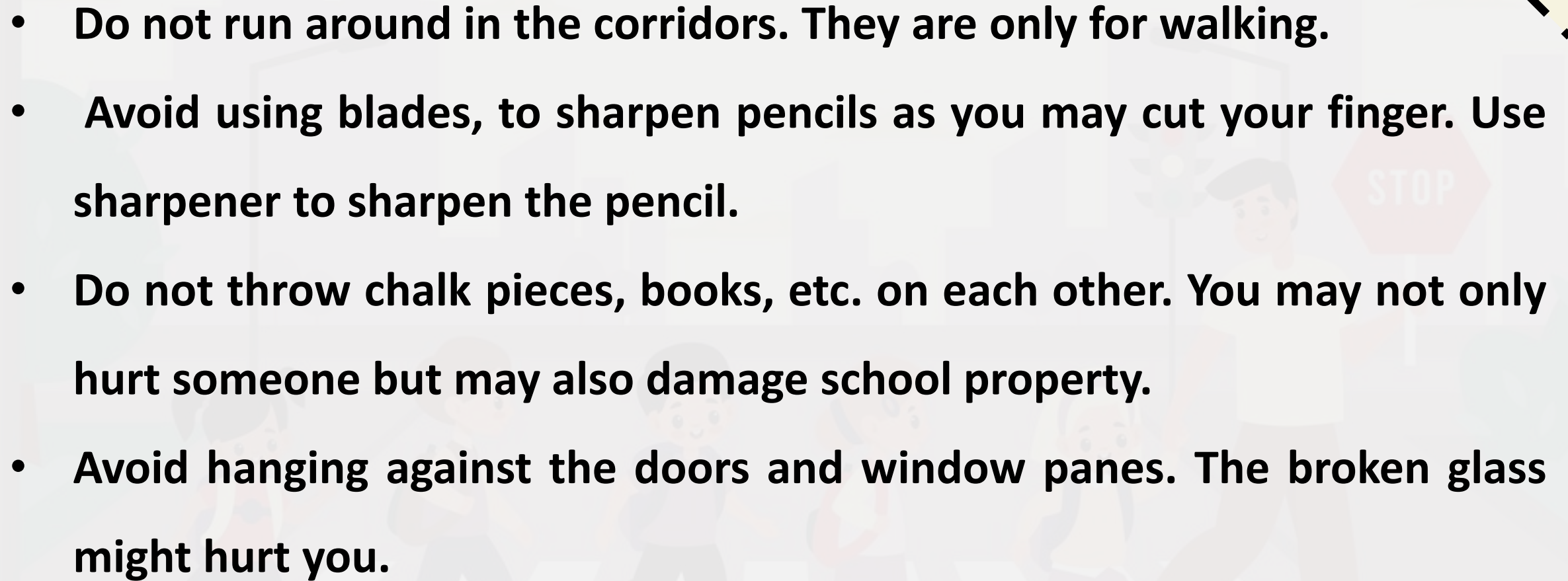


TOP





STOP

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- A background illustration of a school hallway. Several children are walking in the same direction. On the right wall, there is a red octagonal stop sign with the word "STOP" written on it. The hallway has a white floor with a zebra crossing pattern. The walls are light-colored with some decorative elements.
- **Do not run around in the corridors. They are only for walking.**
  - **Avoid using blades, to sharpen pencils as you may cut your finger. Use sharpener to sharpen the pencil.**
  - **Do not throw chalk pieces, books, etc. on each other. You may not only hurt someone but may also damage school property.**
  - **Avoid hanging against the doors and window panes. The broken glass might hurt you.**

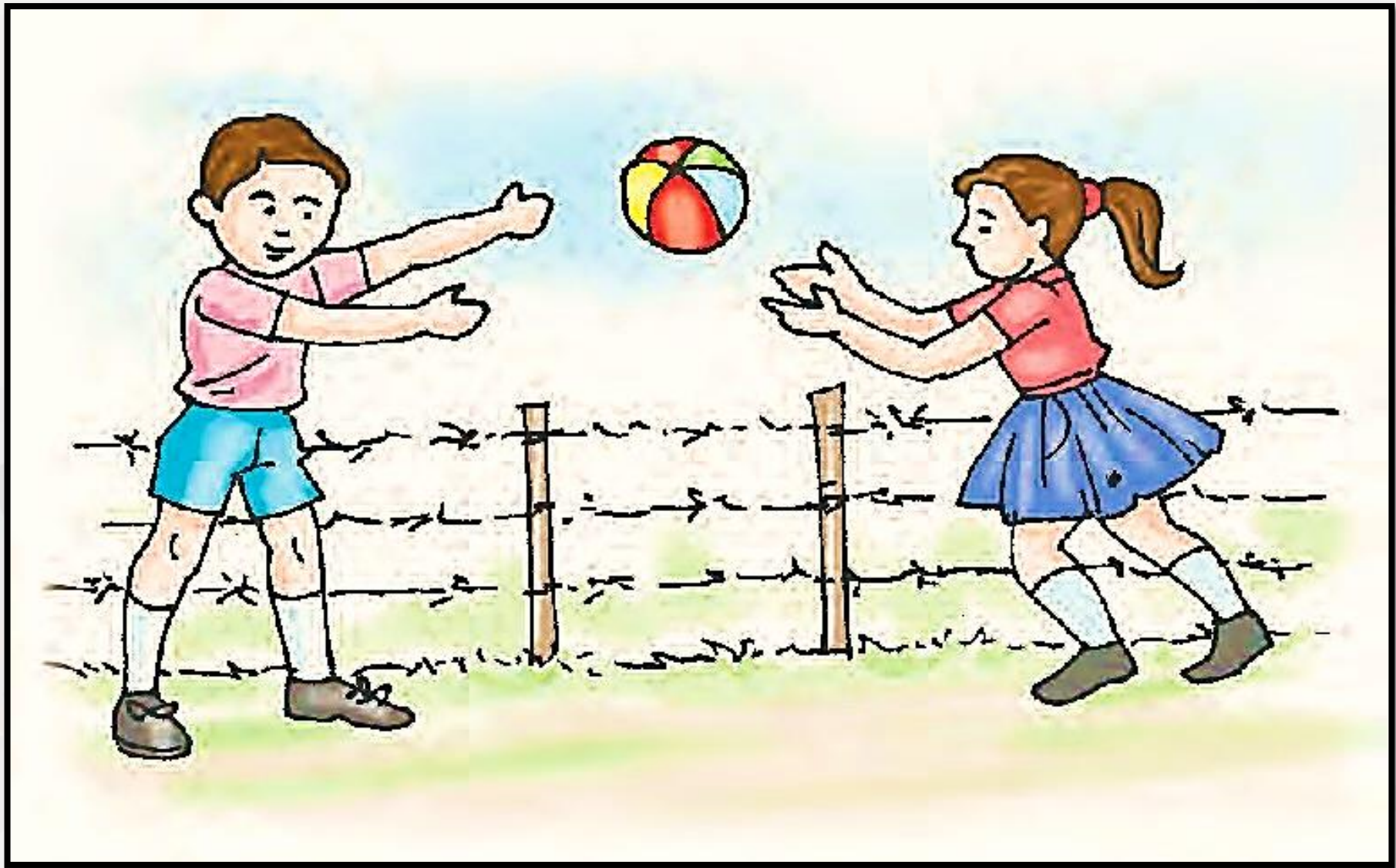






## **IN THE PLAYGROUND**

- **When you are on the slide or the swing wait for your turn. Do not push anyone when you are on the slide. It can be dangerous.**
- **Playing games is a fun if played properly. If you do not follow rules, you may hurt others.**
- **Do not play near a barbed wire, fence or thorny hedges.**



TOP

## ON THE ROAD

- **Always walk on the footpath or the pavement.**
- **Always cross the road at the zebra crossing only when the vehicles stop at the red light. If there is no zebra crossing then before crossing the road, look to the right, then to the left, then again to the right and cross only when the road is clear.**

- **Do not deboard or board a moving bus or a train.**
- **Do not keep your head or hands out of the window of the moving bus.**
- **Never play on the road.**









STOP

## **FIRST AID**

**Safety rules can only reduce the number of accidents. But accidents do happen. The immediate medical help that is given to an injured or sick person before proper medical aid arrives, is called First Aid.**

**If somebody is injured, try to keep cool and help the injured. Try to make the injured comfortable. You must learn to give first aid.**





STOP

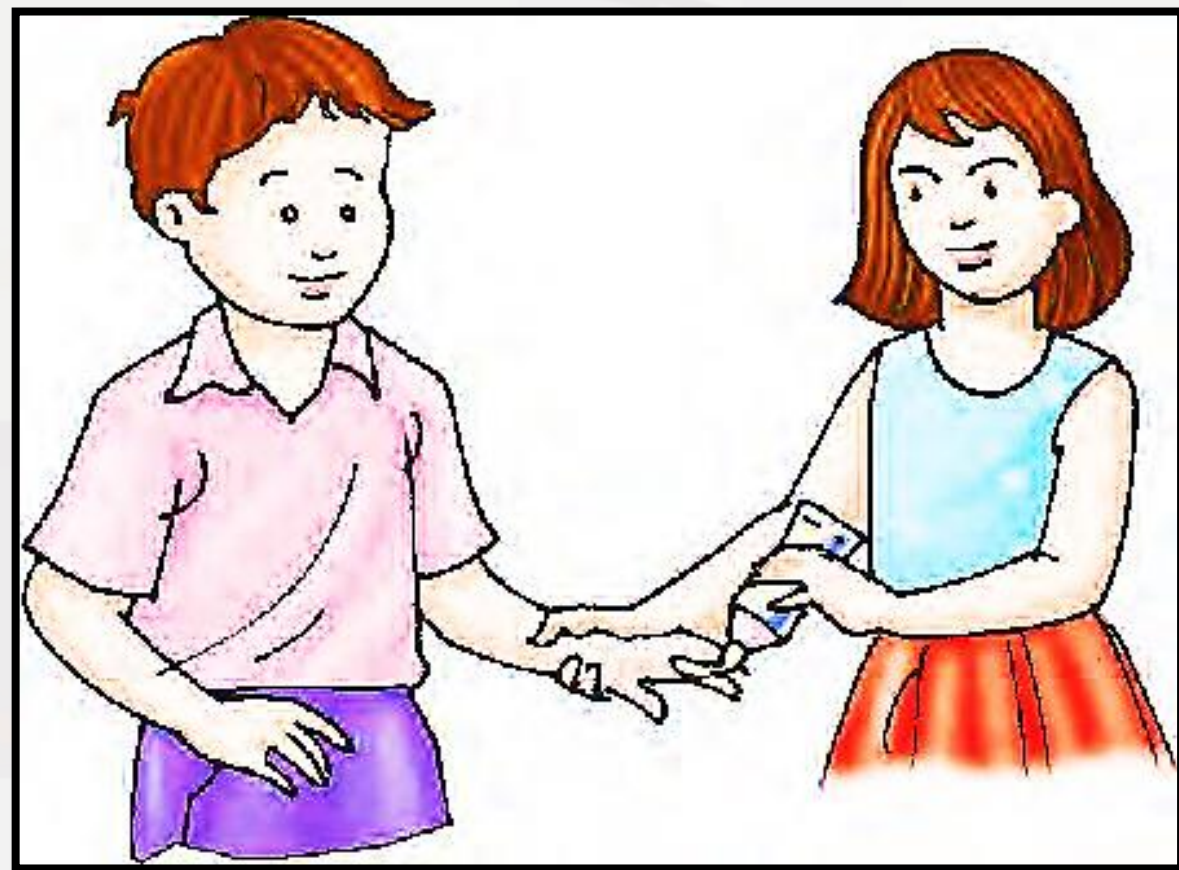


## **In case of cuts**

**Wash the cut with clean water. Apply an antiseptic like Dettol on the wound. If the bleeding does not stop, tie a bandage. Call for the doctor immediately.**









## **In case of burns**

**If the person gets burnt, put the body part that is burnt under the running water. Keep it there until it stops paining. Never try to burst the blisters.**







## **In case of insect bites**

**In case of insect bites, remove the sting immediately by pressing with your fingers.**





# INTERESTING FACTS

- ❖ **Doctors use Red Cross sign. Red cross is an international movement.**



**If the person is seriously injured, immediately inform your elder and call for the doctor.**



## Check Your Knowledge

Fill in the blanks.

1. Always walk on the \_\_\_\_\_ or pavement.
2. Never play near a \_\_\_\_\_ wire or thorny edges.
3. Avoid hanging against the \_\_\_\_\_ and \_\_\_\_\_ panes.
4. Be careful on the \_\_\_\_\_ floor of the bathroom.

## Fact File

- The level crossings are those places where a road has been built across a railway line. The train has the first right to pass through.



## Things to Remember

- Accidents mostly happens when we are careless.
- To avoid accidents we must follow safety rules at home, in school, on the playground and on the road.
- First aid is the immediate help given to a sick or injured person. It can sometimes save the life of a person.