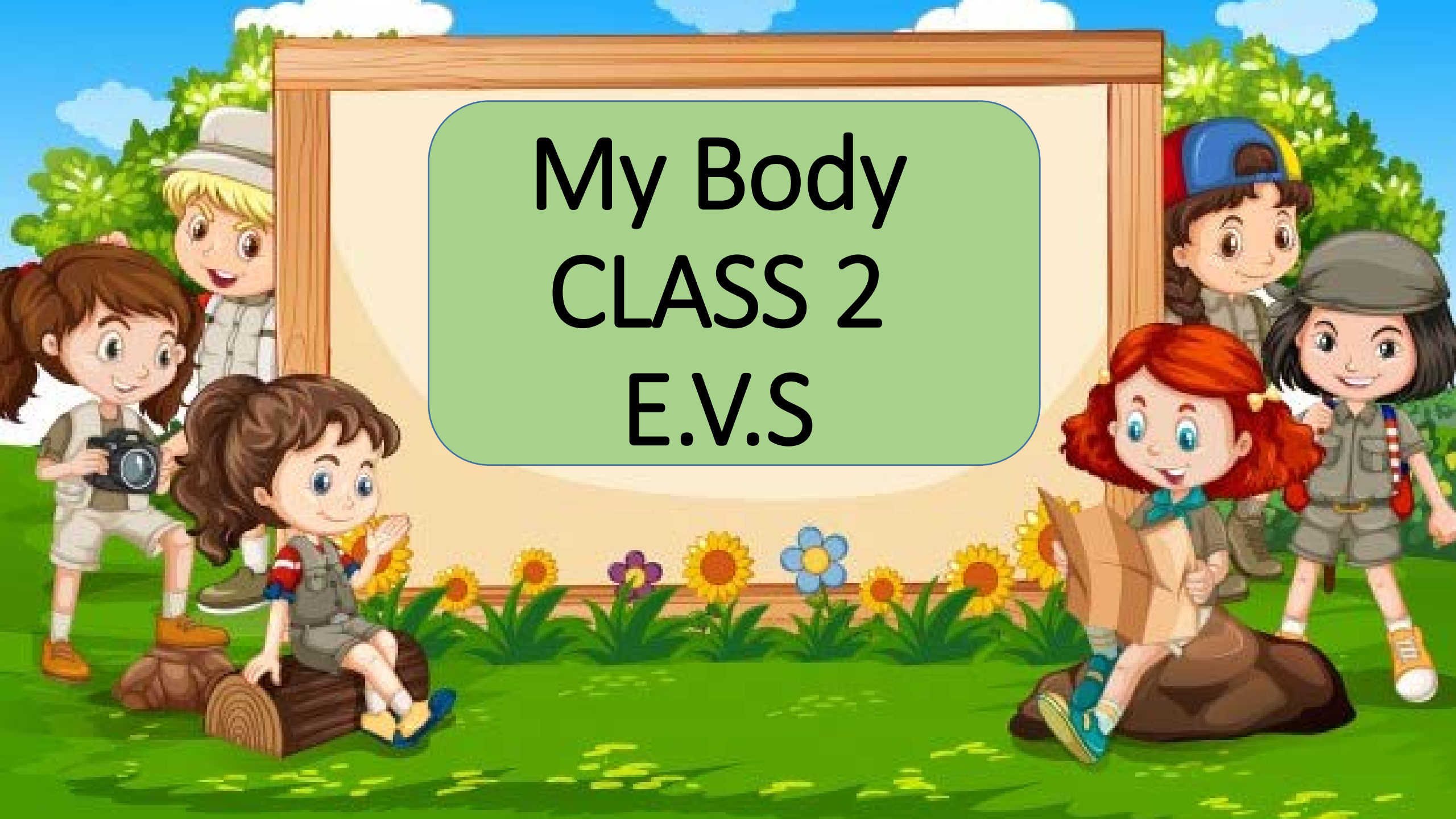
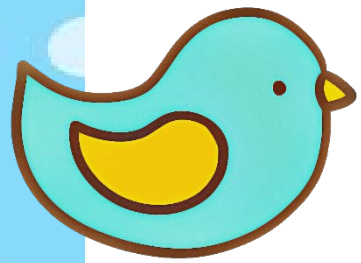


# My Body

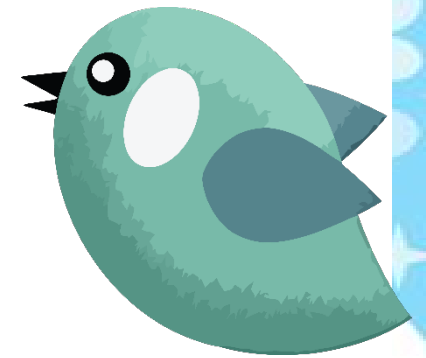
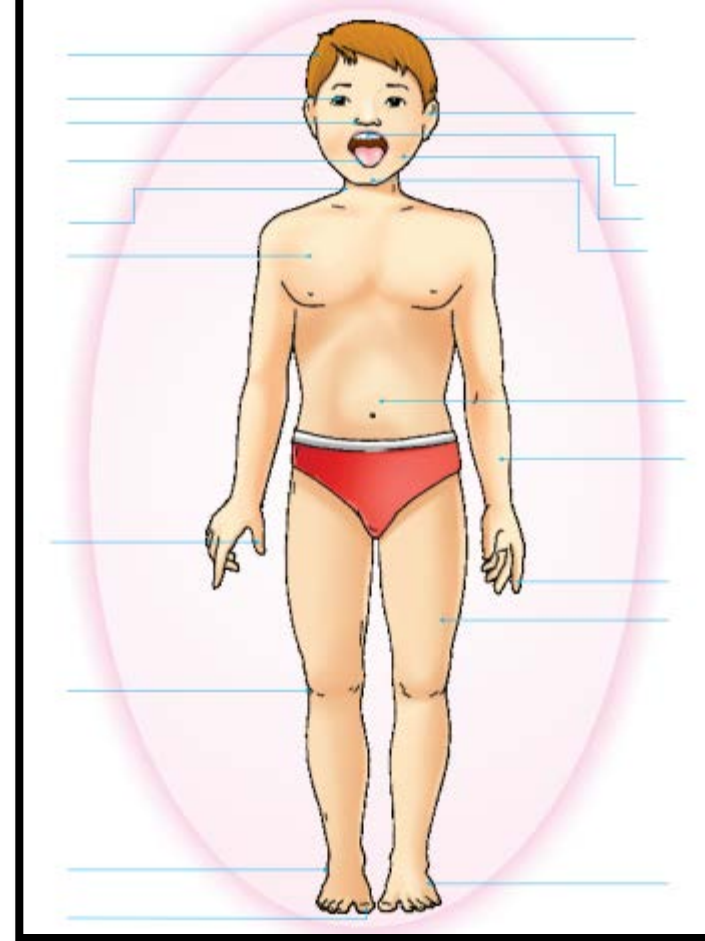
## CLASS 2

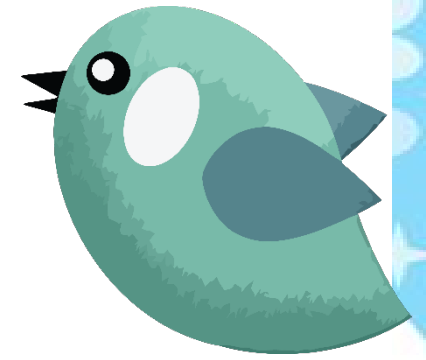
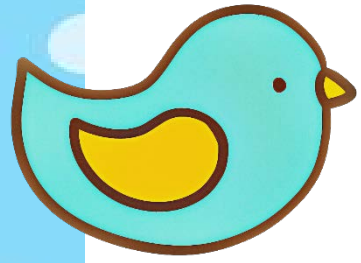
### E.V.S



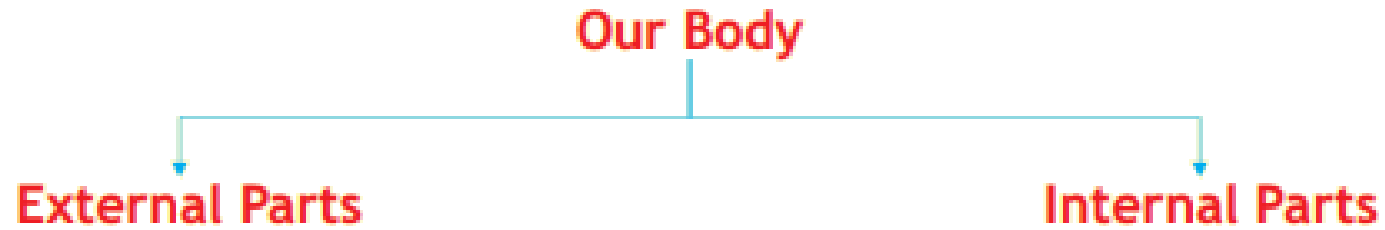


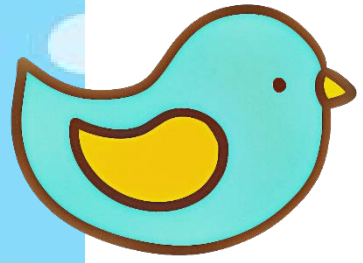
**Look at the picture given below  
and label its different parts.**





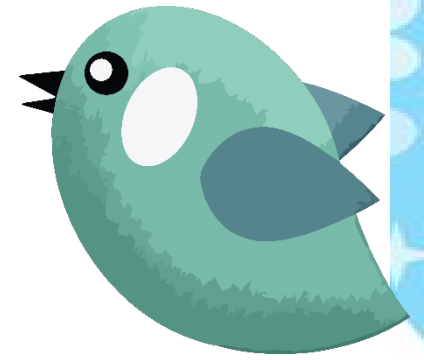
**Our body has many parts which perform different functions.  
These body parts can be divided into two categories:**

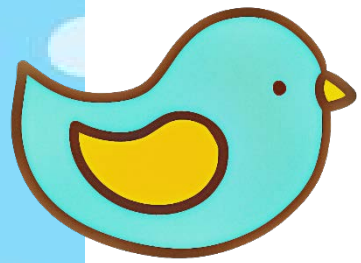




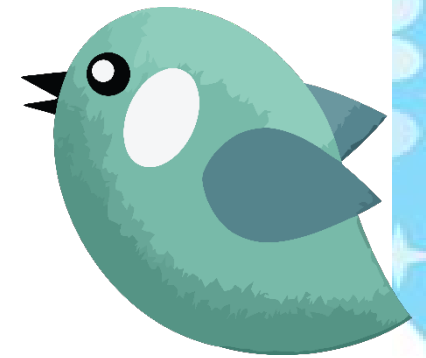
## **EXTERNAL PARTS**

**The parts of the body that can be seen from outside are called the external parts.**





**For example—** Arms, Legs, Ears, Nose etc.



Arm



Leg

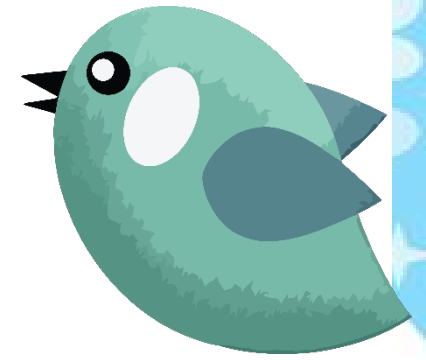
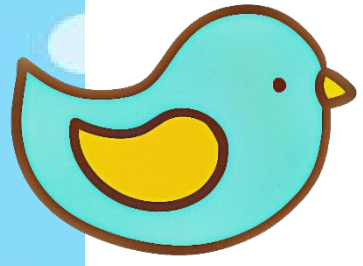


Ear



Nose





## INTERNAL PARTS

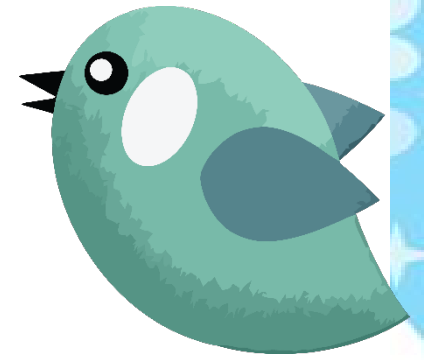
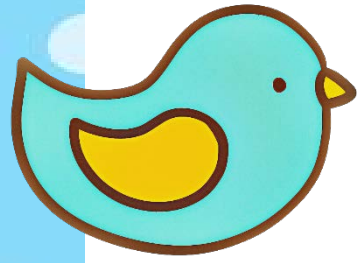
Those parts which are inside the body and cannot be seen from outside, are called the internal parts.

**For example—** Lungs, Heart, Liver etc.

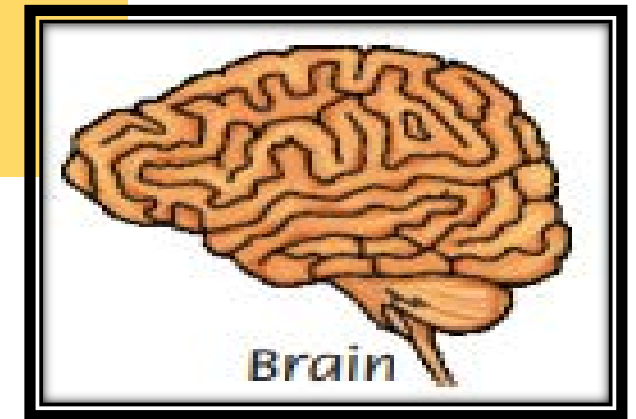
Let us read about these internal parts in detail.

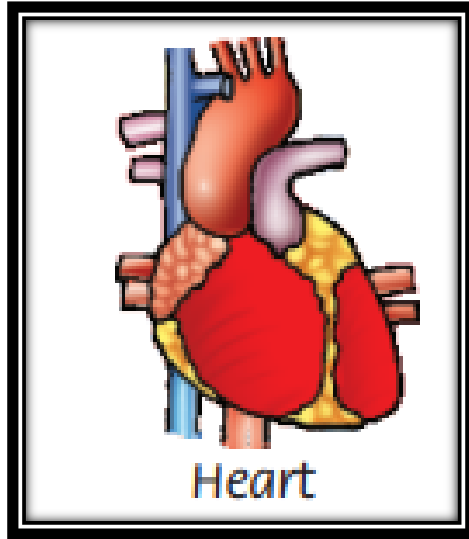
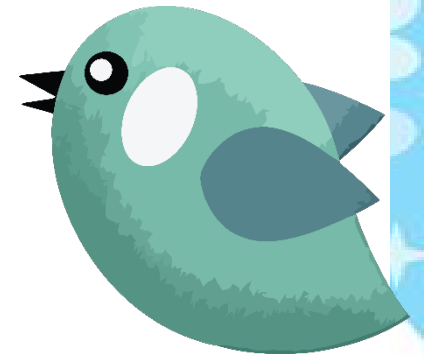
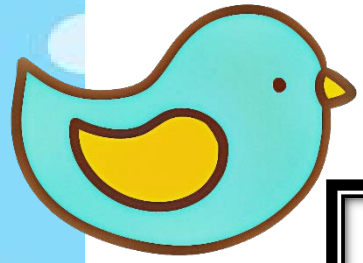






**Brain:** It is protected inside the bony skull. It co-ordinates with all the body parts and helps us to think.

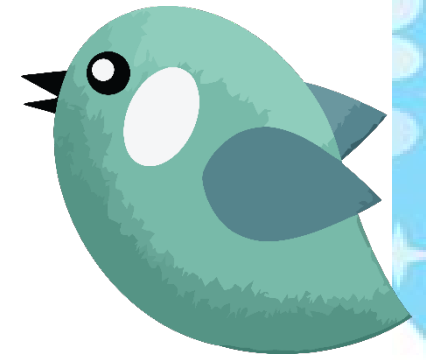
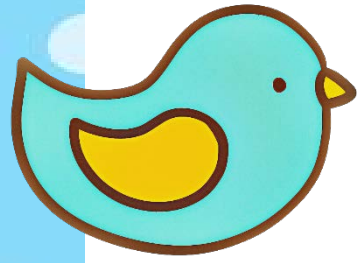




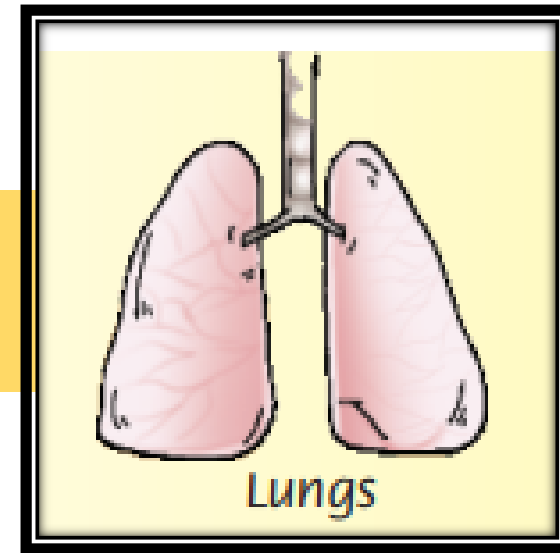
**Heart:** It is placed in the middle of the chest. It pumps blood to different parts of the body.

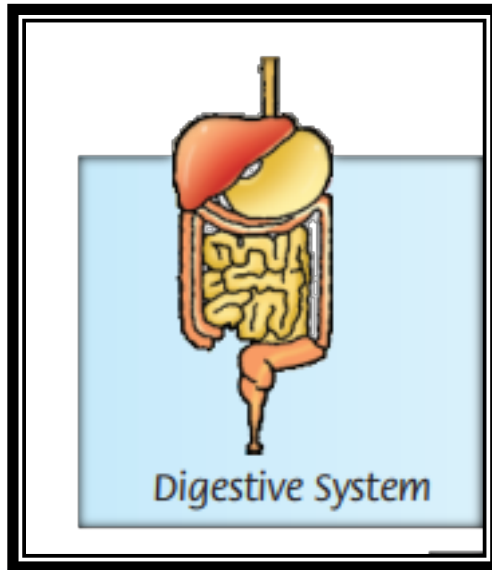
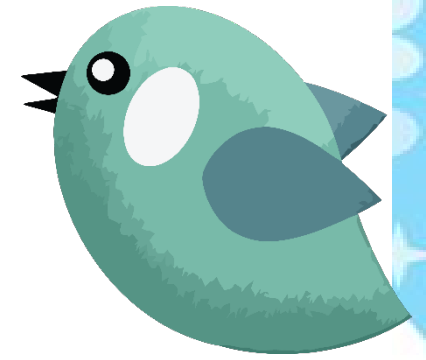
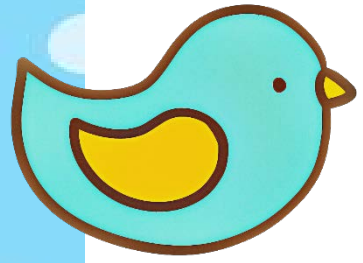






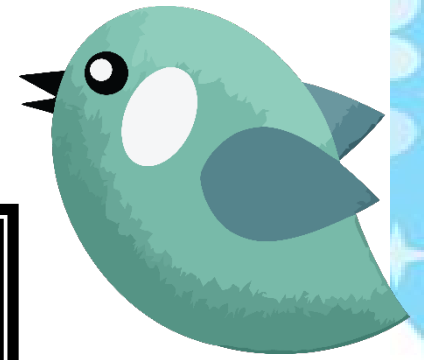
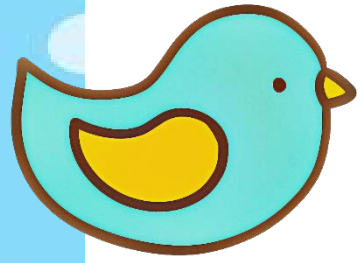
**Lungs:** They are situated inside the rib cage. They help us to breathe.



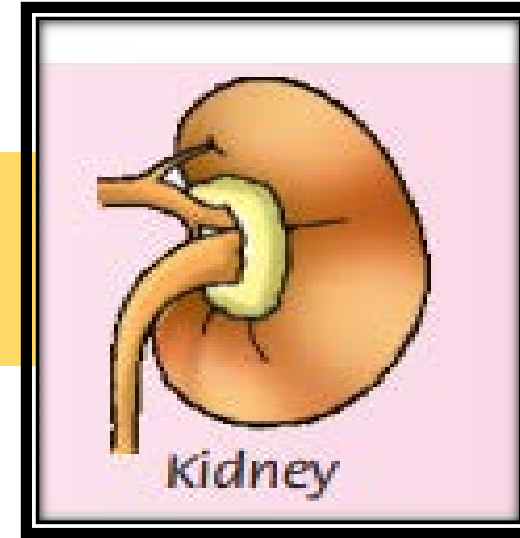


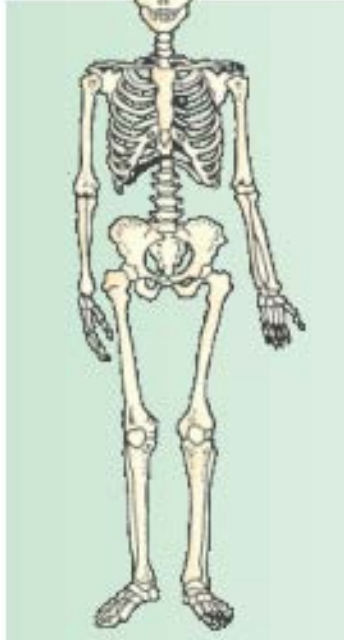
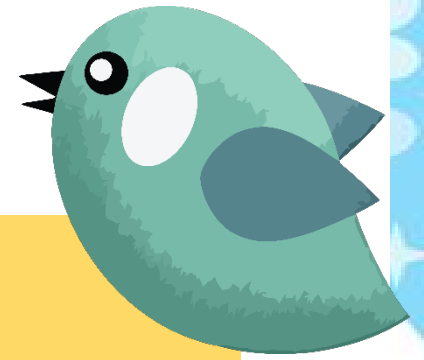
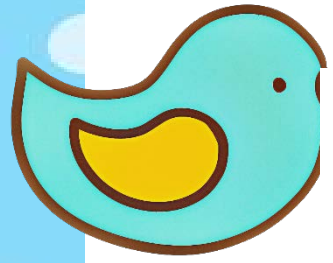
**Digestive system:** It helps in the digestion of food, we eat. It is a system of several organs. These organs are kidney, stomach, intestine and many others.





**Kidney:** It filters our blood and discards the impurities out of the body through urine.



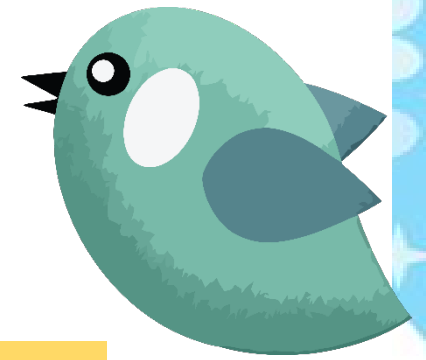
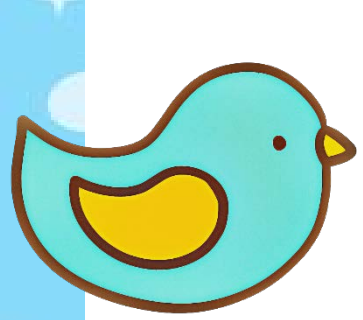


**Bones are the framework of the body.**

**Bones and the muscles give shape to the body and protect the internal parts from injury.**

**All the different parts of the body co-ordinate to function properly.**

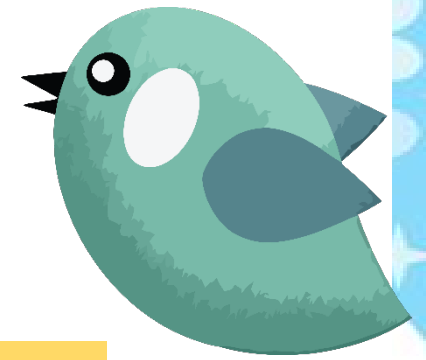
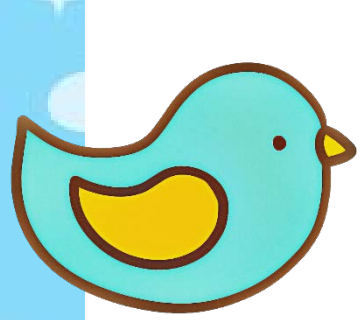




### **Fact File**

- **There are 206 bones and more than 600 muscles in a full grown body.**
- **Our Heart beats 72 times in a minute.**





### Things to Remember

- The parts of the body that can be seen from outside are called the external parts.
- The parts of the body that are inside the body and cannot be seen from outside are called the internal parts.

