


GROWING UP

CLASS 2

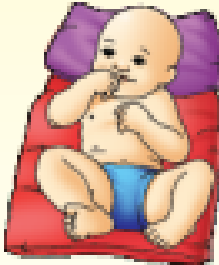
E.V.S





I was born as a baby boy/girl.

As an infant
I could move only
my arms, hands
and legs.



After sometime,
I started
crawling.



Then, after
sometime,
I started
standing up.



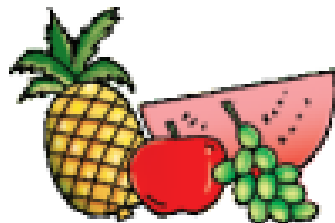


**This is the way I grew up.
I am still growing.
My parents take care of me.
They feed me healthy food for my
proper growth.**





**Food helps me to grow up.
It gives me energy.
I eat fruits and vegetables.
I drink milk.**





**My weight is increasing.
I am growing taller.
I am learning more about things and people
around me.
This is the way I am growing up.**





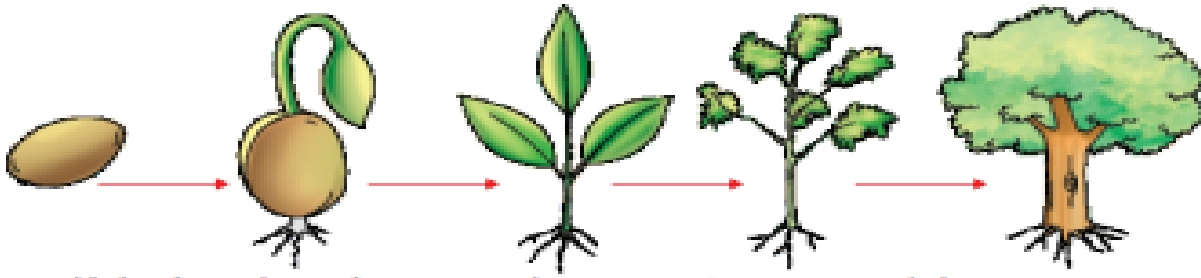
All LIVING THINGS GROW

The most important quality of all living things is, that they grow.





A seed grows into a seedling, a seedling grows into a sapling which further grows into a big plant.



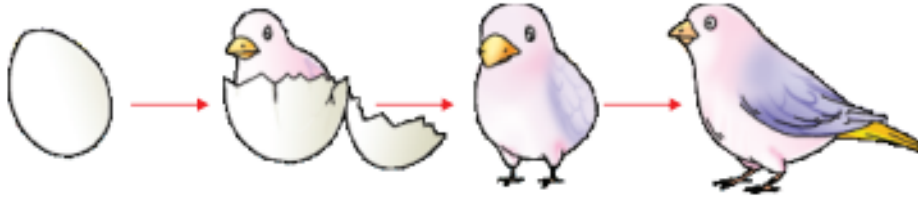


A small baby develops and grows into an old man.





A bird grows from a small egg. The egg hatches and a little bird comes out. It grows into a full grown bird.



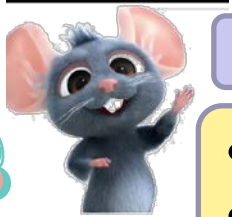
All living things grow old.





Fact File

- All living beings are born. They grow up and get old.



Things to Remember

- We need food to grow up.
- Food builds our body and gives us energy to work.

