



Present Continuous Tense

Introduction: What is the Present Continuous Tense?

The Present Continuous Tense describes actions that are happening right now, or at the moment of speaking.

Examples:

- I am going to the airport.
- He is eating his food.
- We are playing football.

Structure of Present Continuous Tense

Subject	Helping Verb	Main Verb + ing	Example
I	am	reading	I am reading a book.
He/She/It	is	sleeping	She is sleeping.
You/We/They	are	eating	They are eating lunch.

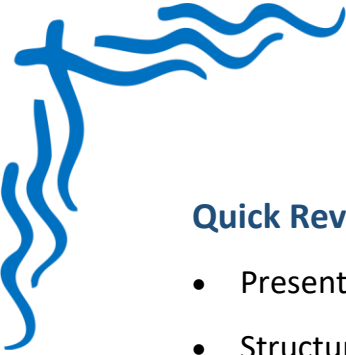
- Always use is/am/are followed by the base verb + -ing.

When to Use the Present Continuous Tense

1. For actions happening at the moment of speaking
 - **e.g.** The dog is barking.
2. For actions happening around now, even if not exactly at the moment of speaking
 - **e.g.** I am reading a new book these days.

Grammar Byte – Key Points

- Use "am" with I
- Use "is" with he, she, it, singular nouns
- Use "are" with we, you, they, plural nouns



Quick Revision – Points to Remember

- Present continuous describes ongoing actions.
- Structure: [is/am/are] + [verb + ing]
- **Use according to subject:**
 - I → am
 - He/She/It → is
 - We/You/They → are