## **Emergency Care and First Aid**

Even if we are very careful sometimes emergency occurs. We get injured or burnt by some crackers etc. At this time we should know what to do. How to treat that injured person at that time?

## First Aid

First aid sometimes referred to as **EMERGENCY AID** is the first skilled treatment given to a sick person on the occurrence of accident or sudden illness in order to preserve life, prevent further injury. This help is given before the doctor arrives.

## Let's learn what to do in case of emergency aid:

A. If there is a burn hold the burning area under the water.

B. Apply any antiseptic lotion or call to doctor.

C. If there is cut in your finger wash and apply bandage.

D. In case of fracture lie down the injured person and stop any movement of the person.

E. In case of animal bite wash the wound with soap under running water.

F. In case of insect bite remove the sting.

G. Place ice cubes on the affected area.

H. Apply an antiseptic cream.



