


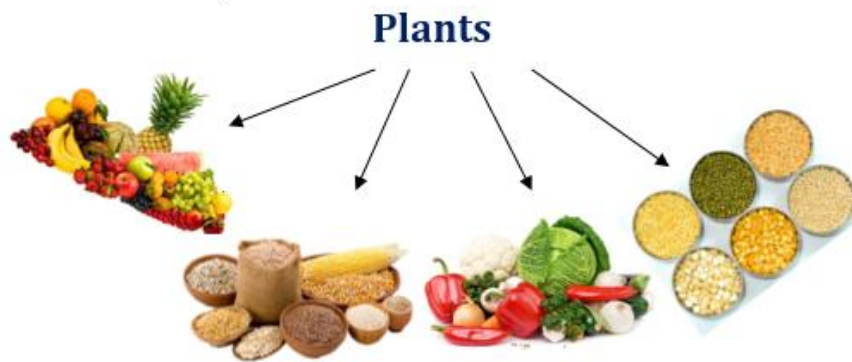
Sources of Food

 There are two sources of food. We get food from either plants or we get food from animals for living.

Food from the Plants:

Most of the food we get from the plants. Plants are the main source of food.

We get fruits, vegetables, grains, etc. from plants.



Food from the Animals:

We get food from the animals also. We get milk, meat, eggs from animals.

