

Introduction of Growing Up

Growing

Growing is a way someone develops. When we are born, we are very small as an infant and afterwards slowly we grow.

⇒ We born as a baby boy or a baby girl. The following is a process that is involve in growth of our body:

- A. We are born as a baby.
- B. When we are infant, we cannot do anything.
- C. We can move only our hands, arms and legs.
- D. After sometime we started crawling.
- E. After sometime we started standing and then walking.



⇒ This is the way we grow. At this point also we are growing. Our parents take care of us.

They use to feed us, with healthy food. Food is very essential for proper growth. Food is the source with which we grow.

We eat many things like we eat fruits, we eat vegetables. We drink milk, juice etc.

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When we are growing our weight is increasing. Not only our weight is increasing but our height also increases. We become tall.

Not only physically but we are growing mentally also. Our thinking is growing with passage of time. We started thinking differently. We learn about things around us. We learn about the people around us.

