

HELP

1. Do you like to help others?
2. When was your last time you helped others?
3. Did your parents teach you the importance of helping others?
4. Have you ever refused to help others?
5. Would you like to keep helping others in future?

I am very happy to help others especially my neighbours. Getting along well with your neighbours is very important if you want to lead a happy life.

Well, let me tell you about a time when I helped someone who I was not familiar with. One morning, I met an old lady who lived in the same building as me in a local shop. She had just bought a bag of rice and was ready to take the heavy bag home. I saw that she was having problems trying to lift it up. I walked straight over to her, and said that I would take the bag home for her. She was very thankful for my kindness. I could see that she really needed someone who would stand out and do her a kind favour.

When I was young, my parents and teachers taught me a lot about helping others. It is a core virtue in my culture, the solidarity of community is the thing that keeps members of society connected so we are always willing to help each other.

Yeah, sometimes when I am in hurry or on business I don't have time so I have to say sorry that I can't help.