

Reading 6

There is a saying that both heaven and hell coexist on earth. It means that whatever joys we experience in this life is the real heaven and whatever sorrows and distress we undergo in this life constitute hell. What actually matters is this life. And this life depends greatly on our own mind if we keep our mind health and happy, we will be able to experience true bliss which we get in heaven. If a person can keep his mind pleasant in spite of the sorrows and difficulties he faces, he experiences heavenly bliss. But there are people who are always sad and dissatisfied. Such people even though wealthy and healthy are unable to experience true bliss. They feel they are living in hell. So what matters is the mind. A happy mind can make the surroundings seem heavenly. But an unhappy mind only makes the surroundings unpleasant as hell. If we do good things and lead a clean and godly life, that goodness itself will fill our minds with happiness so that we will find this world as good and pleasant as heaven.