

Time in Seconds

A. Choose the correct answer:

1. How many seconds are there in 1 minute?

- a) 60
- b) 100
- c) 30
- d) 120

2. How many seconds are there in 5 minutes?

- a) 120
- b) 200
- c) 300
- d) 60

3. 2 minutes and 30 seconds is equal to how many seconds?

- a) 90
- b) 120
- c) 150
- d) 160

4. What is the correct way to convert 4 minutes into seconds?

- a) Multiply 4 by 30
- b) Add 60 + 60
- c) Multiply 4 by 60
- d) Divide 4 by 60

5. Which of the following is the longest duration?

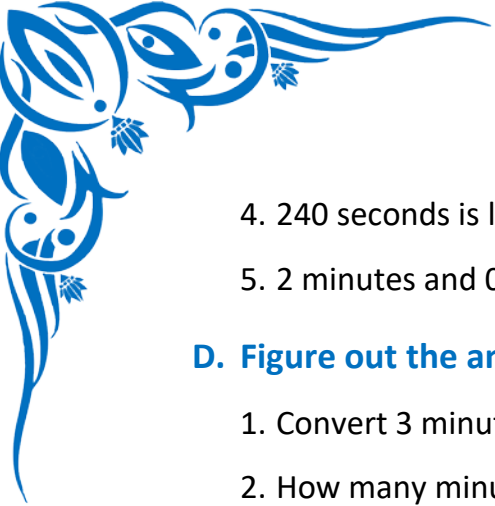
- a) 180 seconds
- b) 2 minutes
- c) 2 1/2 minutes
- d) 120 seconds

B. Write the Missing Terms to Complete the Sentences:

- 1. 1 minute = _____ seconds
- 2. 10 minutes = _____ seconds
- 3. 2 minutes 15 seconds = _____ seconds
- 4. 60 seconds = _____ minute
- 5. 5 minutes 30 seconds = _____ seconds

C. Mark each sentence with a True (✓) or False (X):

- 1. 1 minute equals 60 seconds _____
- 2. 300 seconds is the same as 3 minutes _____
- 3. 90 seconds equals 1 1/2 minutes _____



4. 240 seconds is longer than 5 minutes _____

5. 2 minutes and 0 seconds equals 120 seconds _____

D. Figure out the answers to these questions:

1. Convert 3 minutes and 20 seconds into seconds
2. How many minutes are there in 480 seconds?
3. A stopwatch shows 125 seconds. How many minutes and seconds is that?
4. A student ran a race in 2 minutes and 45 seconds. Write the total time in seconds
5. What is the difference between 5 minutes and 3 minutes 30 seconds in seconds?

E. Challenge yourself with these questions:

1. Convert the following into seconds: 4 minutes 15 seconds
2. Write 3 activities that take less than 1 minute and estimate their duration in seconds
3. Convert $1\frac{1}{2}$ minutes into seconds
4. What is $3\frac{1}{4}$ minutes in seconds?
5. Write 2 real-life examples where you use a stopwatch to count seconds