**BODY MOVEMENTS** 

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EXERCISE											
	OBJECTIVE TYPE			Wings are modified							
1.	Number of bones present in vertebral column in human			(A) Lii (C) Hi	mbs ind limb	)S	• •	orelimb None of			
	(A) 26 (C) 34	(B) 36 (D) 29	9.	Pecto	ral girg	lle is nr	esent i	n			
				(A) Ha	-	ile is pi		houlde	r		
2.	Joint which allows movements only in one plane is known as :			(C) w		/	(D) I				
	(A) Ball & socket joint (B) Gliding joint		10.	• Which of the following type of joint is present in our neck ?							
	(C) Pivot joint (D) Hinge joint				all & So			linge Rivot			
3.	Tissue which connec as	t bone to muscle is known			SU	IBJECT	IVE TY	PE			
	(A) Muscle (C) Tendon	(B) Ligament (D) Neuron	1.		e move						
4.	Appendicular skeleto	on is made up of	2. Name various parts of axial skeleton.				ton.				
	(A) Girdles (C) Fore limb bones	(B) Hind limb bones (D) All	3.	What	are joi	nts ? D	escribe	e the ty	pes of jo	oints.	
5.	Fixed or immovable joints is present in			<b>4.</b> Describe the movement in birds and how it is differ from insect flight.							
	(A) vertebrae (C) skull bones	(B) shoulder joint (D) knee joint	5.	How	can fish	n swim	in wate	er?			
6.	Which can do skelet both ?	al & muscular movement									
	(A) Earthworm (C) Fish	(B) Snail (D) Cockroach									
			ANSWER K				ER KE	EY .			
7.	Total number of ribs	in human body	1.	А	2.	D	3.	С	4.	D	
	(A) 10 pairs	(B) 11 pairs	5.	С	6.	С	7.	С	8.	В	
	(C) 12 pairs	(D) 13 pairs	9.	В	10.	D					

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EXERCISE								
1.	MULTIPLE CHOICE QUESTIONS Which of the following parts of our body h (i) Bones (ii) Skin Choose the correct answer from the optic (a) (i) and (iii) (c) (i) and (iv)	(iii) Muscles (iv) Organs						
2.	Which of the following joints is immovable (a) Shoulder and arm (c) Upper jaw and skull	(b) Knee and joint (d) Lower jaw and upper jaw						
3.	Which of the following organisms does no (a) dog (b) snail	t have both muscles and skeleton for movement? (c) earthworm (d) human being						
4.	Underwater divers wear fin-like flippers o (a) swim easily in water. (c) walk on water surface.	n their feet to (b) look like a fish. (d) walk over the bottom of <b>t</b> he sea (sea bed).						
5.	Snail moves with the help of its (a) shell (b) bone	(c) muscular foot (d) whole body						
6.	How many muscles work together to mov (a) One (b) Two	e a bone? (c) Thre <mark>e</mark> (d) Four						
	VERY SHORT ANSWER QUESTIONS							
7.	Name the type of joint of your hand which help you to grasp a badminton racquet.							
8.	What would have happened if our backbone was made of one single bone?							
9.	<ul> <li>Provide one word answers to the statements given below.</li> <li>1. Joint which allows movement in all directions.</li> <li>2. Hard structure that forms the skeleton.</li> <li>3. Part of the body with a fixed joint.</li> <li>4. Help in the movement of body by contraction and relaxation.</li> <li>5. Bones that join with chest bone at one end and to the backbone at the other end.</li> <li>6. Framework of bones which gives shape to our body.</li> <li>7. Bones which enclose the organs of our body that lie below the abdomen.</li> <li>8. Joint where our neck joins the head.</li> <li>9. Part of the skeleton that forms the earlobe.</li> </ul>							
10.	Write the type of joint which is used for e (a) A cricket bowler bowls the ball. (b) A girl moves her head in right and left (c) A person lifts weights to build up his b	direction.						
	SHORT ANSWER QUESTIONS							
11.	Match the name of the animals given in C	olumn I with its body parts used for movement given in						

Column II.

#### Column I (a) Humanbeing

- (b) Cow
- (c) Snake
- (d) Engle
- (e) Fish

Column II

(i) Fins (ii) Wings (iii) Legs (iv) Whole Body (v) Limbs

### BODY MOVEMENTS



12. Given below is a list of different types of movements in animals.

## Running, Jumping, Walking, Slithering, Crawling, Flying, Swimming, Creeping

Write the types of movements seen in each animal.

- (b) Horse (a) Duck
- (c) Kangaroo (d) Snail
- (e) Snake (f) Fish
- (g) Human beings (h) Cockroach
- 13. Boojho fell off a tree and hurt his ankle. On examination the doctor confirmed that the ankle was fractured. How was it detected?
- Bones are hard structures and cannot be bent. But, we can still bend our elbow, knee, etc. How is 14. this possible?
- 15. Which type of movement would have been possible if (a) our elbow had a fixed joint. (b) we were to have a ball and socket joint between our neck and head.
- 16. Earthworms are known as 'farmer's friends'. Why?

### LONG ANSWER QUESTIONS

- 17. (a) Unscramble the jumbled words and write them in the blank spaces provided. (v) arctigeal .....
  - (i) neosb .....
  - (ii) tnemevom .....
  - (iii) iontcaronct .....
  - (iv) lsecsum .....
- (viii) laxaeriont ..... (b) Read the following paragraph and fill in the blanks using the words you unscrambled. form the skeleton of the human body. They provide the to the body and help in \_\_\_\_\_(d)\_\_\_\_\_ They protect the (a) \_\_and \_\_ \_(b)\_ framework, give \_ (c)The bones are moved by alternate (f) and (q) of two (e)

(vi) epahs

(vii) sangro inerlan .....

sets of (h) attached to them.

- How is the skeleton of a bird well-suited for flying? 18.
- 19. In Fig. 3.2 there are two snakes of the same size slithering on sand. Can you identify which of them would move faster and why?

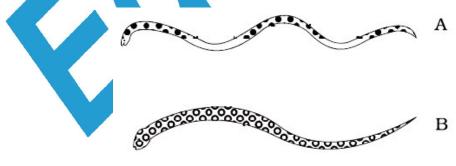


Fig. 3.2