Source of Food - Animals

- 1. Answer the following questions.
 - A. How can we use animal food?
 - B. What do you mean by food chain?
 - C. Which food is called ideal food?
 - D. What are proteins?
 - E. Which type of meat is called red meat?

2. Write True or False:-

- A. Milk, eggs and meat are an important example of plants.
- B. Egg is a good source of protein and vitamin.
- C. Meat is of two types.
- D. White meat is not healthier.

3. Fill in the blanks:-

- A. Milk is rich in _____. (vitamins/calcium)
- B. Animals are also a good source of ______. (stem/food)
- C. The ______ of the egg is mostly made up of egg. (iron/yolk)
- D. _____and _____are the types of meat.

4. Match the following-

| Column A | Column B |
|----------------|-----------|
| i. Chickens | A. Meat |
| ii. Sheep | B. Animal |
| iii. Pigs | C. Milk |
| iv. Food chain | D. Eggs |