

Care of Teeth

1. True or False:-

- A. Cavity is a common problem in our teeth.
- B. Protein rich foods are good for your teeth.
- C. Vitamin A keeps our teeth and gum healthy.
- D. Brush your teeth twice a day.
- E. Carrot and sugarcane are good for teeth.

2. Fill in the blanks.

- A. _____ Cold drinks are harmful for the teeth.
- B. _____ Produce substance called acid which harms the enamel.
- C. If the cavities reach the _____ the tooth starts paining.
- D. Once _____ teeth fall, off, new teeth will not grow at that place.

3. Answer the following questions:-

A. What will happen to your teeth if you do not brush them regularly?

B. Mention Some ways in which we can protect teeth from decay?

C. What should you do to keep your teeth healthy?

D. What is enamel?

E. What are cavities?
