

HEALTH IS WEALTH

1. Answer the following questions:

A. Who won the race?

B. What has Ruhi seen about Tiny?

C. What is Tiny doing?

D. What is junk food?

E. Why should we not eat junk food?

2. True / False

A. Meha won the race again.

B. Tina has been playing a lot of games on computer.

C. Tina is not happy with her T.V and computer.

D. Tina listens to what her parents her parents say.

E. Junk food is healthy for our health.

3. Change singular into plural.

SINGULAR

PLURAL

A. Box

B. Book

C. Cat

D. Pencil

E. Table

F. Child

G. Knife

H. Ice cream

I. Thief

4. ACTIVITY

Write five food items which are healthy for us.

A. _____

B. _____

C. _____

D. _____

E. _____