



First Aid Exercise





A. Multiple Choice Questions (MCQs).

Choose the correct answer from the following:





1. What disease may you get, if you are cut by a rusted object?

- a. Rabies b. Fracture c. Tetanus**

2. Which of the following do not carry rabies virus?

- a. Dogs b. Hens c. Wolves**

3. A crack or a break in a bone is called

- a. wound b. burn c. sprain**



4. To put out the fire caused by electricity we should

- a. throw sand b. throw petrol c. throw water**

5. A bandage tightly tied over the wound to stop the bleeding is called

- a. Tourniquet b. splint c. ice pack**



B. Fill in the blanks.

1. _____ injection must be taken, when cut by a rusted object.

2. Swelling and sometimes discoloration is caused by

_____.





3. All expired _____ must be thrown away or destroyed.
4. _____ provides support to broken bone.
5. Never throw _____ to stop a fire caused by electricity.





C. Answer the following questions.

1. Define the first aid.

2. What are the three basic steps to treat a minor burn?

3. What is hydrophobia? What causes this disease?

4. Name all the animal carrying rabies virus.





5. How to treat a snake bite? Explain.

6. What first aid should be given to a person with a severe burn?

7. How will you help a child with a nose bleeding?

8. What is the use of splint in giving first aid to fractured person?

9. What first aid should be given for sprains?





Life Skill

A. Draw a chart of road signs which you have seen while travelling and write the meaning of these signs.





B. Check safety arrangements in your house and at school building for fire-fighting. Make a list of some safety measures to suggest.

C. With the help of your elders, make a first aid box for your home.





D. Discuss all the mishappening given in this chapter, with your grandparents and find out the safety measures and cure they often used for themselves when they were young.

