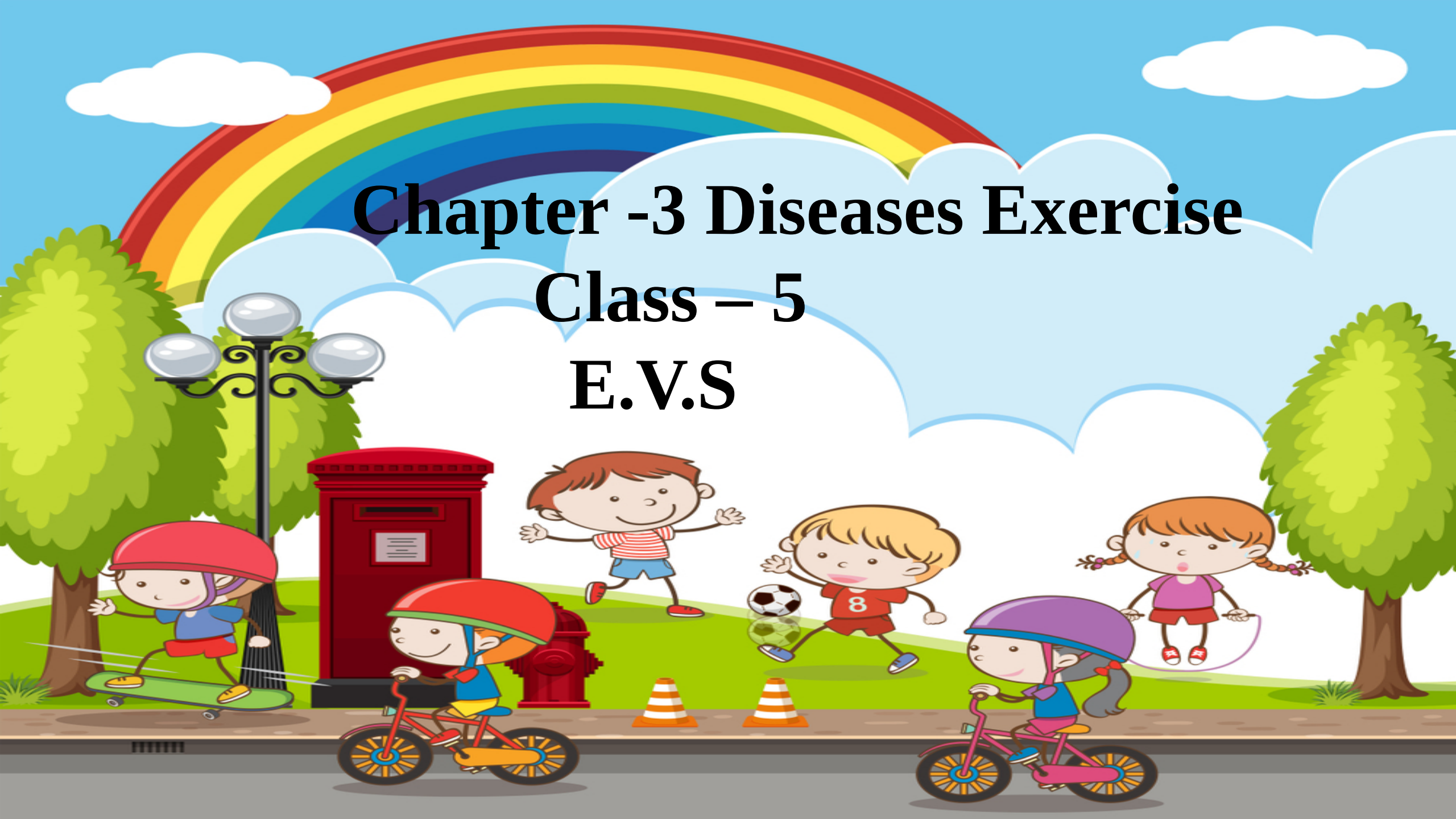
Chapter -3 Diseases Exercise

Class – 5

E.V.S



A. Multiple Choice Questions (MCQs).

Choose the correct answer from the following:

1. What makes our body healthy?

   a. Books b. Balanced diet c. Fruits d. Milk only

2. Which of the following is a communicable disease?

   a. Beri-Beri b. Polio c. Hypertension d. Diabetes

3. Which of the following diseases can be prevented by vaccination?

   a. AIDS b. Fever c. Diabetes d. Polio

4. Night blindness is caused by the deficiency of

   a. vitamin A b. carbohydrate c. vitamin D d. iron

B. Fill in the blanks.

1. Germs in the milk are killed by _____.
2. Deficiency of _____ causes scurvy.
3. _____ is a disease in which body becomes pale.
4. Deficiency of iodine in the body causes _____.
5. _____ , _____ and _____ , are responsible for communicable diseases.

C. Answer the following questions.

1. Name some food products which contain Vitamin C.

2. Name some communicable diseases.

3. Which kind of disease is caused by the lack of iron?

4. Write the symptoms of goitre.

5. Distinguish between communicable and non-communicable diseases.

6. Explain some ways of controlling communicable diseases.

7. What precautions should be taken to avoid malaria?

Life Skill

A. Learn how handwashing, standard precautions and immunizations prevent infectious diseases.

(i) Always eat fruits and vegetables after washing them properly.

(ii) Stay away from the infected person.

(iii) Keep your surroundings clean.

B. Assignment

Make a list of diseases caused by the deficiency of vitamins and also mention their symptoms. Write the name of food product containing vitamins.

C. Chart

Make a chart showing various communicable and non-communicable diseases.

Thank you