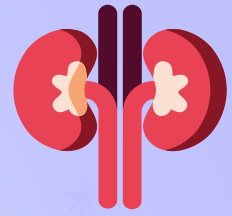


A. Tick (✓) the correct word and complete the sentence.

1. I hold my bag with my _____. hands / mouth
2. I jump with my _____. hands / legs
3. _____ helps me to move my head. hands / neck
4. I hear different sounds with my _____. eyes / ears





B. Circle the correct word.

1. My hands help me to

colour

stand

write

play

hold

pick

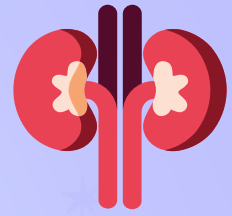
dance

throw

eat

run





B. Circle the correct word.

2. My legs help me to

taste

walk

hop

stand

see

climb

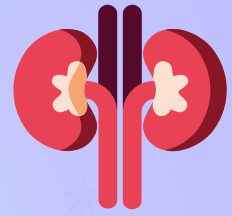
eat

kick

talk

run





C. Match the following columns.

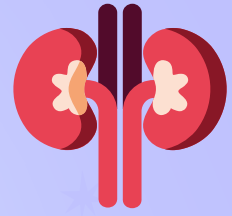
Column-I

1. Write
2. Smell
3. Run
4. Hold
5. Hear

Column-II

- (a) Nose
- (b) Fingers
- (c) Ears
- (d) Hands
- (e) Legs

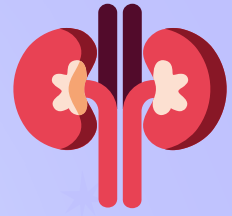




D. Answer the following questions—

1. Which part of your body helps your head to move?

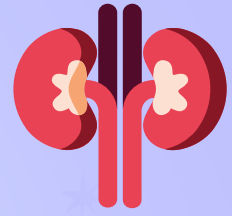




D. Answer the following questions—

2. Which part of your body helps you to run in the playground?

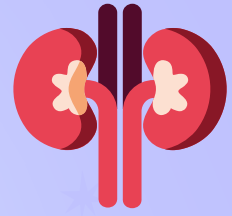




D. Answer the following questions—

3. How many toes do you have in each foot?

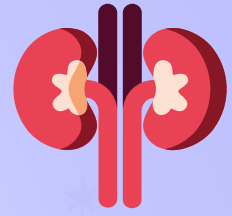




D. Answer the following questions—

4. Write the name of your sense organs.





D. Answer the following questions—

Brain Sharpening Questions

- 1. You want to go for trekking. Which body parts will help you in climbing?**
- 2. Name any two works in which many parts of the body move together.**



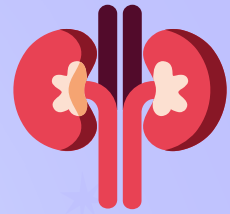


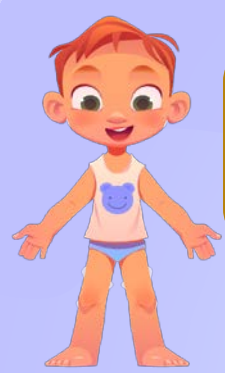
Life Skills

A. Healthy Body

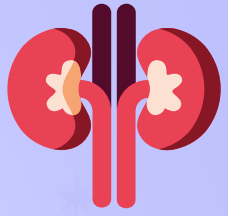
We should always keep our body healthy. Tick (✓) the activities you do to keep yourself healthy:

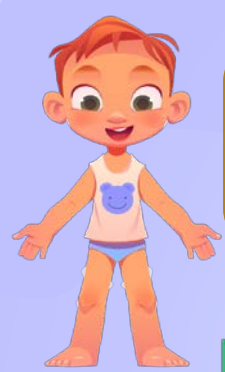
- a. I wake up early in the morning.
- b. I brush my teeth and take bath regularly.
- c. I do exercise to keep my body fit.
- d. I eat green vegetables and fruits.
- e. I eat covered and fresh food.

☐☐☐☐☐

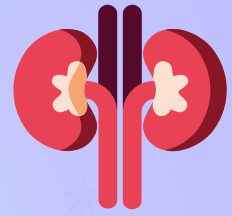


B. A hand has four fingers and a thumb. Write the names of these fingers and label them in the picture given below.





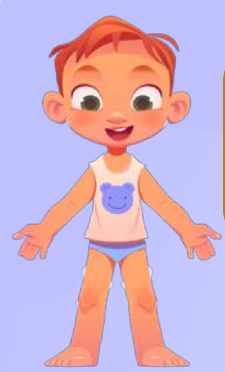
C. Stand in front of the mirror. Observe, which parts of your body are in pairs and which are single.



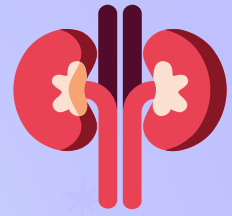
Make a list of these parts:

Pair	Single
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____

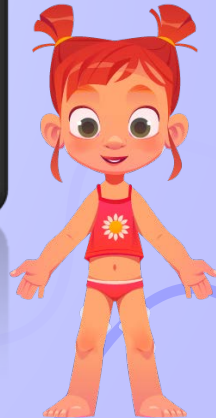


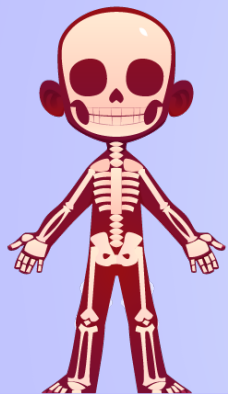
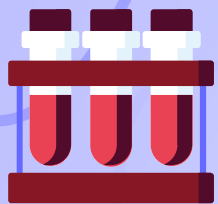


D. Make a list of all activities you do at the school everyday:



1. I _____
2. I _____
3. _____
4. _____





**THANK
YOU**

