

Chapter- 1
Organ System Exercise
Class 4
E.V.S.





A. Multiple Choice Questions (MCQs).

Choose the correct answer from the following:





1. Muscular system consists of

a. only bones

b. only muscles

c. bones and muscles

2. Total number of bones in human body is

a. 205

b. 211

c. 206

3. The organ system helps in the digestion of food is

a. digestive system

b. circulatory system

c. excretory system

4. Brain receives and sends information to different body parts through

a. vessels

b. nerves

c. pipes

5. Oxygenated blood is carried by

a. veins

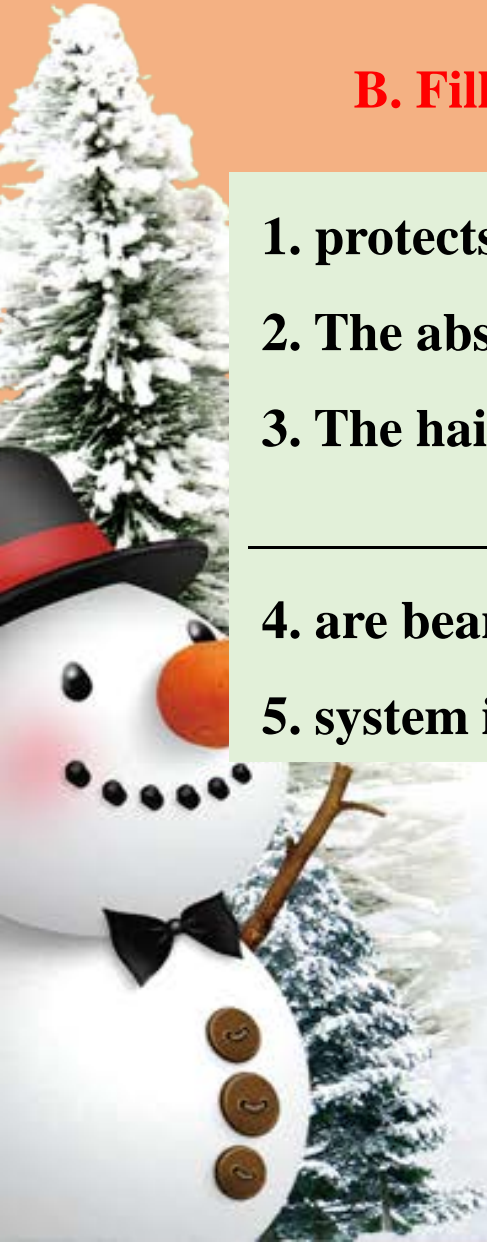
b. arteries

c. nerves

B. Fill in the blanks.

1. protects all the soft organs of the body. _____
2. The absorbed nutrients provide _____ to the body.
3. The hair in the nose clean the air by catching and . _____

4. are bean-shaped structures. _____
5. system is responsible for producing babies.



C. State whether the given statements are True or False.

1. At joints the bones can move over one another.
2. Lungs throw out excess of water as sweat.
3. Messages from all parts of the body comes to the brain through the nerves.
4. The process of taking in and sending out air by the lungs is called breathing.



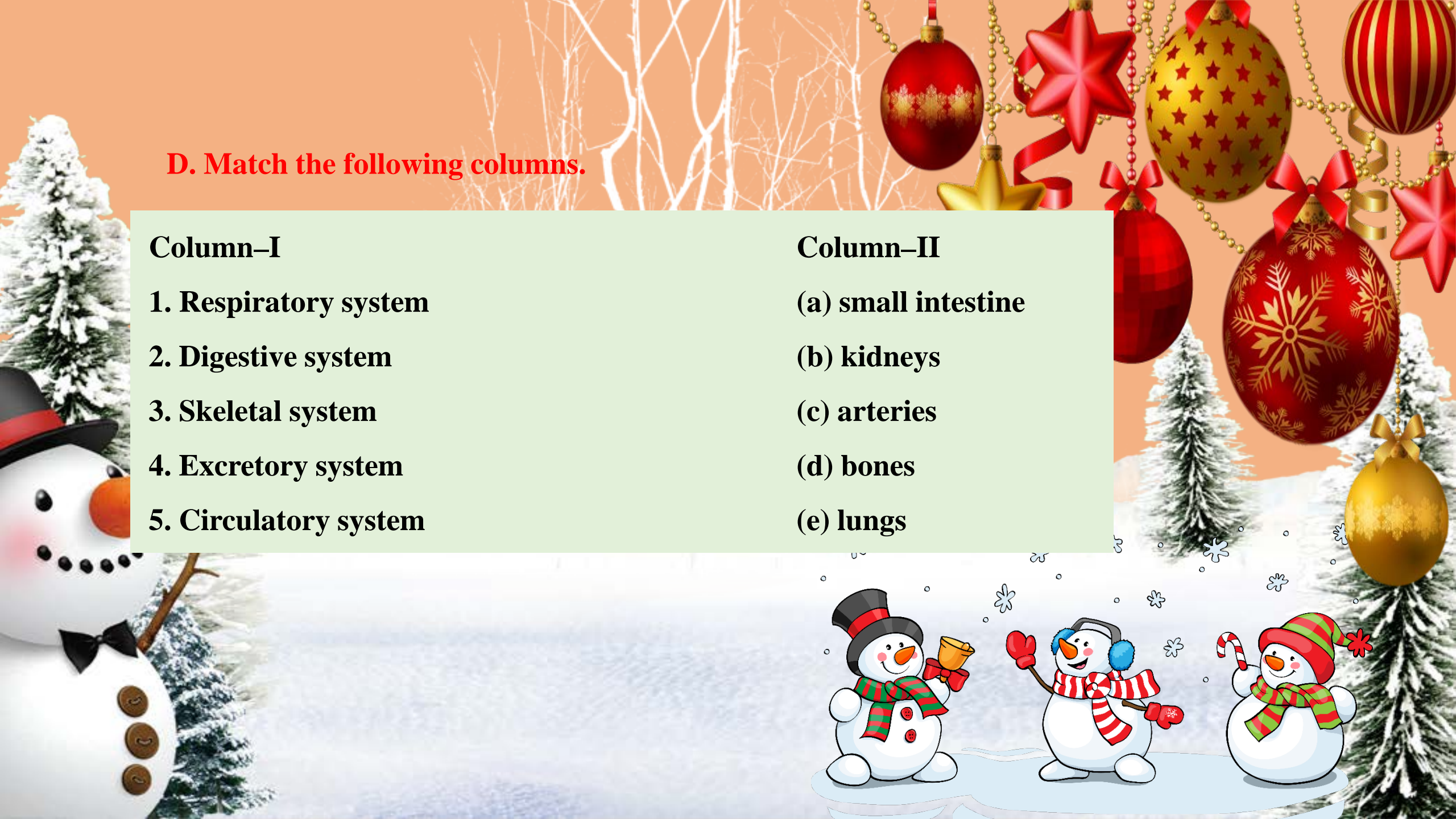
D. Match the following columns.

Column-I

- 1. Respiratory system**
- 2. Digestive system**
- 3. Skeletal system**
- 4. Excretory system**
- 5. Circulatory system**

Column-II

- (a) small intestine**
- (b) kidneys**
- (c) arteries**
- (d) bones**
- (e) lungs**



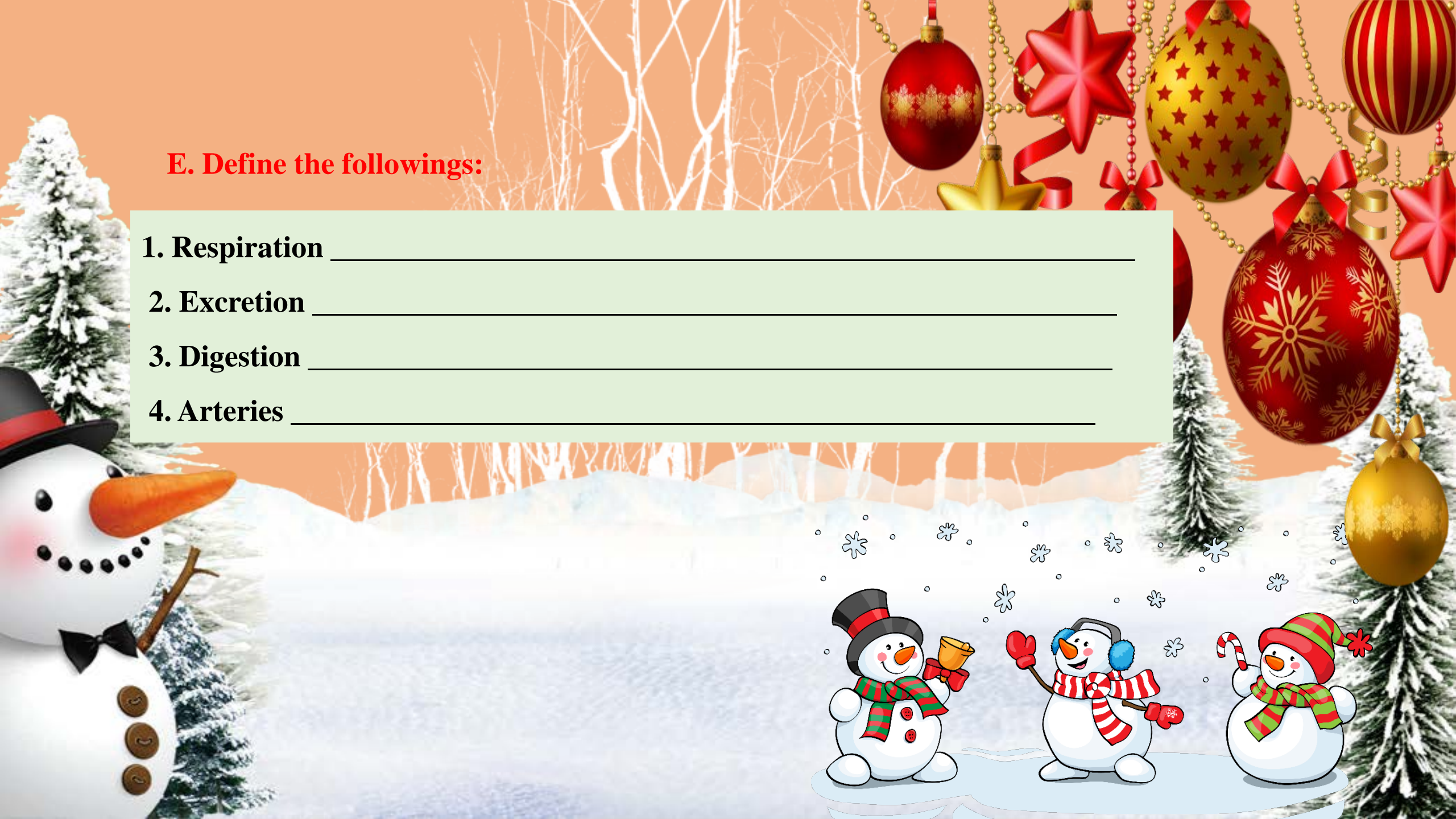
E. Define the followings:

1. Respiration _____

2. Excretion _____

3. Digestion _____

4. Arteries _____



F. Answer the following questions.

1. What are the different parts of the excretory system?





2. Discuss the respiratory system of human body?



3. What is the function of the digestive system?



4. What is the function of blood?



Life Skill

A. Body care

Our body helps us to carry out all the activities of life. It is a gift of God to us. As the machine needs maintenance so does our body needs care. Write yes/no to the steps you follow to care your body.

a. I wake up early in the morning.

b. I brush my teeth and take bath regularly.

c. I do exercise to keep my body fit.

d. I eat green vegetables and fruits.

e. I avoid junk food.

f. I sleep at least eight hours a day.

g. I drink lots of water.



B. Prepare a model showing different organ systems of our body by using the following objects :

Thermocol sheet, colours, pins, fevicol, sparkles, marker, hard board, etc.



C. Arrange a group discussion on the topic given below :

“Our Body is a Machine.”

Thank
you

