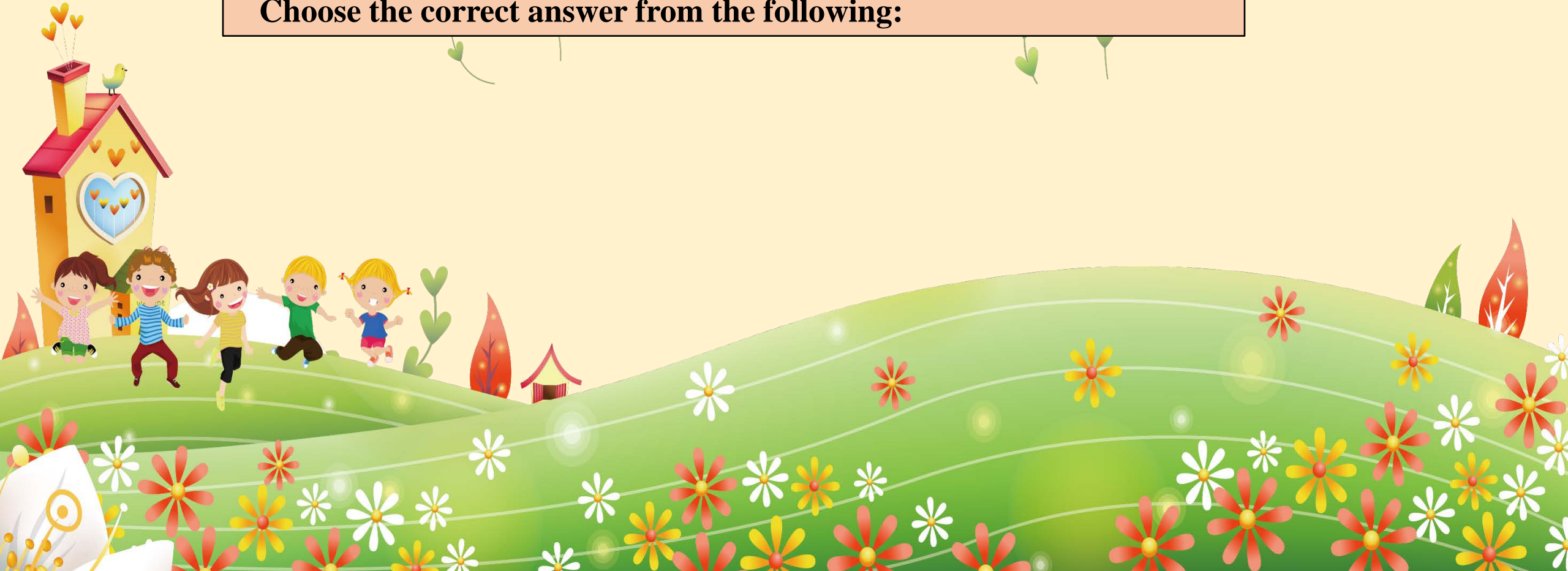


Human Body Exercise CLASS 3 E.V.S



A. Multiple choice questions (MCQs).

Choose the correct answer from the following:





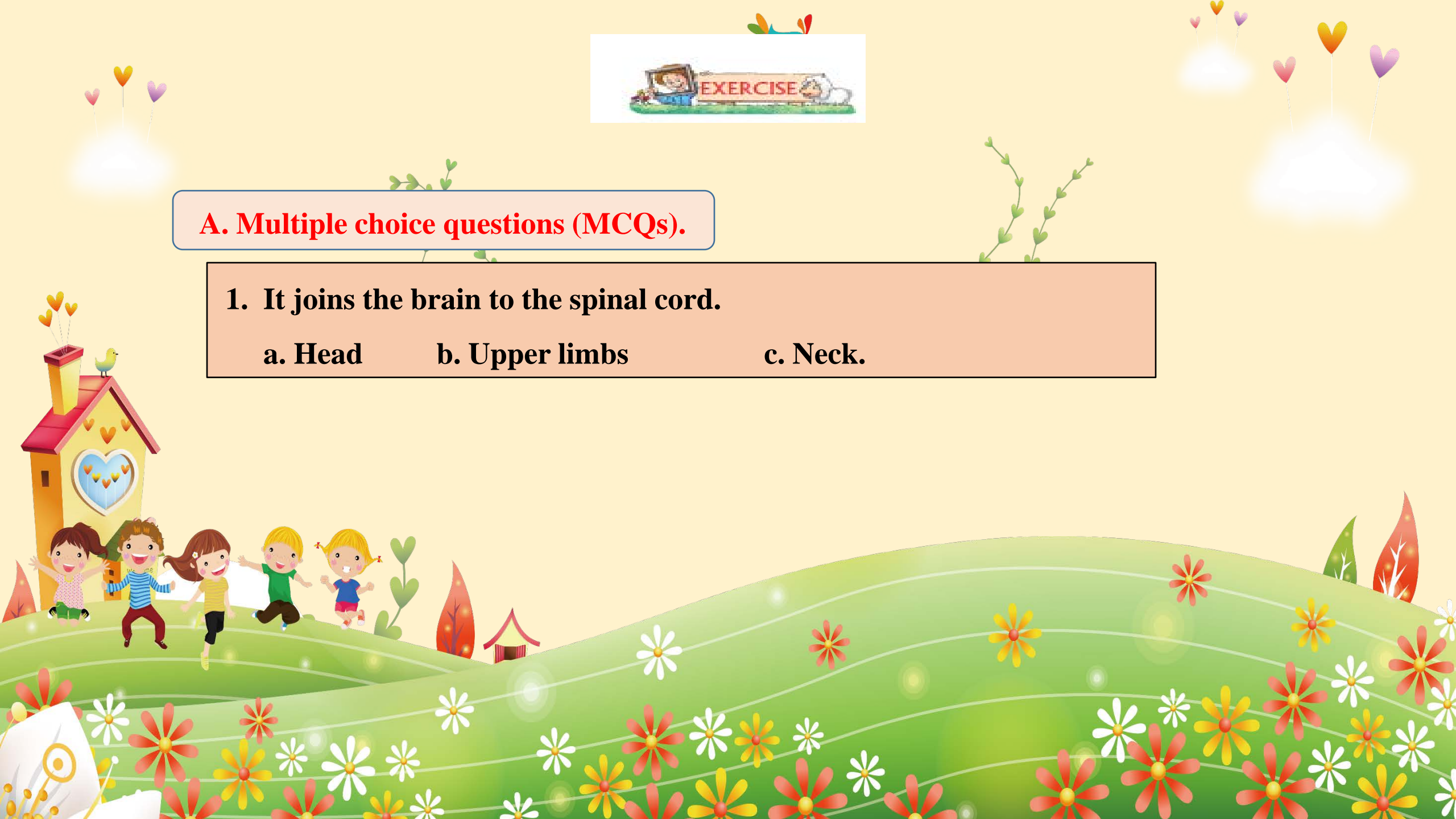
A. Multiple choice questions (MCQs).

1. It joins the brain to the spinal cord.

a. Head

b. Upper limbs

c. Neck.





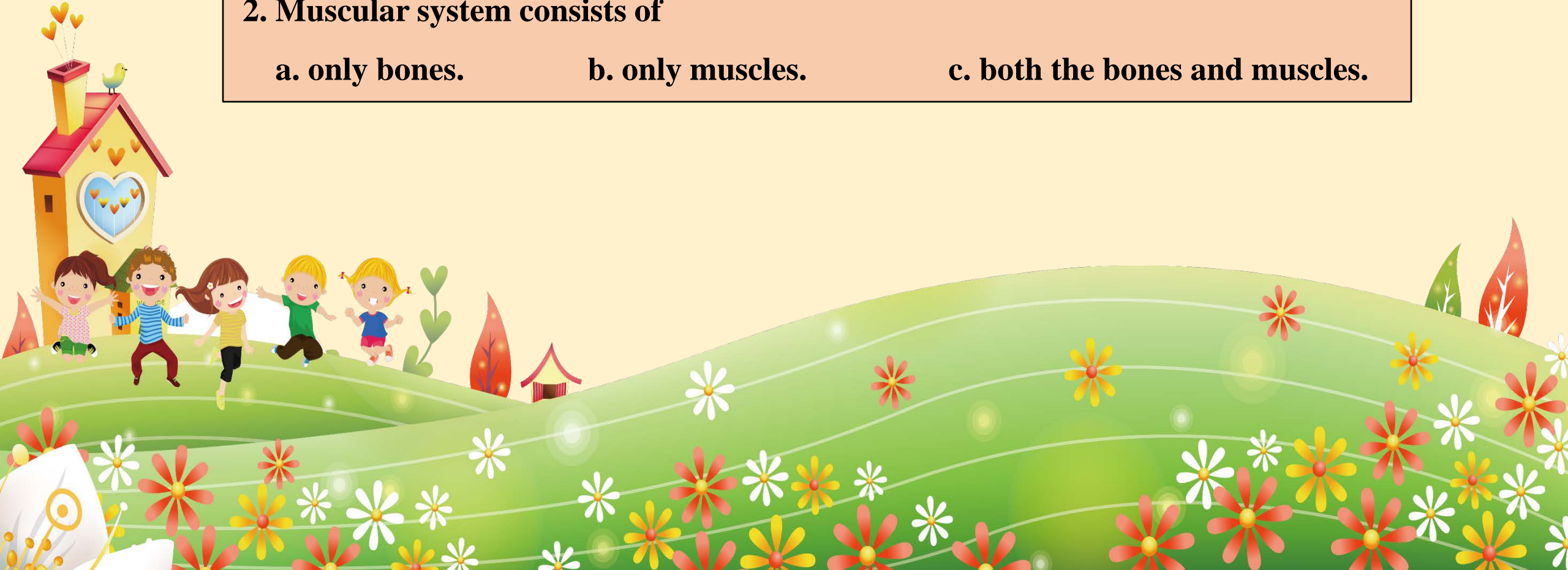
A. Multiple choice questions (MCQs).

2. Muscular system consists of

a. only bones.

b. only muscles.

c. both the bones and muscles.





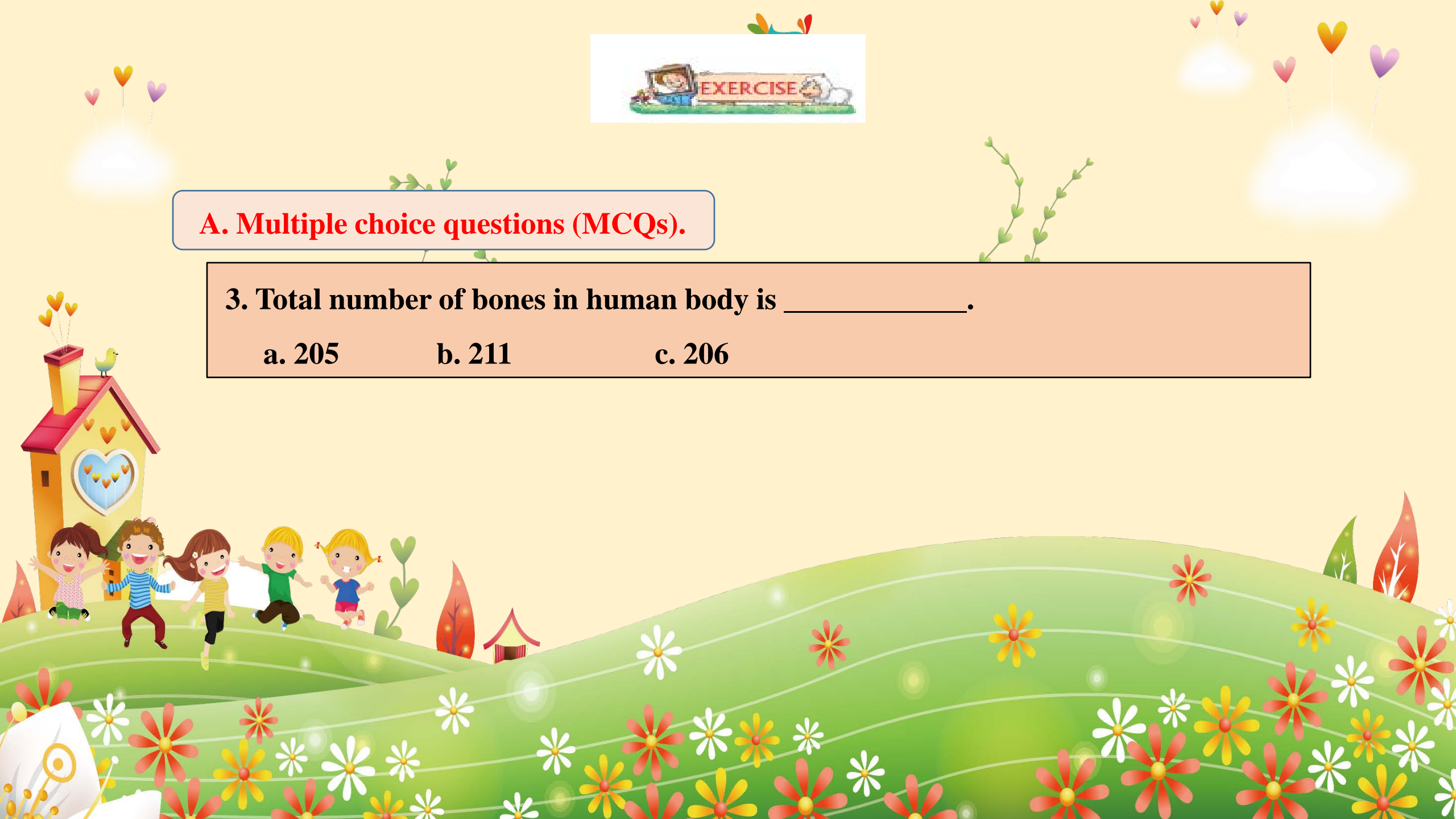
A. Multiple choice questions (MCQs).

3. Total number of bones in human body is _____.

a. 205

b. 211

c. 206





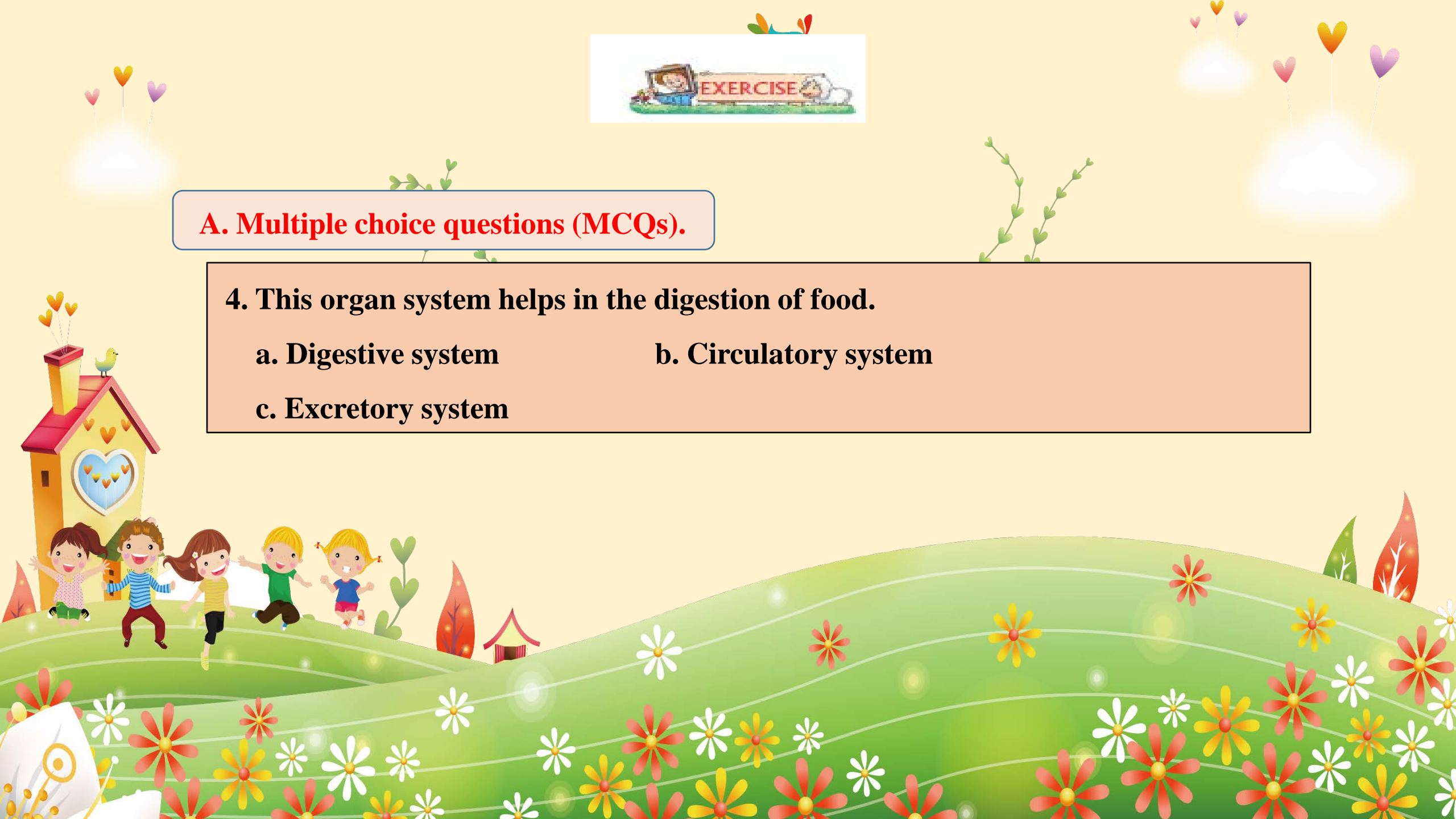
A. Multiple choice questions (MCQs).

4. This organ system helps in the digestion of food.

a. Digestive system

b. Circulatory system

c. Excretory system





A. Multiple choice questions (MCQs).

**5. Brain receive and send information from different body parts
through**

a. vessels

b. nerves

c. pipes



B. Fill in the blanks.

1. Hands are called the _____ limbs and legs are called the _____ limbs.
2. Eyes are protected by _____.
3. Nose has two small openings called _____ to breathe.
4. The various organs inside the body perform different _____.
5. Brain and nerves form the _____ system.



C. State whether the given statements are True or False.

1. We require help of both the limbs while swimming.
2. Ears receive sound and send it to the spinal cord.
3. Wind pipe is a part of digestive system.
4. Backbone supports the whole body.
5. Brain is situated inside the head.



D. Match the following columns.

Column-I

1. See, express, tears
2. Run, jump, walk
3. Touch, sweating, pressure
4. Send and receive message
5. Movement of the body

Column-II

(a)



(b)



(c)



(d)

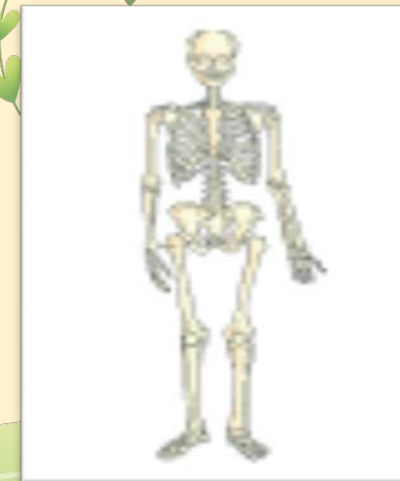
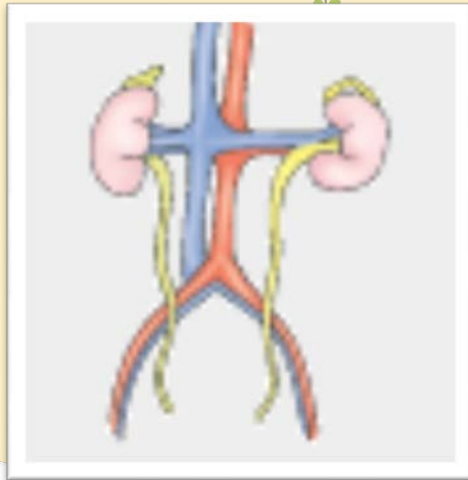


(e)



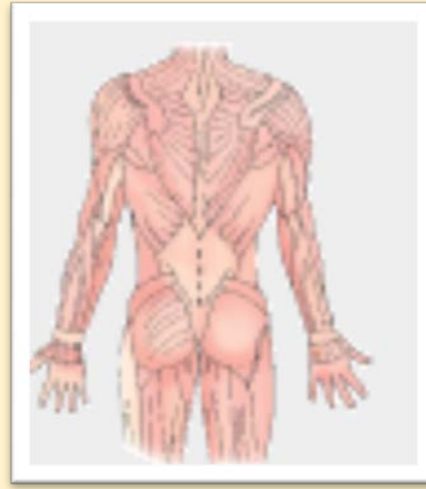


E. Name the following organ systems.





E. Name the following organ systems.





F. Unscramble the given words.

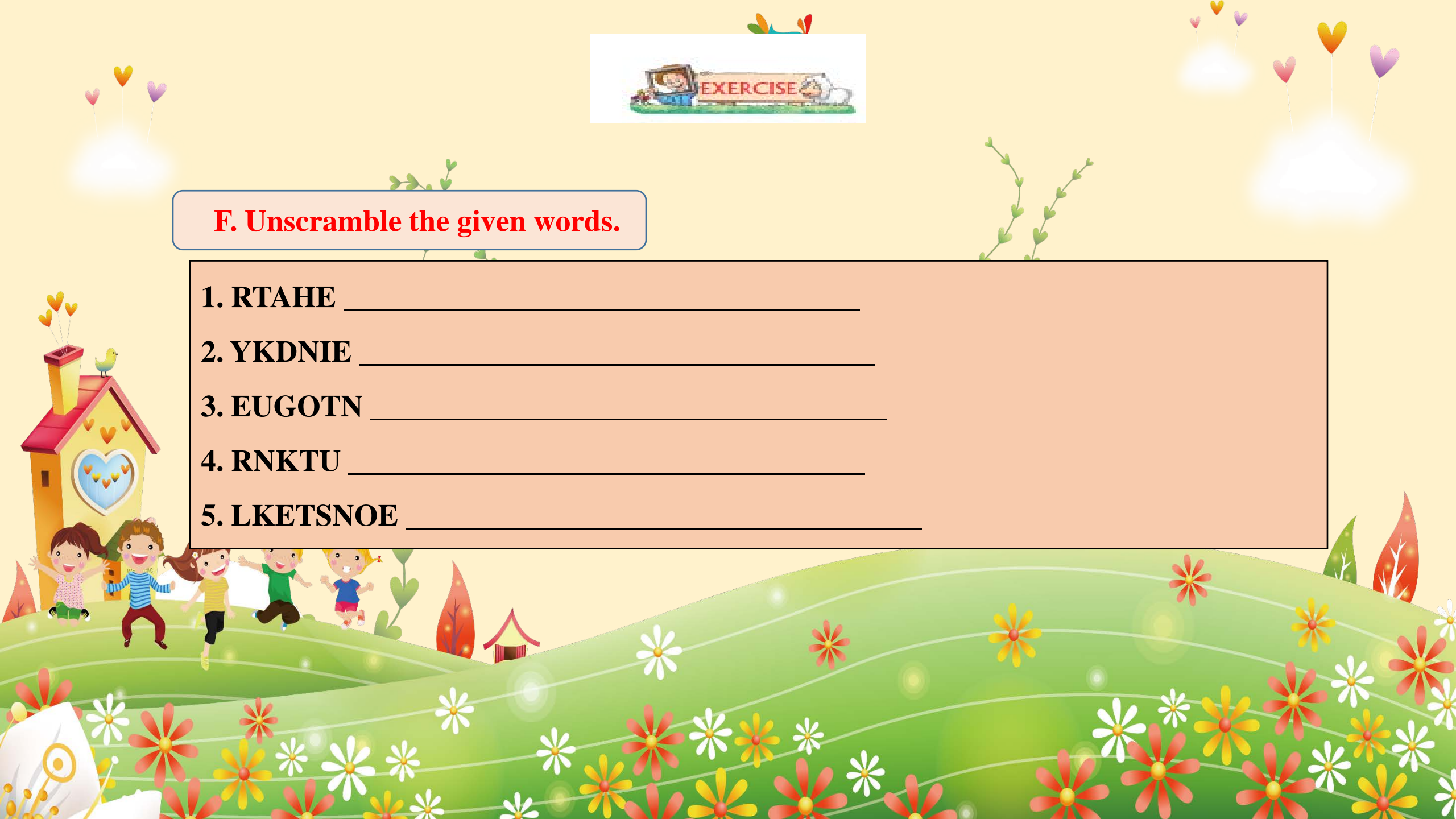
1. RTAHE _____

2. YKDNIE _____

3. EUGOTN _____

4. RNKTU _____

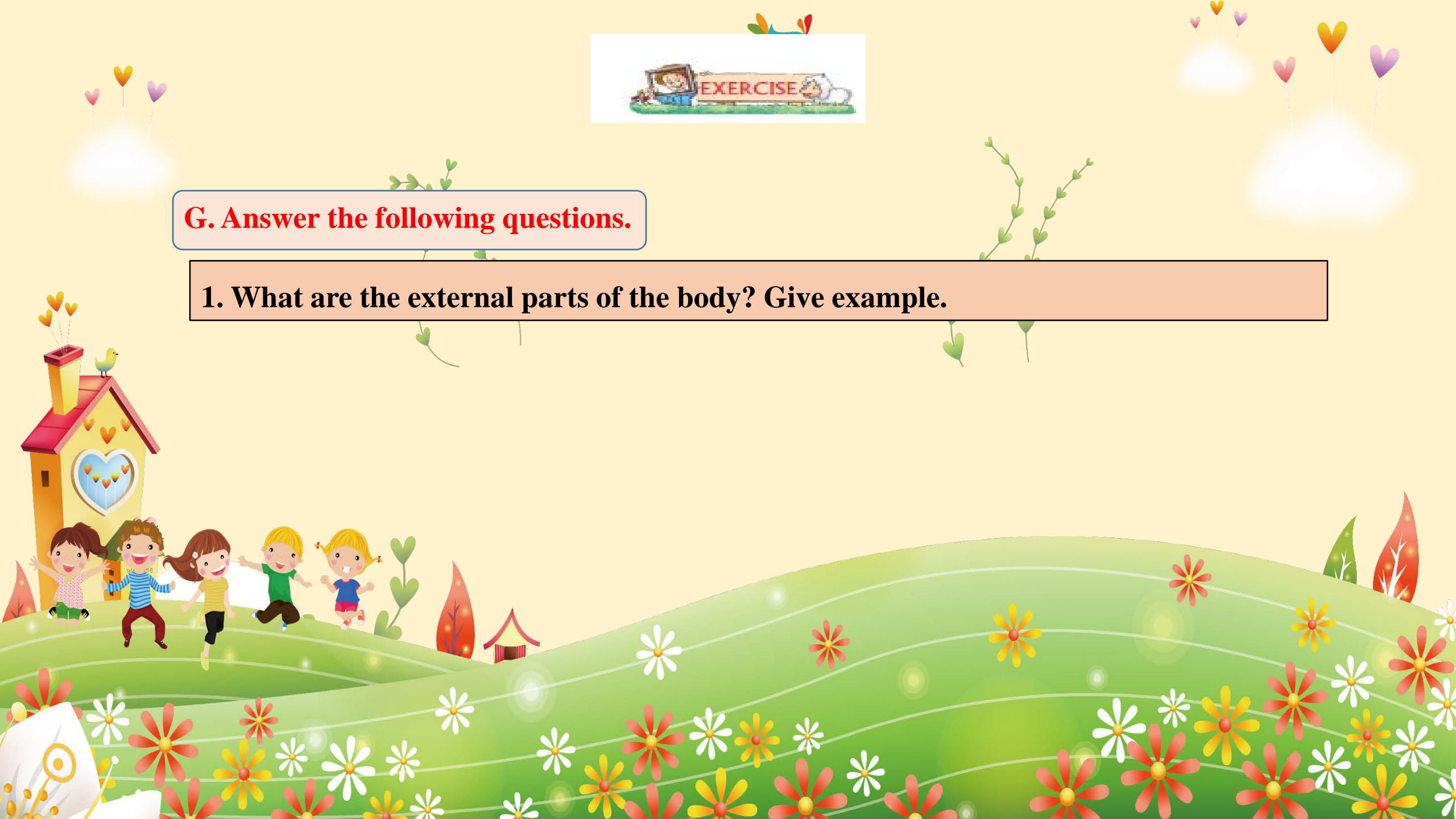
5. LKETSNOE _____





G. Answer the following questions.

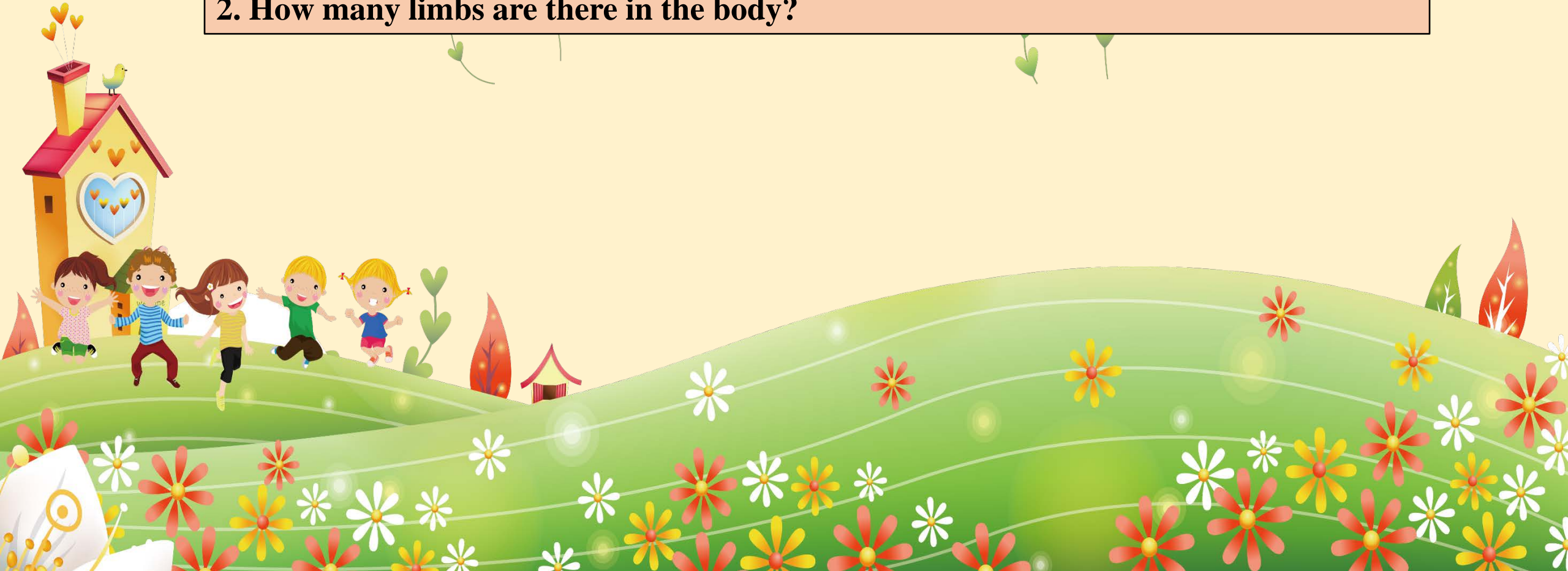
1. What are the external parts of the body? Give example.





G. Answer the following questions.

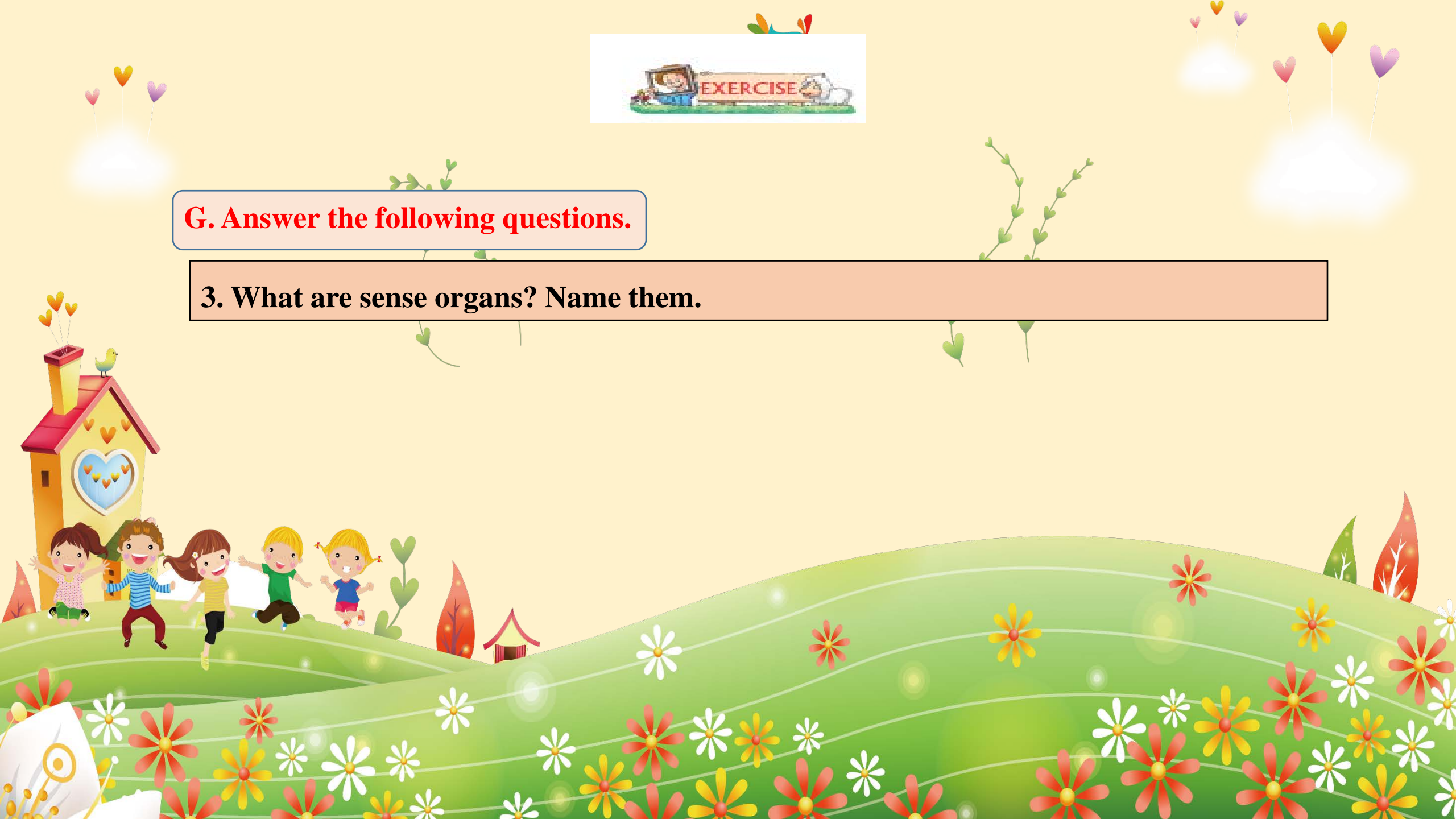
2. How many limbs are there in the body?





G. Answer the following questions.

3. What are sense organs? Name them.





G. Answer the following questions.

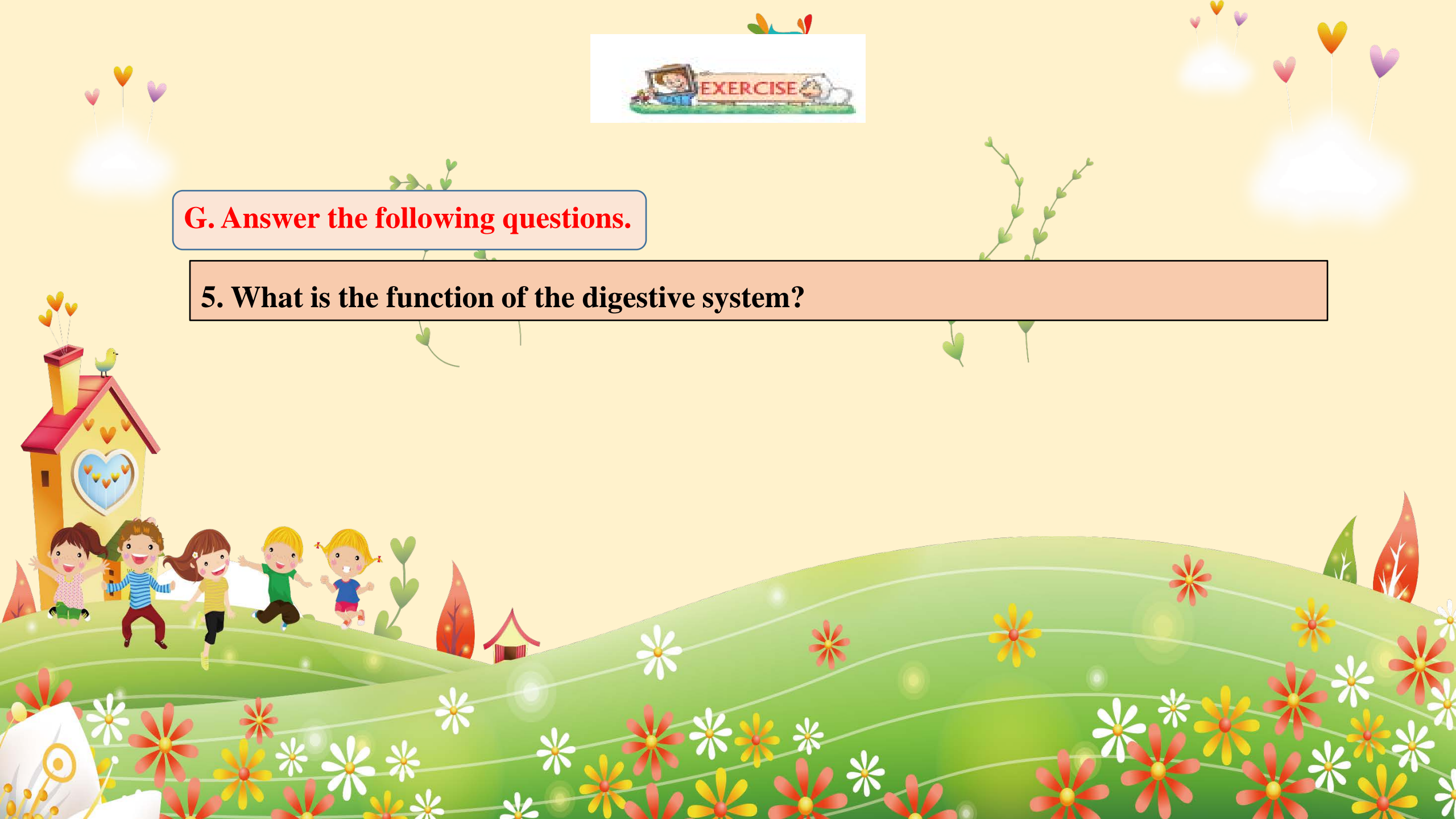
4. Name the parts of the respiratory system.





G. Answer the following questions.

5. What is the function of the digestive system?





H. Draw the following organs.

1. Eyes

2. Hands

3. Excretory system

4. Brain

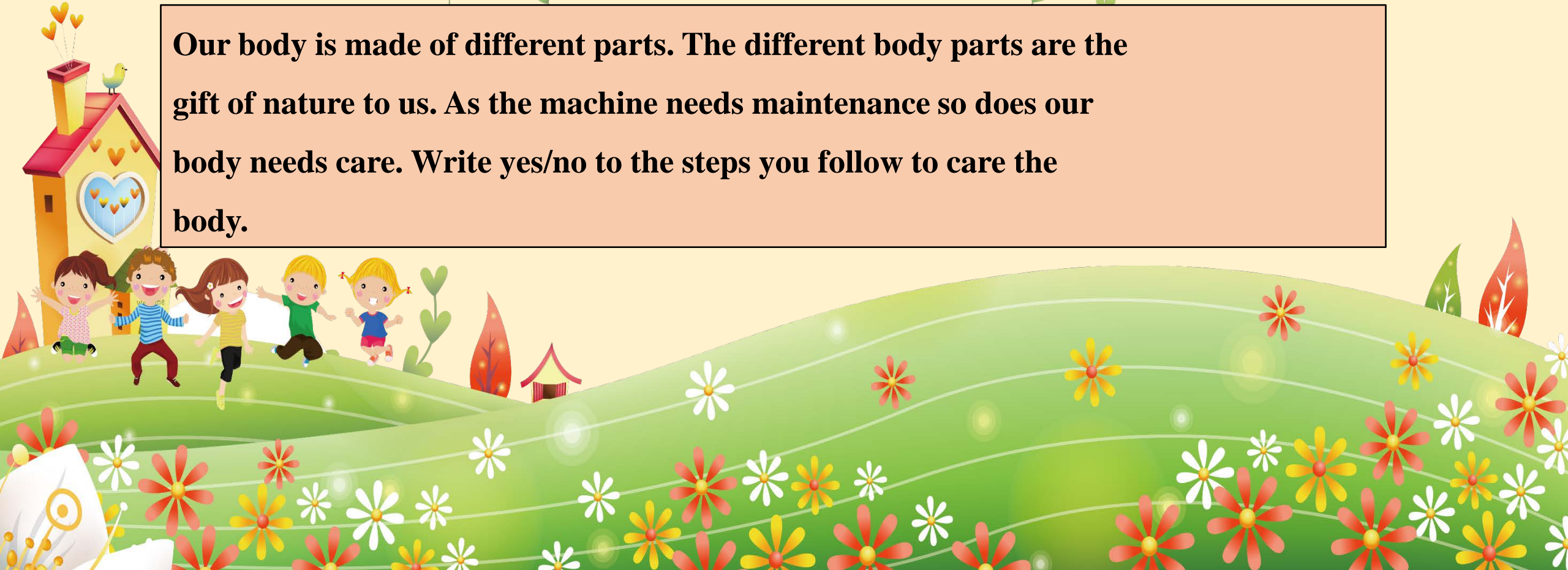




Life Skill

A. Body care

Our body is made of different parts. The different body parts are the gift of nature to us. As the machine needs maintenance so does our body needs care. Write yes/no to the steps you follow to care the body.





A. Body care

- a. Wake up early in the morning. _____
- b. Brush your teeth and take bath regularly. _____
- c. Do exercise to keep your body fit. _____
- d. Eat green vegetables and fruits. _____
- e. Avoid junk food. _____
- f. Sleep for at least eight hours a day. _____
- g. Drink lots of water. _____



B. Name a body part which rhymes with the given words. Write the function of that body part and draw the picture in your notebook.

a. Peck _____ b. Sydney _____

c. South _____ d. Young _____

e. Part _____ f. Train _____



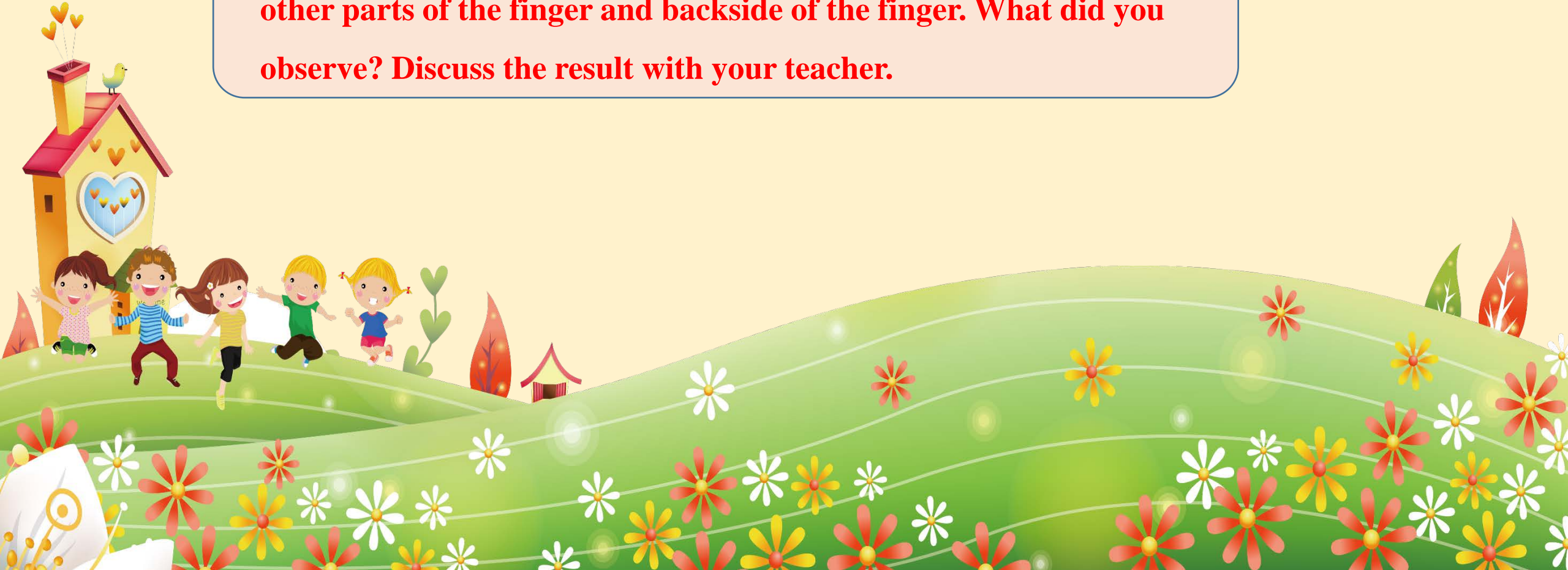


C. Make a table of different foods which taste sweet, sour, bitter and salty.

Taste	Food	Food	Food	Food	Food
Sweet					
Sour					
Bitter					
Salty					



D. Feel your pulse with the tip of your finger. Now feel pulse with the other parts of the finger and backside of the finger. What did you observe? Discuss the result with your teacher.



thank
you

