



GROWING UP

Exercise
CLASS 2
E.V.S



A. Fill in the blanks by selecting the right word from the help box.





energy people crawl grow weight



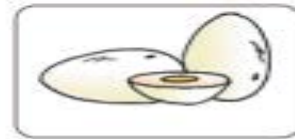


1. A baby learns to _____ before it starts standing.
2. Food gives us _____ to work.
3. Slowly our height and _____ increases.
4. We learn about things and _____ around us.
5. This is the way we _____ up.





B. Write the names of following food items in the given space.





C. Answer the following questions.

1. What helps us to grow?





C. Answer the following questions.

2. What does the child learn before standing?





C. Answer the following questions.

3. Name any four food items you like the most.





Life Skills

A. We should follow good habits. Good habits and good behaviour help us to progress in life. People with good habits and manners are loved and respected by all.





Tick (✓) on the good habits you follow.

- a. I always remember to say thank you.
- b. I go to school regularly.
- c. I do not tease the animals.
- d. I always say please, before asking for something.
- e. I never fight with anyone.

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B. On a chart paste pictures of :

1. A hen showing growth right from an egg to a grown up hen.
2. A man showing growth right from a new born to a grown up man.





C. Take few strips of colourful ribbons. Pin them on a chart at different heights. Hang the chart on the wall. Stand against the chart and measure your height and the height of your friends.



**Thank
You**

