

**My Body  
Exercise  
CLASS  
E.V.S**





**A. Identify the following body parts and complete their names.**



This is k \_ \_ e.



This is h \_ \_ d.



This is f \_ \_ t.





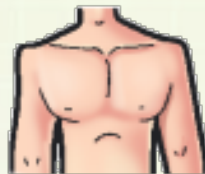
**A. Identify the following body parts and complete their names.**



This is a \_ m.



These are l \_ \_ s.



This is c \_ \_ st.



**B. How many do you have? Write in the given space.**

1. Hands

2. Feet

3. Nose

4. Eyes

5. Fingers

6. Legs

7. Ears

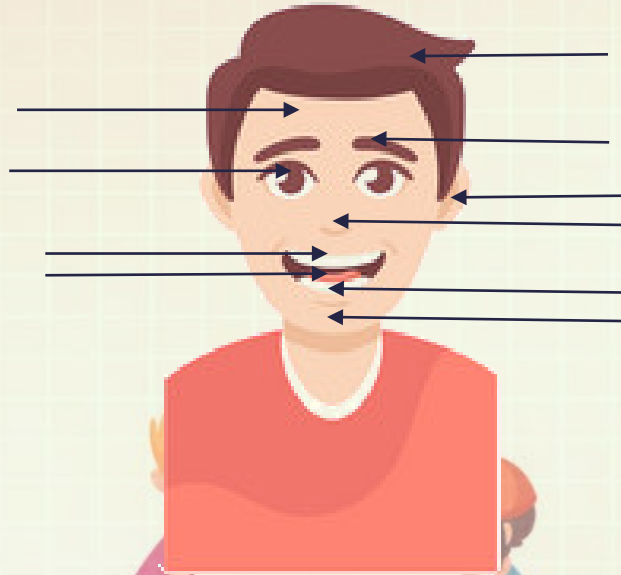
8. Mouth

9. Head



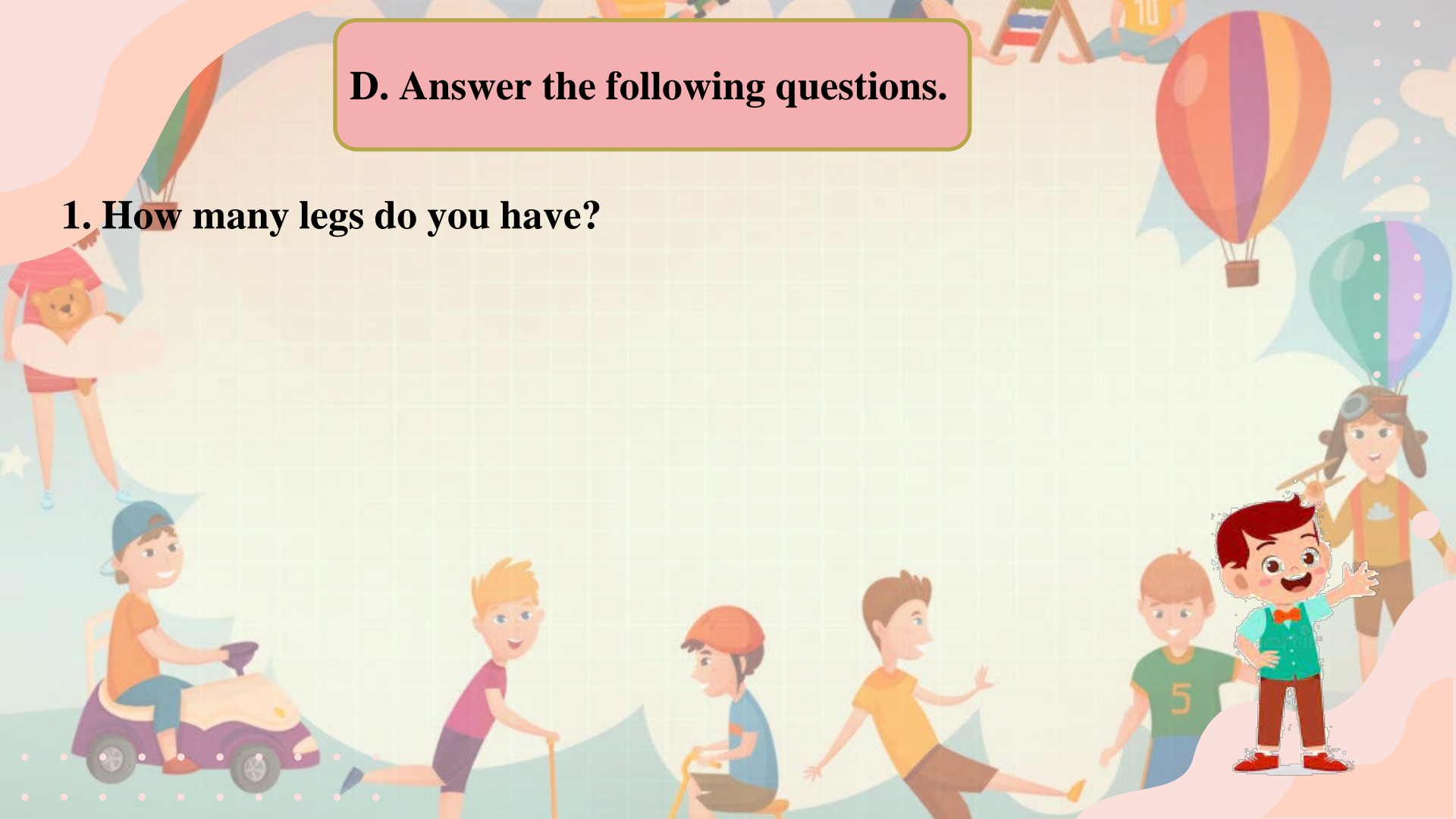


**C. Here is a picture of the face. Write the name of each part at the right place.**



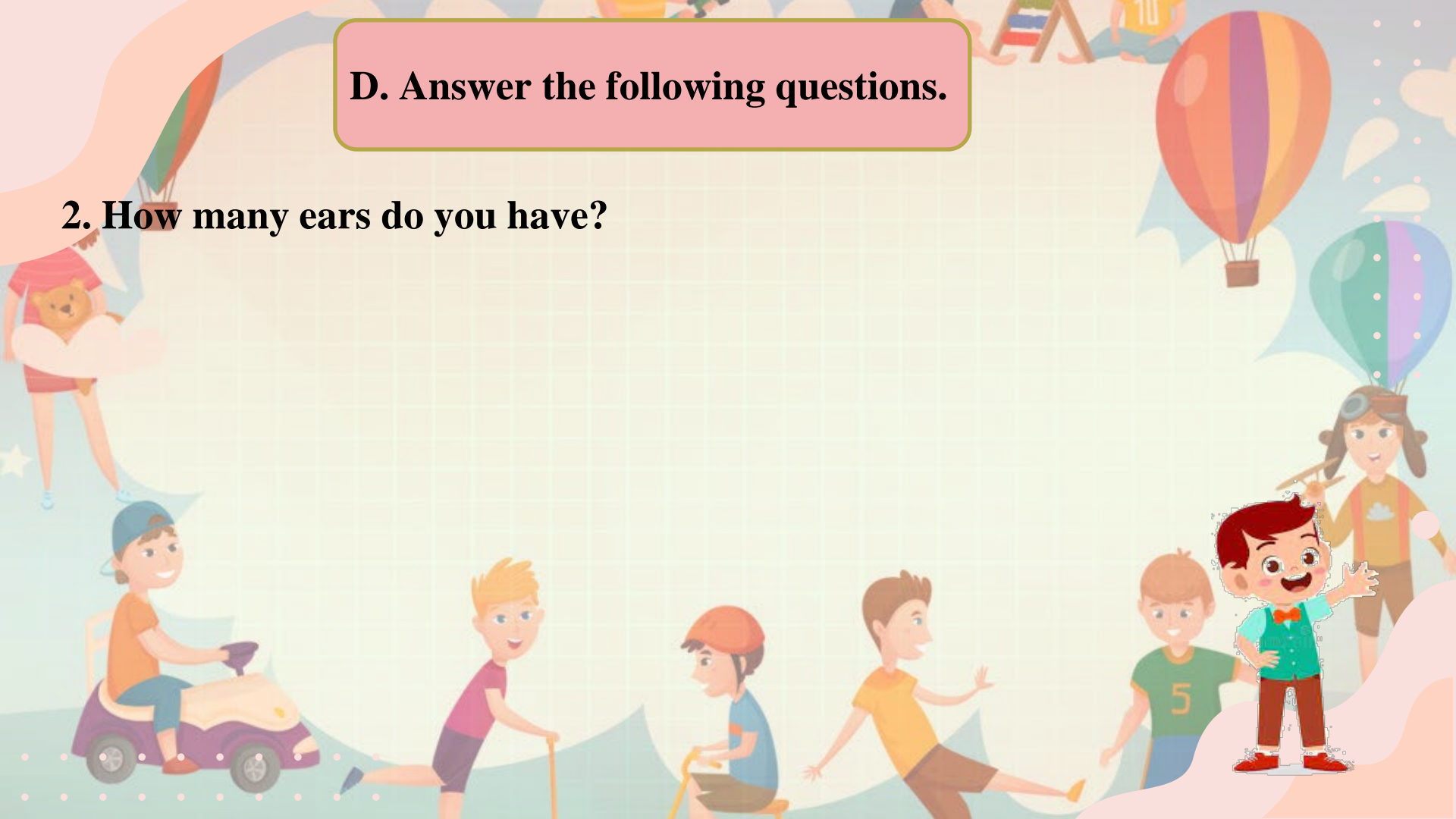
**D. Answer the following questions.**

**1. How many legs do you have?**



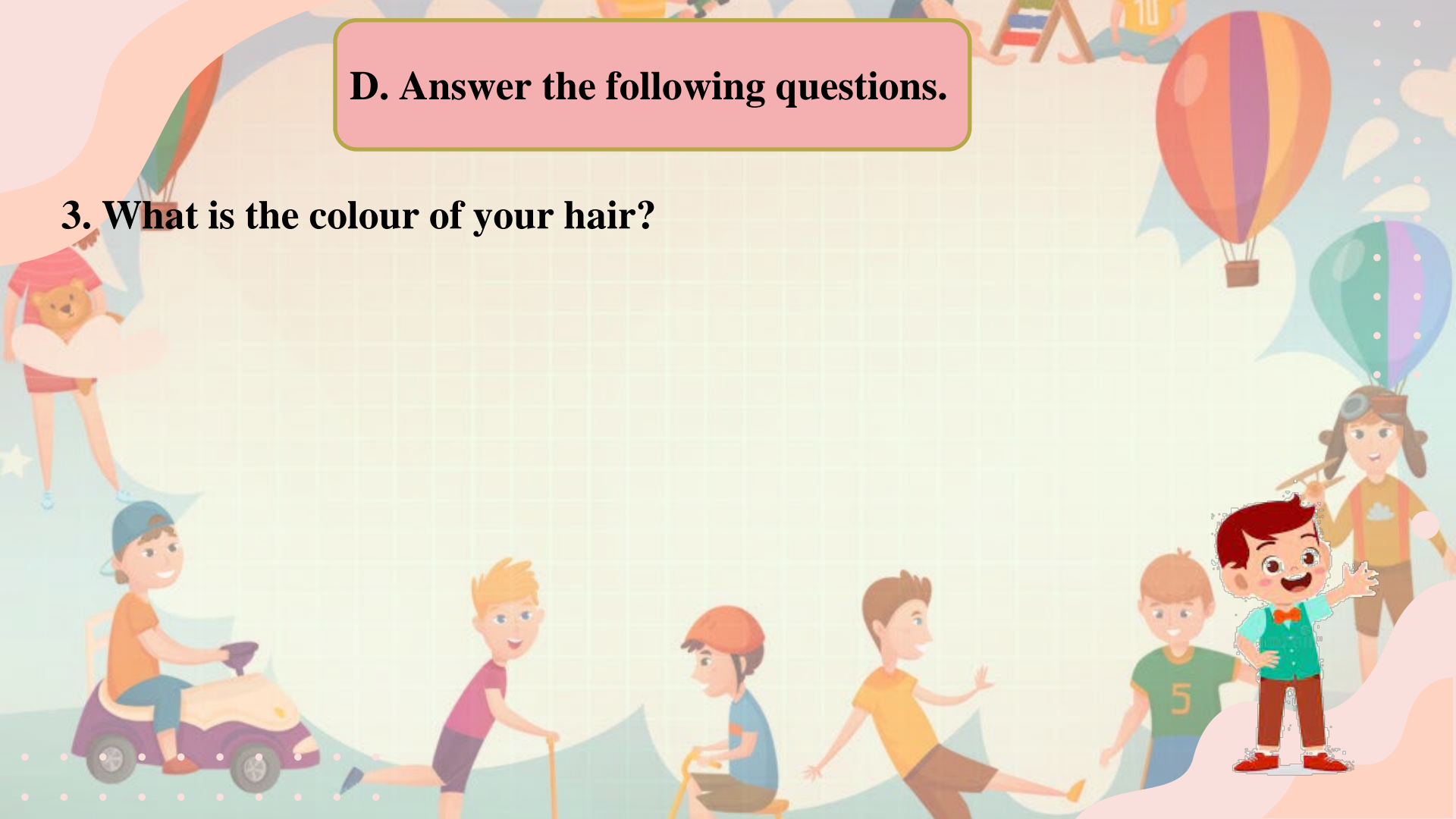
**D. Answer the following questions.**

**2. How many ears do you have?**



**D. Answer the following questions.**

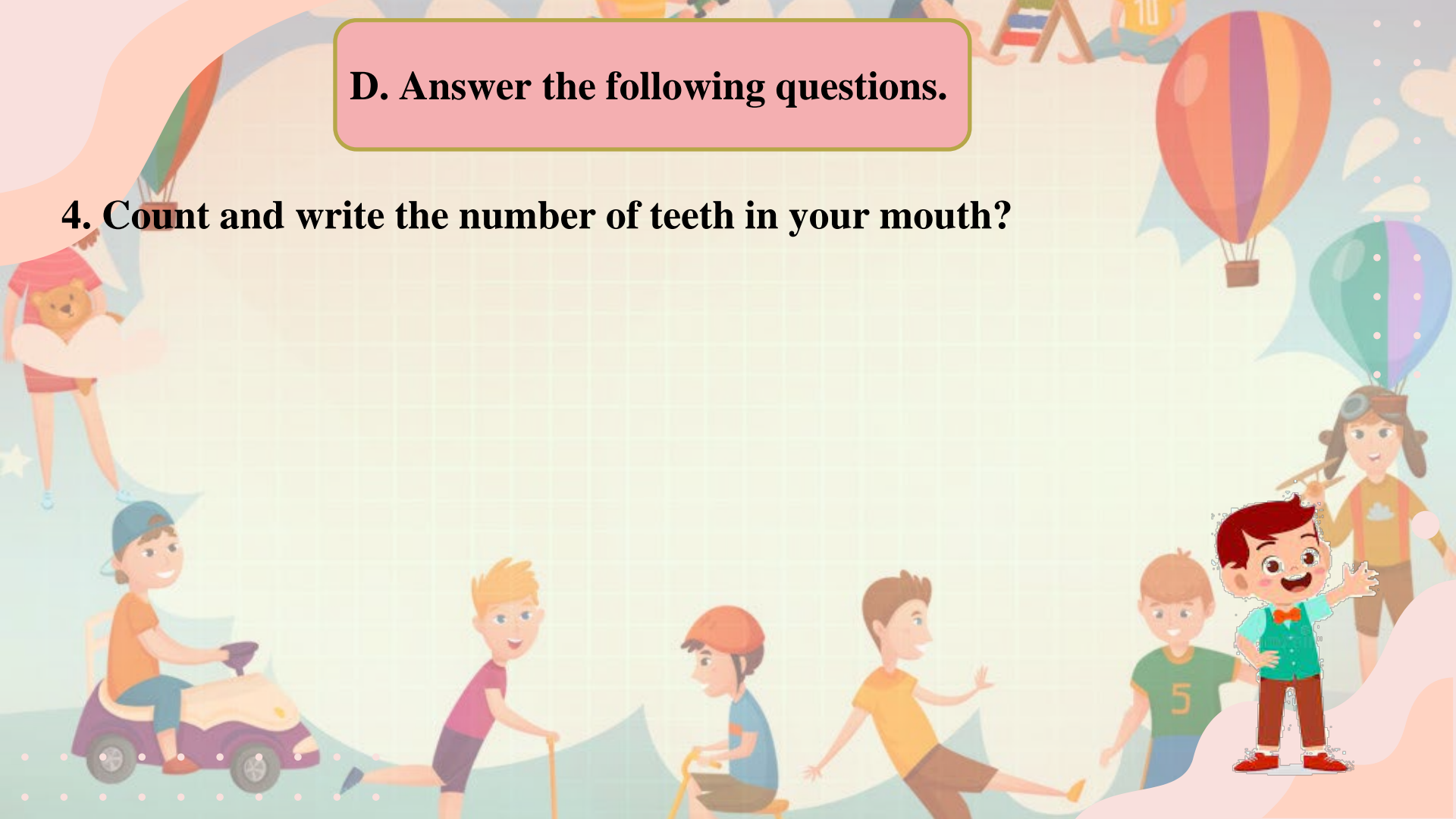
### 3. What is the colour of your hair?





**D. Answer the following questions.**

**4. Count and write the number of teeth in your mouth?**



1. Cross ( × ) the body parts that do not belong to you.



Leg



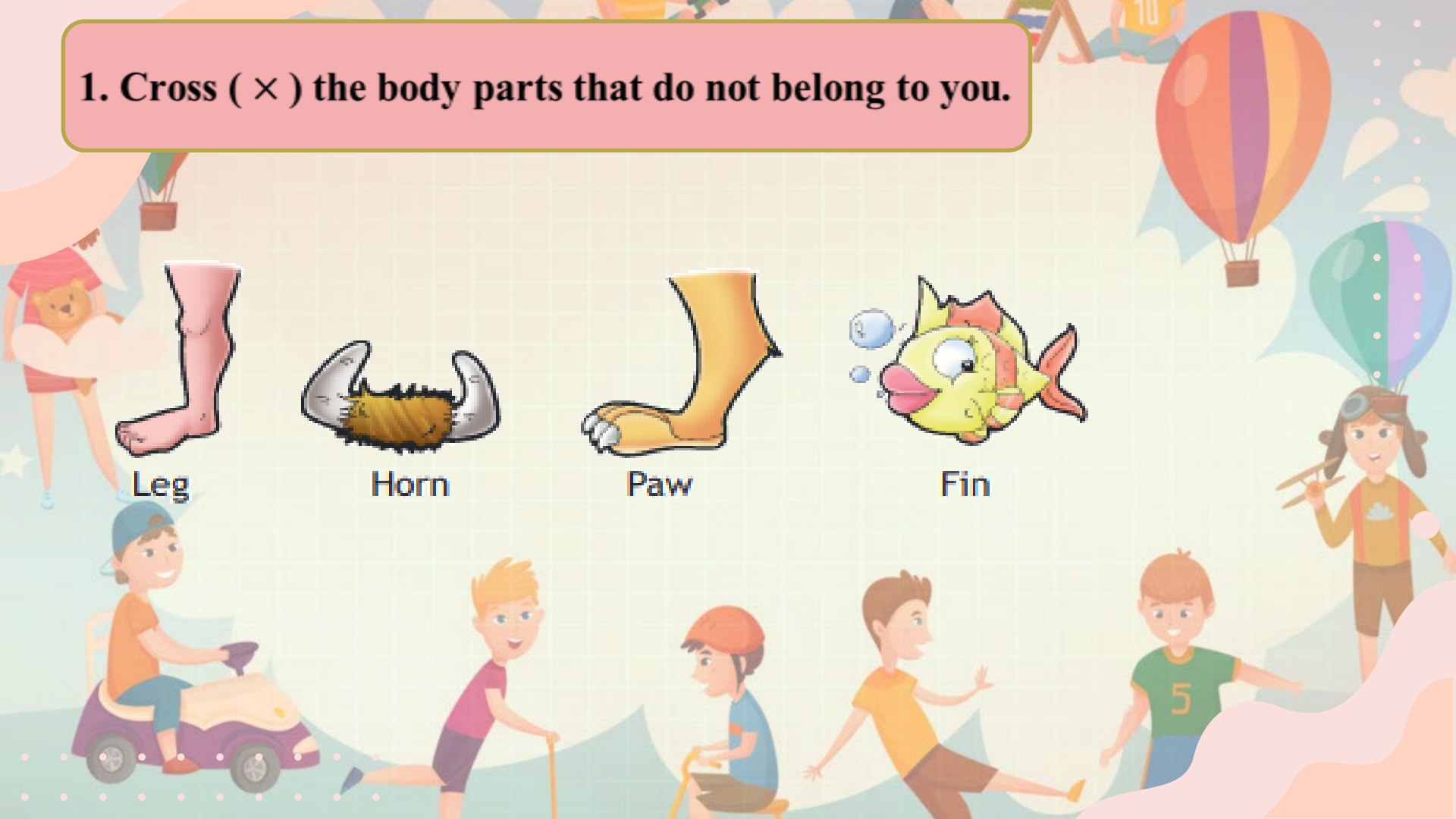
Horn



Paw



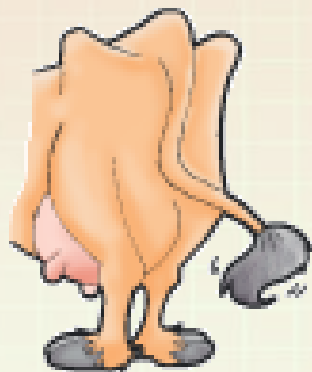
Fin



1. Cross ( × ) the body parts that do not belong to you.



Hand



Tail



Lips



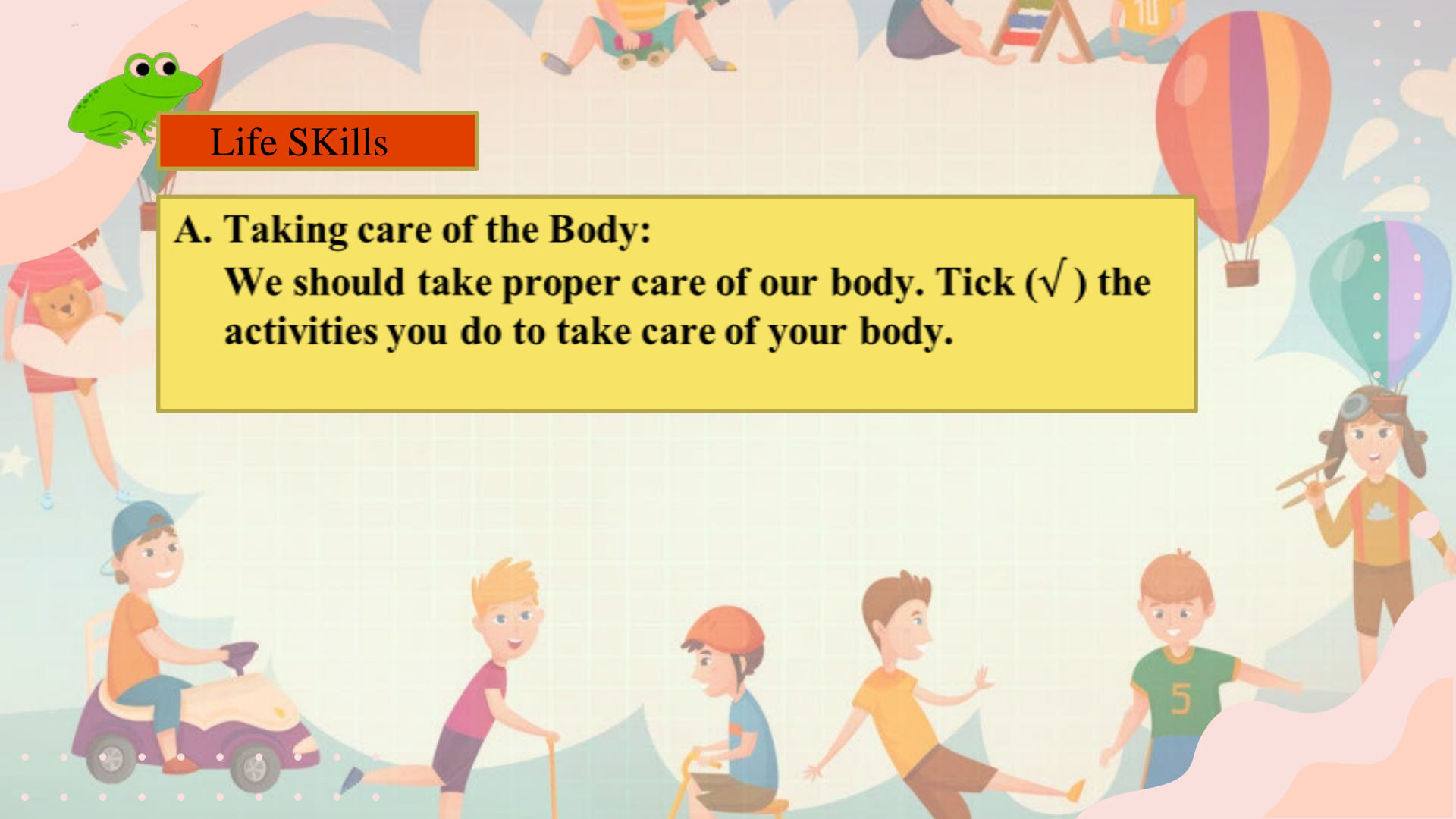
Wings



## Life SKills

### A. Taking care of the Body:

**We should take proper care of our body. Tick (✓) the activities you do to take care of your body.**





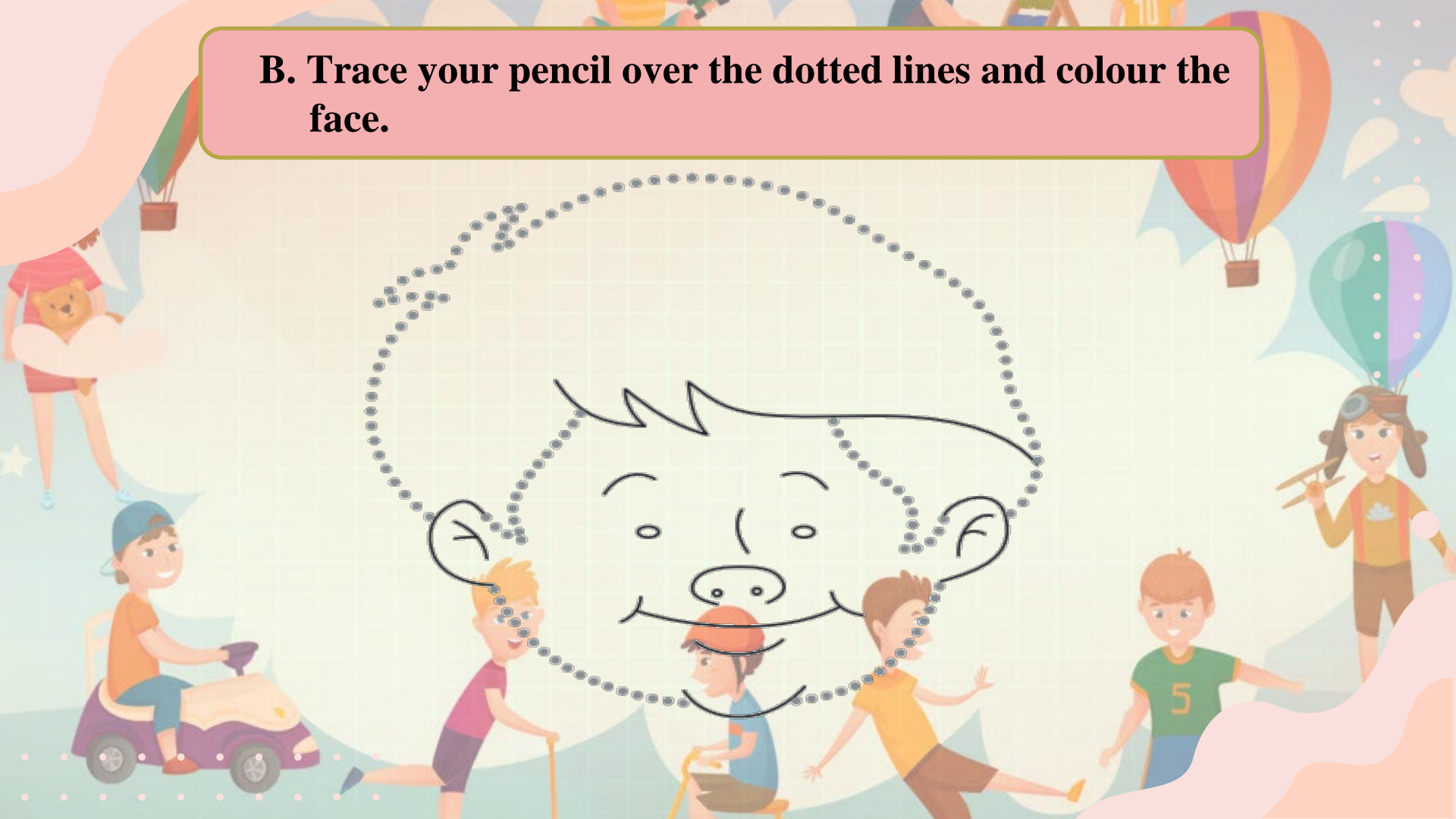


## Life SKills

- a. I take bath everyday. ☐
- b. I brush my teeth twice a day. ☐
- c. I cut my nails regularly. ☐
- d. I wash my hands before and after every meal. ☐

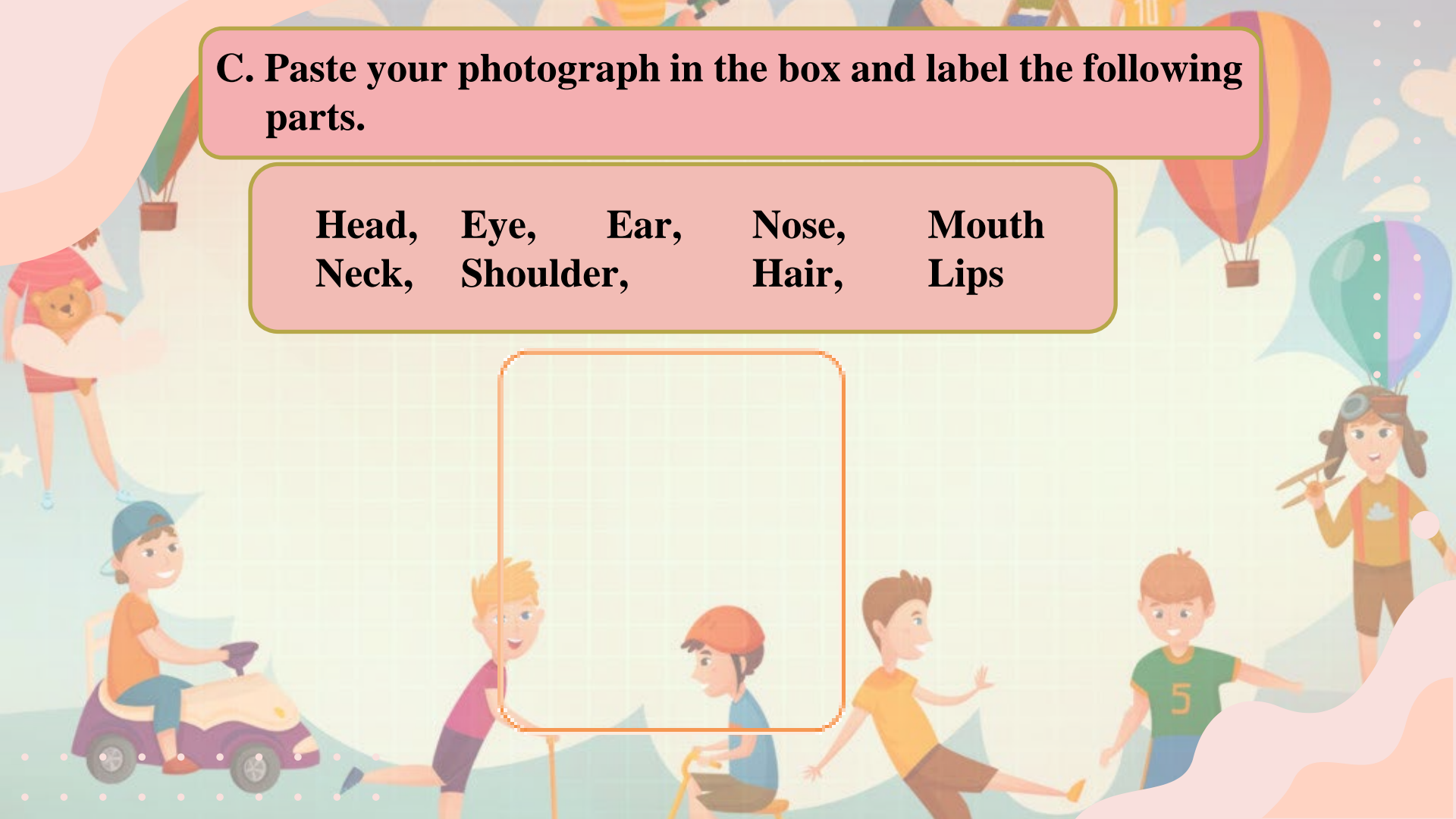


**B. Trace your pencil over the dotted lines and colour the face.**



**C. Paste your photograph in the box and label the following parts.**

**Head, Eye, Ear, Nose, Mouth**  
**Neck, Shoulder, Hair, Lips**



**D. Stand in front of the mirror. See how your face looks when you laugh or smile and when you are sad or angry. Draw these expressions in your scrap book.**







# THANK YOU