# **EXERCISE**

## GENERAL TERMS

- Health: Health is more than the absence of disease.
- **2. Pollution :** Dirty and impure environment.
- **3. Polio day:** A particular day on which polio drops are given to children below 5 years of age.

### Q.1 STATE TRUE OR FALSE

- **1.** Health does not mean absence of disease.
- **2.** people from other countries do not come to India for specialized treatment.
- **3.** India is the major exporter of medicine.
- **4.** Under Pulse Polio programme, Monday is marked as Polio day.
- **5.** Pulse Polio was started by Government of India in 1990.

### Q.2 FILL IN THE BLANK

- 1. It is a great saying that ...... Wealth.
- **2.** Pulse Polio is done on .....
- **3.** Clean drinking water is ...... for good health.
- **4.** Medicines and medical facilities have to be provided by ......
- **5.** A nation progresses only when its citizens are

### Q.3 CHOOSE THE CORRECT ANSWER

- **1.** Good health does not depend on -
  - (A) Clean drinking water
  - (B) Over diet
  - (C) Balanced food
- 2. This provides medical care
  - (A) State government
- (B) NGOs
- (C) Doctors
- **3.** Pulse Polio is done on
  - (A) Sunday
- (B) Friday
- (C) Monday

- **4.** Waterborne disease is
  - (A) Hepatitis
- (B) Cancer
- (C) T.B.
- **5.** Who is responsible to protect our health?
  - (A) Government
- (B) NGOs
- (C) People
- **6.** Full form of ORS
  - (A) Oral rehydration solution
  - (B) Opposite rehydration solution
  - (C) Optical rehydration solution
  - (D) None of the above
- 7. Who has been given the duty to safe guard the right to life of every person in our Constitution?
  - (A) The government
- (B) Doctors
- (C) President
- (D) Advocate
- **8.** Full form of OPD
  - (A) Out patient department
  - (B) Open patient department
  - (C) Out patient doctor
  - (D) Open patient doctor
- **9.** Public health services means
  - (A) A chain of health centres and hospitals run by the Government
  - (B) A chain of health centres and hospitals run by the Doctors
  - (C) A chain of health centres and hospitals run by the Officers
  - (D) None of the above
- **10.** India is the ...... largest producer of medicines in the world
  - (A) First
- (B) Third
- (C) Second
- (D) Fourth
- **11.** What is the source of income of government?
  - (A) Taxes
  - (B) Government departments
  - (C) Hospitals

- (D) All of the above
- **12.** WHO means
  - (A) World Health Organisation
  - (B) Wide health Organisation
  - (C) World Heavy Organisation
  - (D) Wide Heavy Organisation

# Q.4 ANSWER THE FOLLOWING QUESTIONS

- **1.** What is the role of government in providing health care facilities?
- 2. Name some waterborne disease.
- **3.** What is the scenario of public health in India?
- **4.** Why health services are not good in rural areas ?
- **5.** Distinguish between public health services and private health facilities.
- **6.** Narrate the problems faced in private hospitals.
- 7. "Improvement in water and sanistation can control many disease". Explain with the help of examples.