Diseases caused due to lack of cleanliness

A. Choose the Correct Answer:

- 1. Which of the following diseases is caused due to lack of cleanliness?
 - a) Malaria
 - b) Diabetes
 - c) Asthma
 - d) Hypertension
- 2. What causes waterborne diseases like cholera and typhoid?
 - a) Eating fresh fruits
 - b) Drinking dirty or contaminated water
 - c) Breathing fresh air
 - d) Exercising regularly
- 3. Which of the following diseases spreads due to improper waste disposal?
 - a) Heart disease
 - b) Tuberculosis
 - c) Dengue
 - d) Arthritis

B. Fill in the Blanks:

1. Lack of cleanliness can lead to the spread of	diseases.
2. Stagnant water and unclean surroundings can cause	·

3. Eating food with dirty hands can result in infection.

C. Case Study:

Riya and her family visited a village during the summer holidays.

- They noticed that the villagers were drinking water from a pond that was also used for washing clothes and bathing animals.
- Some children in the village were suffering from diarrhea and stomach infections.
- A local doctor explained that the diseases were caused by drinking contaminated water.
- Riya's family educated the villagers about boiling water and maintaining cleanliness to prevent waterborne diseases.

Case Study Questions:

- 1. What problem did Riya's family notice in the village?
- 2. What diseases were spreading due to the lack of cleanliness?
- 3. What solution did Riya's family suggest to the villagers?
- 4. Why is it important to drink clean water?

D. Short Answer Questions:

- 1. Name two diseases caused by lack of cleanliness.
- 2. How does poor waste disposal lead to diseases?
- 3. Why is personal hygiene important in preventing diseases?

E. Long Answer Questions:

- 1. Explain how lack of cleanliness can cause diseases. Give examples.
- 2. Describe the ways to prevent diseases caused by unclean surroundings.
- 3. How can we promote cleanliness to reduce the spread of diseases in schools and public places?