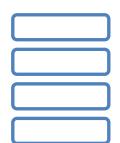
Eat Healthy Food

1.	Answer the following questions.	
	A.	Why we should eat healthy food?
	В.	What is healthy food?
	C.	What should we drink daily for the healthy mind?
	D.	Which food should we avoid?

2. True /False:-

- A. Drink lots of water.
- B. Eat fresh fruits and food.
- C. Drink a glass of milk every day.
- D. We should eat green vegetables.



3. Fill in the blanks:-

- A. The fresh ______ are good for health.(fruits/drinks)
- B. You eat meal at a _____ time.(proper/green)
- C. We have to _____ (take care/part) of our health.
- D. _____ eating junk food.(avoid/fruits)