

Food From Plants

1. Answer the following questions-

A. What do we need to grow?

B. Why do we need energy?

C. What give us energy?

D. What keep us healthy?

E. What are the sources of food?

2. Fill in the blanks-

A. Plants give us _____ and _____

B. Food keeps us _____ and fit.

C. Plants give us cereals and _____.

D. _____ is a cereal.

E. _____ is a pulse.

3. True / False-

A. Mango is a fruit.

B. Chickpea is a cereal.

C. Kidney bean is a cereal.

D. Potato is a vegetable.

E. We eat root of the spinach.

4. Matching-

Column A	Column B
I. Cereal	A. Cabbage
II. Pulse	B. Peach
III. Fruit	C. Maize
IV. Vegetable	D. Gram