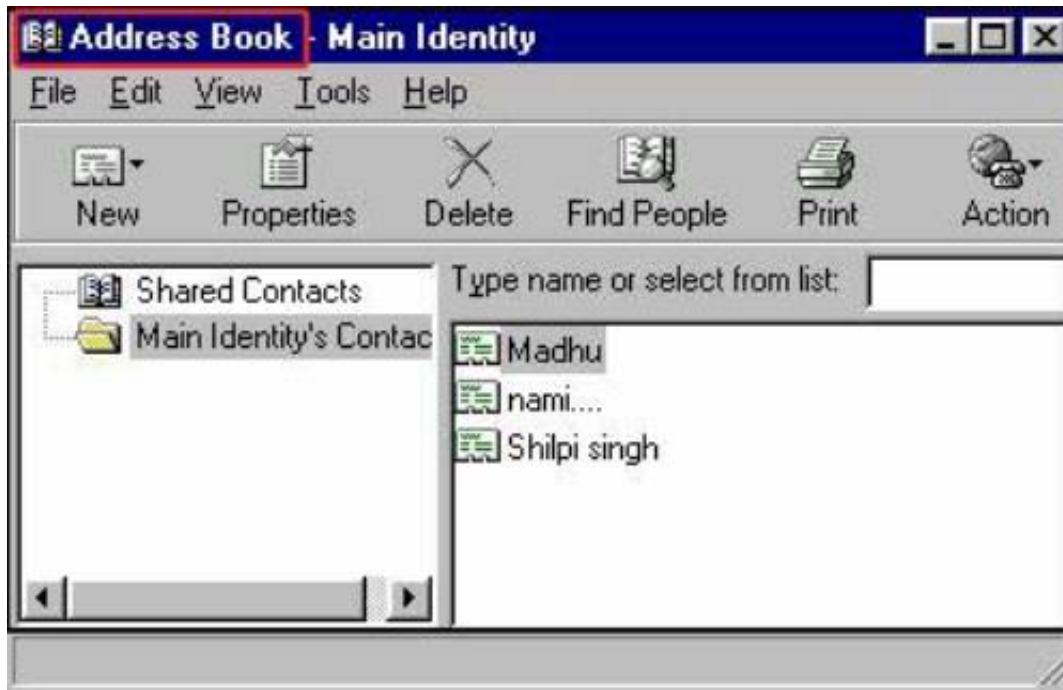


# Outlook Express

There are several ways to add e-mail addresses and other contact information to your address book:



- [Add names directly from E-mail Messages](#)
- [Import an Address Book from another Program](#)
- [Add a Contact to your Address Book](#)
- [Find People and Businesses on the Internet](#)
- [Import a Business Card you have received in E-mail](#)