## Hello Children!

If you feel uneasy about someone touching you inappropriately, you should not keep quiet. You must

- 1. Not blame yourself
- 2. Tell someone whom you trust
- You can also inform National Commission for Protection of Child Rights through the POCSO e-box.

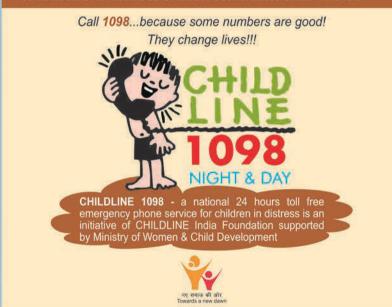
When you get an unsafe touch, you may feel bad, confused and helpless You need not feel "bad" because it's not your fault

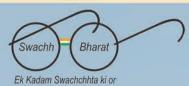


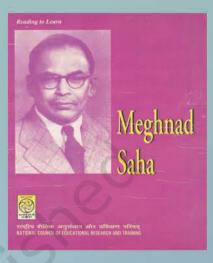
POCSO e-box available at NCPCR@gov.in



If you are below 18 years of age, and are troubled or confused or abused or in distress or know some other child who is...



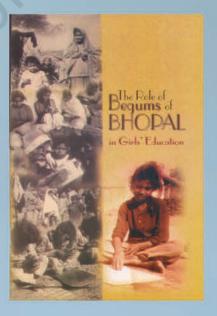




## Meghnad Saha

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