

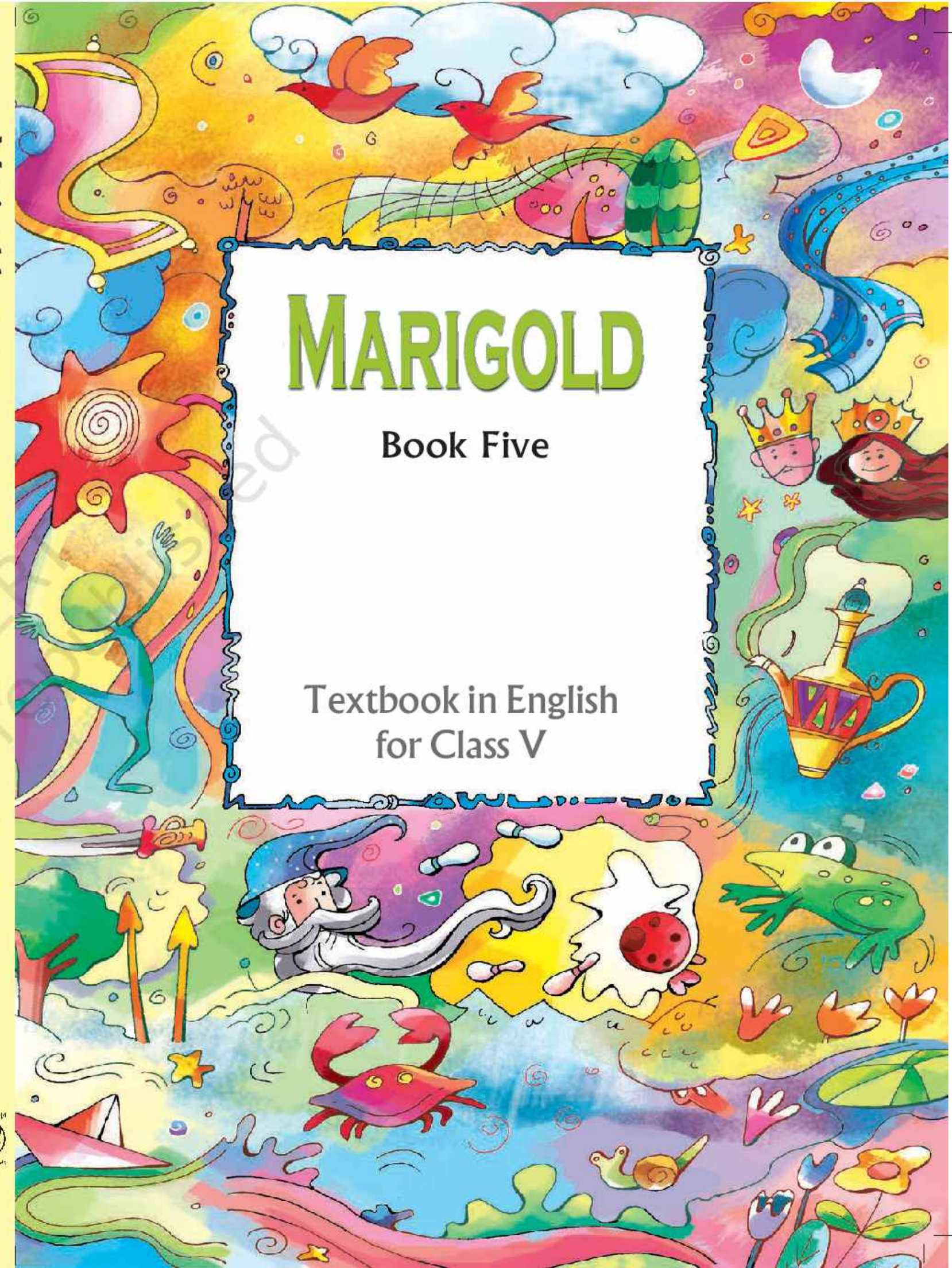
Marigold

Book 5

Textbook in English

Class V

NCERT



MARIGOLD

Book Five

Textbook in English
for Class V

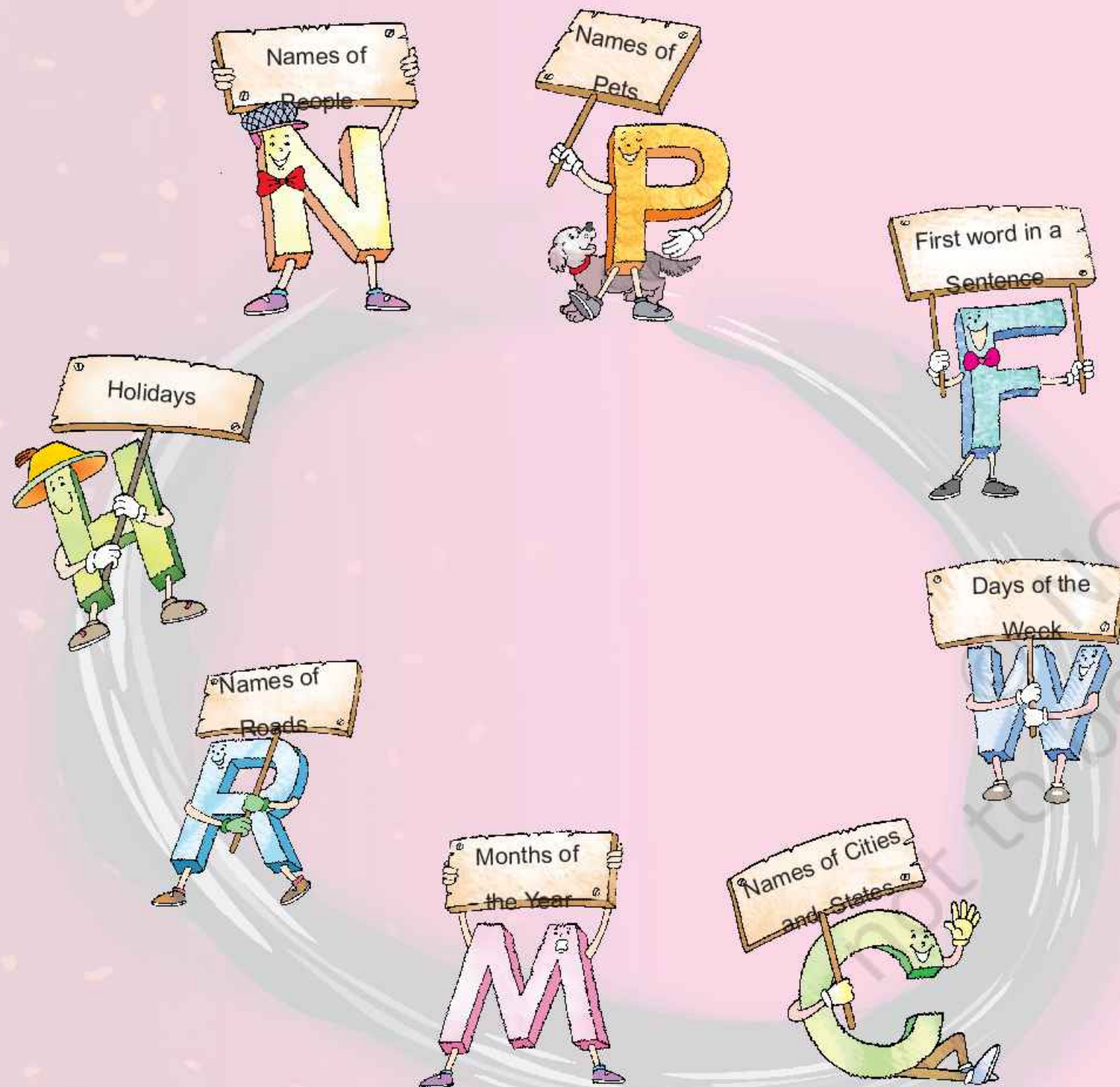
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राष्ट्रीय शैक्षिक अनुसंधान और प्रशिक्षण परिषद्
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We are Capital Letters



Hello Children!

If you feel uneasy about someone touching you inappropriately, you should not keep quiet. You must

1. Not blame yourself
2. Tell someone whom you trust
3. You can also inform National Commission for Protection of Child Rights through the **POCSO e-box**.

When you get an unsafe touch, you may feel bad, confused and helpless

You need not feel "bad" because it's not your fault

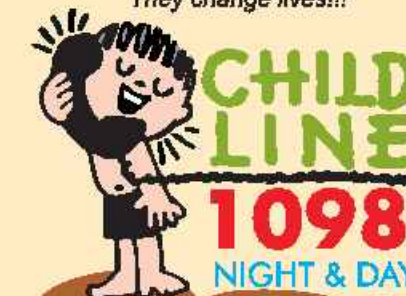


POCSO e-box available at NCPCR@gov.in



If you are below 18 years of age, and are troubled or confused or abused or in distress or know some other child who is...

Call **1098**...because some numbers are good!
They change lives!!!



CHILDLINE 1098 - a national 24 hours toll free emergency phone service for children in distress is an initiative of CHILDLINE India Foundation supported by Ministry of Women & Child Development

