Nutrition in Plants

The components of food like carbohydrates, fats, proteins, vitamins and minerals that are necessary for the proper growth and development of living organisms are called **nutrients**. They provide energy which enables them to carry out various body processes.

Mode of Nutrition in Plants

Nutrition is the mode of taking food by an organism and its utilisation by the body. It can be categorized into **autotrophic** and **heterotrophic nutrition**.

The autotrophic implies self nourishment or in other words self dependent like the plants while heterotrophic means dependent on others for nourishment like the animals.

