**Food: Where Does It Come From?**

**Animals Products as Food**

Animal’s products are: Egg, Butter, Fish, Curd milk, meat, chicken etc.

**Plant Parts Products As Food**

It is surprising to know that we eat different parts of the plant in different food variety. For instance take the example of cabbage, a green leafly vegetable that most kids dislike to eat. It is the leaf of the plant that we eat.

Below is a table discussing the edible parts of various plants.

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| **Leaves**  The leaves of spinach are eaten. Other e.g. are mustard and fenugreek. | [http://t2.gstatic.com/images?q=tbn:ANd9GcTM0k8QQ91IEWDilVLlaGnp9SJnNk0bM5xMuUFW843EqKfDCiZcaWaw1r0](http://www.google.co.in/imgres?imgurl=http://whatscookingamerica.net/SpinachHead.jpg&imgrefurl=http://whatscookingamerica.net/Spinach.htm&usg=__7ib02w-4EBVOpOTI17m3_BtmlyI=&h=333&w=350&sz=37&hl=en&start=1&zoom=1&tbnid=J7heqSHGU_oKLM:&tbnh=114&tbnw=120&ei=NuvzT5T3NoqqrAeP8czbBg&prev=/search?q=spinach&hl=en&gbv=2&tbm=isch&itbs=1)    Spinach |
| **Roots**  Carrot, radish and beetroot are the roots. | [http://t2.gstatic.com/images?q=tbn:ANd9GcQJTWVKg87tvwtLDfFDJUxsWiQen6jfluTJFdLmHLWlYsjKrhOsh37DHEP7](http://www.google.co.in/imgres?imgurl=http://zoebakes.com/wp-content/uploads/2008/04/carrot-cake01.jpg&imgrefurl=http://zoebakes.com/2008/04/27/the-ultimate-carrot-cake-with-cream-cheese-frosting-how-to-assemble-the-cake/&usg=__n5AwiupCCZZkfkgwBBmIx9rFr3k=&h=487&w=365&sz=80&hl=en&start=5&zoom=1&tbnid=EzhiAQKQJANWqM:&tbnh=129&tbnw=97&ei=tevzT4aaFMnPrQf-h73dBg&prev=/search?q=carrot&hl=en&gbv=2&tbm=isch&itbs=1)  Carrot |
| **Flower**  Flower of banana and pumpkin are the edible parts. | [http://t1.gstatic.com/images?q=tbn:ANd9GcS3GoMI5al8YN2RARfEgrlvK_QaxdpckZ27hOtfW1-XV-jLF_3YgITlyRs](http://www.google.co.in/imgres?imgurl=http://www.weego.in.th/ImgContent/S/BananaFlowerFull.jpg&imgrefurl=http://www.weego.in.th/service_products_detail.aspx?pd=WGS1100268&usg=__n6cQ1eHyQsYcvTetn5ObmpY4-M0=&h=400&w=285&sz=47&hl=en&start=1&zoom=1&tbnid=SeRl_fV9QlKaNM:&tbnh=124&tbnw=88&ei=-OvzT_GlHYfwrQfnwInFBg&prev=/search?q=flower+of+banana&hl=en&gbv=2&tbm=isch&itbs=1)    Banana |
| **Stem**  The sugarcane that is used to make sugar is the stem of the plant. Potato is also an underground stem called tuber. | http://agritech.tnau.ac.in/agriculture/CropProduction/Sugarcrops/sugarcrops_sugarcane_clip_image006_0002.jpg  Sugarcane |
| **Seeds**  The seeds of mustard are used for making vegetable oil. Other e.g. is soyabean. Black pepper is a seed used as a spice. | http://www.onlyfoods.net/wp-content/uploads/2012/06/Mustard-Seeds-Photos.jpg  Mustard seeds |
| **Fruit**  Apple , banana and mango are all eaten as fruit. | http://upload.wikimedia.org/wikipedia/commons/thumb/5/50/Mango_Bangladesh.JPG/220px-Mango_Bangladesh.JPG  Mango |