**Food: Where Does It Come From?**

**Animals Products as Food**

Animal’s products are: Egg, Butter, Fish, Curd milk, meat, chicken etc.

**Plant Parts Products As Food**

It is surprising to know that we eat different parts of the plant in different food variety. For instance take the example of cabbage, a green leafly vegetable that most kids dislike to eat. It is the leaf of the plant that we eat.

Below is a table discussing the edible parts of various plants.

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| **Leaves**The leaves of spinach are eaten. Other e.g. are mustard and fenugreek. |   http://t2.gstatic.com/images?q=tbn:ANd9GcTM0k8QQ91IEWDilVLlaGnp9SJnNk0bM5xMuUFW843EqKfDCiZcaWaw1r0  Spinach |
| **Roots**Carrot, radish and beetroot are the roots. |  http://t2.gstatic.com/images?q=tbn:ANd9GcQJTWVKg87tvwtLDfFDJUxsWiQen6jfluTJFdLmHLWlYsjKrhOsh37DHEP7 Carrot |
| **Flower** Flower of banana and pumpkin are the edible parts.  |  http://t1.gstatic.com/images?q=tbn:ANd9GcS3GoMI5al8YN2RARfEgrlvK_QaxdpckZ27hOtfW1-XV-jLF_3YgITlyRs  Banana |
| **Stem**The sugarcane that is used to make sugar is the stem of the plant. Potato is also an underground stem called tuber. |   http://agritech.tnau.ac.in/agriculture/CropProduction/Sugarcrops/sugarcrops_sugarcane_clip_image006_0002.jpg Sugarcane |
| **Seeds**The seeds of mustard are used for making vegetable oil. Other e.g. is soyabean. Black pepper is a seed used as a spice.  | http://www.onlyfoods.net/wp-content/uploads/2012/06/Mustard-Seeds-Photos.jpg Mustard seeds |
| **Fruit**Apple , banana and mango are all eaten as fruit. | http://upload.wikimedia.org/wikipedia/commons/thumb/5/50/Mango_Bangladesh.JPG/220px-Mango_Bangladesh.JPG Mango |